2015 Student Leadership Team Named
Following an extensive selection process, the 2015 Student Leadership Team has been announced. The process involved self-nomination, interview by teachers (Ms Loizos, Ms Evangelinos, Ms Maricic, Ms Mangraviti and Mr Ovens) and for those Prefects who wished to be considered for a Captain’s position, a short speech delivered to the whole teaching staff and 2014-2015 Prefect body, as to their suitability for the position.

The School Captains are – Julia Glavincevski and Michael Amey
The Vice Captains are – Tamika Kosasih and Peter Koutsoukos
The Senior Prefects are – Angela Isajlovska, Tobius Kreiger, Peter Koutsoukos, Pauline Beard, Remy Blatch-Williams, Naomi To, Andrew Tong, Roshan Cosgrove, Joshua Lin, Ellen Huang, Nicole Yang, Alissar Farran, Jehan Bhagwagar, Sue Chong, Stella Antoniou, Joseph Issa, Ashleigh Autard, Julia Glavincevski, Rebecca Gray-Schwarz, Danielle Rossen, Janice Chen, Michael Amey, Key Lei, Bennie Christa, Honey Gankhuyag, Vanessa Wen

Congratulations to all of our new leaders.

Year 12, 2014, Near Completion
As you read this newsletter, Year 12 will be in the process of preparing for their HSC exams. Their Trials were held earlier this term and I have been impressed with the way they have continued to attend class to consolidate their learning in order to improve on their HSC Trial results. As part of their final days at Blakehurst High School, Year 12 have continued to raise funds to provide their gift to the school. In Week 9 they held their “Slave Day” – an enjoyable day where the senior students put on performances for the junior years and then auctioned off their services (for things such as note taking; bag carrying etc.) to the younger students for the rest of the day. The day raised over $1400. This money will go towards their gift to the school (i.e. contribution to the purchase of additional student seating around the Gym). The Year 12 Graduation will be held on Thursday the 18th of September. Their academic, community and sporting achievements are to be acknowledged at this ceremony.

Semester 2 Merit Assembly
The semester 2 merit assembly was held in Week 8. Over 150 students from years 8-12 were recognised for their all-round work/effort at school. This ceremony is a bit different to the Presentation Night when we recognise academic and sporting achievements for the year. At the merit award assembly we are acknowledging the student’s participation in school life. This includes;

- Regular attendance
- Wearing appropriate uniform
- Behaviour and effort at school and in class
- Sporting achievements
- School representation in extra curricula activities such as SRC, sport, after school functions
- Contribution to the school community e.g. school garden, library monitors, fundraising etc.

The Merit scheme at BHS works on a hierarchical system i.e. BRONZE_SILVER_GOLD. Each level is achieved by the student receiving 10 individual certificates or nominations from their teachers. These nominations must be from a variety of the categories mentioned earlier i.e. academic; community etc. To proceed from Bronze to Gold the student must also take on increasingly complex responsibilities e.g. Zone representation, Leadership in the SRC or Prefects etc. Therefore, to achieve GOLD award is quite difficult and many do not achieve it until their senior years at BHS. It is great that at our Assembly we celebrated a number of students who qualified for the award of the GOLD medallion. Students who received a Gold award at this Assembly were – Mario Andreone, Jennifer Jusmin, Alishia Lambropoulos, Dylan McCuaig-Walton (all Double Gold), Chadwick Aryana, Adam Craig, Veronique Creighton, Madaleine Fitzmaurice, Jasmin Huang, Rebecca Luhur, Shannnon Suryawan, Matthew Fong, Luke Auciello (Gold). Thus you can see that our Merit System recognises ALL ROUND students. Congratulations to all award winners.
**2014 NAPLAN Results**
NAPLAN reports were distributed to Years 7 and 9 students in Week 8.

**P&C Meetings**
All parents are welcome to attend P&C meetings. The next meeting is on Wednesday the 15th October (Week 2) at 7pm in the Staff Common Room.

**School Fees**
Again I would like to thank all parents for promptly paying their child’s general and subject fees. As I have discussed before, these funds are used for the support of your child’s education this year. Please feel free to contact me or Kim Morris (School Administration Manager) if you wish to seek assistance with paying these fees.
STUDY SKILLS TIP FOR SEPTEMBER – Managing Stress and Relaxing

Seven Quick Tips to Help You Relax

The daily demands of life, such as exams, peer pressure, and homework assignments, or the challenges of relationships, family, or not making it on a sporting team can lead to an overwhelming feeling of stress. What you need to learn is how to cope with these situations in order to live a successful, productive, and happy life. Here are some proven techniques to help you relax and eliminate stress from your mind and body.

1. Eat in Moderation
Never skip a meal, especially breakfast. Breakfast replenishes your body and helps you start your day full of energy. Eat three main meals, and two to three snack meals a day. Eating five to six times in a day keeps your blood sugar levels balanced, giving you an overall sense of well-being needed for focusing on your tasks and responsibilities.

2. Exercise Regularly
Regular exercise, at least three times per week for a minimum of 30 minute sessions, can virtually “soak up” stress chemicals in your body and help you to relax and even sleep better. Brisk walking, aerobic classes, swimming, bike riding, or jogging are great exercises to release stress build up and relax your body and mind to either start or end your day right.
3. Remember to Breathe
When you feel your body start to tense, especially in your shoulders, chest, and abdomen when faced with a stressful situation, stop and take a few deep, slow breaths. If you are entering into a stressful situation, breathe slowly and evenly, using diaphragmatic breathing. This is a technique where you focus your breathing on your diaphragm where your belly rises and falls with each breath. Diaphragmatic breathing allows you to calm your nerves and relax your body and mind as your attention is placed on your breath.

4. Take a Time-Out and be MINDFUL
As you go through your day, take little breaks, about two to five minutes, to relax and unwind. Whether it’s sitting quietly, listening to relaxing music, or meditation, take a moment to place yourself in your own calm state.

5. Pursue an Interest
Find something that you enjoy doing that is relaxing for you. When you find an interest that matches your personality, you can not only unwind and release stress, but engage your creativity in expressing yourself. This could be through painting, playing basketball, writing, playing a musical instrument, or signing up for a class that you have always wanted to take.

6. Have a Support Network
Create a support network of close friends or family that you can turn to in times of stress. Good and loving relationships are the key for your well-being and happiness. It makes you realize what is important in life and where your energies should be placed.

7. Avoid Bad Habits
When you are under stress, it is easy to turn to your established bad habits to deal with the stress. These habits are negative and will not take away stress, but only prolong it. The best way to avoid bad habits is to create new positive habits. Here is how to create a positive habit:

- Decide on the habit. Will you go for a walk each morning, go to the gym, or take time out to do something special for yourself?
- Decide on where and when you will do this new habit. Choose a time and place and continue this new activity for 3 months (it takes around 66 days to establish a habit).
- Reward yourself each time you do this new activity. You may simply take a moment to notice how good it feels.

This month’s tip is provided by Rocky Biasi from Human Connections (www.humanconnections.com.au) a secondary high school teacher and school counsellor currently in private practice. Rocky is a specialist in the field of peak performance and wellbeing. He has created a number of programs including his online wellbeing program: http://hcsmc.com/dl

Learn more this year about how to improve your results and be more efficient and effective with your schoolwork by working through the units on www.studyskillshandbook.com.au - our school’s access details are:

Username: blakehursts
Password: 186results
So You Have Exams Coming Up

Year 12, what should you be doing now and in the holidays to prepare for your examinations?

Between Now and the End of Term You Need to Focus on the Following:

1. **CLASS TIME:** Use every moment of every lesson to the full. Every moment you waste in class is time you will have to make up later. Plus it is not fair to others in the class.

2. **STUDY NOTES:** Work on and finish study notes. The more you can complete before the end of Term the better. It will give you more time to learn the notes and do lots of practice for the exams.

3. **ASK FOR HELP:** Ask your teachers about difficulty areas – reviewing the things you find hardest, and start topic-by-topic revision. Do this now while you have good access to your teachers and can ask lots of questions.

4. **PLAN FOR HOLIDAYS:** Year 12 put together a plan for the holidays. Get hold of past examination papers, study guides, essay questions, revision sheets. Ensure you have everything you need before the holidays start and you are clear on what you will be doing for your study.

The best way to make this happen is every Sunday night; make a plan in your diary for what work you want to get done that week. If you make a plan it is much more likely to happen.

What do You do in the Holidays to Prepare for the Exams?

1. **TIME:** How much time do you spend studying for the exams in the holidays? It will depend on many factors: how much work you did during the term; how confident you are with the work; how soon your exams are after the holidays, and what sort of marks you are aiming for. Most students in Year 12 would try and do a normal school day if it is a major block of exams, around 6 hours of study a day.

2. **STRUCTURE:** How should you structure your study during the holidays? Don’t start too late in the day; try and keep your sleep patterns fairly similar to how they will be in the exam time. The best way to structure your day is to initially spend an hour reviewing your study from the previous day. This will help to cement the information in your memory. Then have a break. Then do 2-3 hours on one subject. Have a break. Then 2-3 hours on another subject. Then you can have the rest of the night off! It is better for retention of information to spread out your study for each subject, rather than spend a whole day on one subject.

What Sort of Study Should You Be Doing?

**STEP 1 – ASAP Create some STUDY NOTES for each subject**

The first stage is making your own study notes. This forces you to work through all the topics, find the areas you don’t understand and spend time working through them. You organise the information in ways to make it easier to learn it and you reduce what you need to go through to study. Purchased study guides are great to help you structure your own study notes, but don’t let them replace the process of making your own notes – it is in the creation of your study notes that massive learning leaps take place. Use the information your teacher has given you about each specific exam and its content to help you keep adding to and improving your study notes.

**STEP 2 – ACTIVELY REVIEW the things you need to learn**

Once you have some decent notes, it’s then time to move into the next phase: LEARNING AND PRACTICE!!! You have to learn, understand and sometimes memorise the content, then you have to practise applying what you have learnt by practising the skills of the subject. Keep alternating between learning and practising. At first you may spend more time learning than practising, but as you start to move information to your long-term memory you'll spend less time reviewing your notes and more time practising under exam conditions (especially doing past papers for 3 hours).

**STEP 3 – Do as many PAST EXAMINATION PAPERS as possible**

- Do all papers UNDER EXAM CONDITIONS (time limits and without looking at notes).
- Mark/Correct your work at the end, or ask your teacher to check it.
- Ask for help on things you could not work out or didn’t understand.
- Add notes to your summaries about things you need to remember.
- After completing a past exam paper, do targeted revision to review areas you did not know.
- Improve your examination techniques.
Final Thoughts –

LEARN FROM YOUR MISTAKES AND FIX THEM

USE EVERY AVAILABLE BIT OF TIME – LIKE STUDY PERIODS

MAKE YOUR STUDY ACTIVE! DON’T JUST SIT THERE READING

GET UP-TO-DATE IN YOUR WORK AND NOTES AND STAY THERE

CONCENTRATE ON PAST PAPERS UNDER EXAMINATION CONDITIONS

GET YOUR NOTES AND STUDY MATERIAL ORGANISED AND COMPLETE

START STUDYING ASAP AS YOU CAN SEE HOW QUICKLY TIME GETS AWAY

MAKE A FIRM DECISION AS TO HOW MUCH TIME YOU WILL ALLOCATE TO STUDY & STICK TO IT

Captain’s Day at Kirribilli House

On Saturday 13th of September, Chadwick Aryana, Mr Lester and I were privileged to meet the Honourable Tony Abbott, Prime Minister of Australia and his spouse Margie Abbott. We were selected to attend this event by our local MP, Mr David Coleman. We were personally invited to a morning tea with school captains, in which 10 schools from each 5 electorates across the Sydney Metropolitan area visited Tony Abbott’s official New South Wales residency – Kirribilli House. The Prime Minister gave an informative speech regarding our future endeavours and advice on how to approach difficult tasks, such as the upcoming HSC. We toured Kirribilli House and were offered light refreshments and were also fortunate enough to get an Official photo taken with the Prime Minister.

In summary, it was a brilliant day and we thoroughly enjoyed our time there.

...Alishia Lambropoulos
..School Captain 2014
DEPUTY PRINCIPAL’S Report

Term 3 Ends
Term 3 is about to come to an end; as is the high school life of our Year 12 cohort. They are in the full swing of preparations for their HSC and are working solidly in unison with their teachers to revise coursework and be in readiness for these important exams. As I mentioned in the previous newsletter, it is crucial that at this point all students are following a study regime and making sure they are keeping lines of communication open with their teachers in regards to extra assistance or extension work they may require to best prepare them for success. I extend a warm farewell to all our Year 12 students and wish them all good fortune in their future endeavours. I am sure they will recall their years at Blakehurst High in a very positive light and always remember the support and encouragement they received from the hardworking and committed staff that have nurtured them in these formative years. I thank the Year 12 Student Advisors, Ms K Rizzo Liu and Mr S Irani for their six years of dedication to their cohort and the enormous amount of work that goes into finalising their last weeks at school and arranging the Graduation, References and Folios.

Year 8 and 10 Students
The Years 8 and 10 cohorts have now made the all-important selection of their subject choices for 2015 and a team of staff are currently working on devising final lines and establishing classes. Each of the Year 10 students have been interviewed and advised in regards to their selections and, this being my first experience of the process here at Blakehurst High, I can say that I was impressed by the students mature approach and willingness to take guidance which will allow them to achieve success and hopefully entry into the course of their choice after they leave school. I thank Ms Sklavounos for her work in arranging and participating in the interviews and all the other staff who were also involved; Mr Lester, Mr Ovens, Ms Evers, Mr Kemp, Mr Smith, Ms Hudspeth and Ms Koutsoukos. It is a very worthwhile procedure and ensures our students start from the very beginning of their senior course in subjects where their aptitude and interest is matched with their capacity to meet the requirements of specific subjects.

Uniforms and Attendance
As is mentioned in every newsletter and on each assembly, we have a high standard of expectation when it comes to uniform, attendance to classes and application. We ask that families work with us to ensure your child is in full school uniform each day. As the weather warms up next term we ask that during the holidays you purchase any items your child may need to get through the rest of the year. Wearing the school uniform, and doing so proudly, goes a long way to help establish the culture which we want to exist at the school and beyond. Being punctual to class and prepared with the correct equipment and a positive frame of mind also assists the development of a strong teaching and learning environment. Meeting assessment deadlines, engaging in regular revision, being respectful and appreciative, developing positive relationships and building resilience forms an ethos within our students which they can transfer into the workforce when that time comes.

Truancy Tracking
The methods of tracking truancy have recently been revised. As was always the case, day to day truancy continues to be closely monitored by classroom teachers and Head Teachers and students make up the work and the time missed. I then compile a record of the truants from each faculty. Those students who truant three consecutive times will incur an afternoon detention with me and I will also be contacting parents to keep them informed of their child’s poor choice in deciding to miss valuable learning time. Repeat offenders may be issued with a suspension if they persistently disobey school rules by not attending classes. Another concern is that some students feel it’s acceptable to leave the school premises without permission. This defies school policy and makes it impossible for staff to carry out their duty of care if students have either truanted class or left the school grounds altogether. We seek parental support and encourage open and regular conversations with your child about the importance of attending each class, being a productive and proactive learner and remaining on site within school hours.

Mobile Phones
These phones are becoming increasingly problematic within the school and we urge parents to reinforce the schools mobile phone policy with their child. Phones must be off and out of sight during all classes unless a teacher instructs the class to have them out for use as a learning tool. If a student refuses to follow this basic school rule then the teacher may request that the phone is handed in, to be returned at the end of the lesson. If a student refuses, then the matter is referred to myself or Mr Ovens and we will confiscate the phone and call parents if their child continues to be non-compliant with school expectations.

GAT Classes
I meet with the Gifted and Talented Team (M. Grima, B. Berrett, S. Koutsoukos, L. Evers, D. Fabrizio) each fortnight and we are currently devising a program that will form a platform for current and future GAT classes. This will include extension activities and RICH tasks which are based on cross curricula projects, all aimed at increasing educational experiences, heightening student application and enhancing achievement. The team will undergo formal and extensive training next term and strengthening our GAT program will be an ongoing focus as we move into the 2015-17 school planning phase. If you wish to query or discuss any of these or other school matters, please do not hesitate to contact me.
Year 12 Music & Drama Showcase
On Wednesday 10 September, an audience of families and friends were treated to a captivating display of the musical and dramatic talents of our Year 12 students. The items presented in the showcase offered an opportunity for the CAPA students to perform to a real audience the work they and their teachers had been refining during the course of the year.

I am sure the HSC examiners would have been equally impressed by the depth of talent and the selection of topics the students chose to focus their performances on. The monologues were thought provoking and powerful, effectively relaying the confidence of our students and their aptitude for performing, as did the musical items which had the audience enthralled.

The CAPA faculty are to be commended on an evening which represented a successful collaboration between themselves and their students, showcasing the wonderful exhibition of student learning that occurs at Blakehurst High School.

Mrs V Manos
Deputy Principal

Technology NEWS

Don’t forget that students who are bringing their own device to school must have completed and returned their Student Agreement to Mrs Alchin or Mr Foster. Copies of these can be downloaded from the school website.

Year 12 students should have seen Mr Foster by the end of this term to "unlock" their laptop ready for use after school.

Instructions are available on the Technology Noticeboard in the Library.

Mrs Alchin/Mr Foster
Technology Committee
HSC Students Performed Practical Exams

DRAMA

On Thursday 21 August 2014, our Drama students performed their HSC practical examinations to a panel of judges. Our students conducted themselves in a professional manner and delivered their pieces with much enthusiasm. It was a pleasure to have travelled with them all from start to finish! What a year it was!

On Wednesday 10 September 2014, Year 12 Music and Drama students will be presenting their HSC performances to an audience of their friends and family members. Having placed much dedicated time and energy into crafting their performances throughout the year, it will be a fantastic opportunity for our students to showcase their talents on the evening. Our students will be showcasing a variety of Individual and Group Drama performances as well as a selection of our HSC Musical Items. It should be a fabulous evening with all of our students eagerly anticipating their curtain call!

Wishing all of our HSC Drama students the very best with their forthcoming written exams! Best of luck everyone!

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Year 10 Visual Artists...

10XVA have been inspired by a method of print making called “Lino Printing”. A design is cut into the linoleum surface with a sharp knife, V-shaped chisel with the raised uncarved areas representing a reversal mirror image of the parts to show printed. The linoleum sheet is inked with a roller called a brayer, and then impressed onto paper or fabric. The students repeat this process and register a few layers with different coloured inks. Below are a few examples of the Lino Printing happening at Blakehurst High School.

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Sophie Shaw
Drama Teacher
This semester, the year 8 classes have really embraced ceramics and are creating a variety of pots and sculptures of an extraordinary quality. The ceramics is made by using a combination of Coiled building and Sculpting. The clay we use at Blakehurst High School is called Feeneys BRT. It is course clay that allows for quick hand building and maximum success. All ceramics are bisque fired in our own Kilns in Art room 1, they are then glazed with traditional glazes and re-fired in the Kilns. Below are a few examples of works in progress.

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Kerrie Golding  
Visual Arts Teacher
...gives us the opportunity to reflect on our achievements.

- Year 12 Music, Drama and Visual Arts students have successfully completed the practical component of their HSC.

- Drama students performed for a team of examiners and Music 1 and Music 2 students performed their repertoire for another team of examiners on 4 and 5 September.

- Year 12 Visual Arts Major Artworks were collected on 10 September and taken to the examination centre at Homebush in readiness for Corporate Marking taking place now as we speak.

I am very proud of the achievements of our Year 12 students and of course their teachers, Ms Shaw (Drama), Ms Bellato (Music) and Ms Bourtsouklis (Visual Arts), for the superb effort they have all put in to guide our students through this most challenging year.

**Music Night 2014**

I am very pleased to include in this newsletter some amazing photos of the talented students we have here at Blakehurst. What a show it was!! A great big thank you to all the staff who assisted on the night and a very special thank you to Mr Watters who not only assisted with the organisation of the night, but also performed with the students. We love having you on board Mr Watters!!

**Primary Proms Concert Sydney Town Hall Thursday 18 September**

I am very proud to announce that Tobius Kreiger and Ellen Huang, Year 11 Music 1 students, successfully auditioned for the Festival of Music earlier this year and were selected to perform at the Town Hall for the Primary Prom Concert. I am sure the BHS Community join me in wishing them all the best for their performance and we are all very proud of their achievements. Congratulations to you both!

**Year 12 Showcase Performance**

*A very fond farewell to Year 12 2014.*

On behalf of the CAPA team I would like to wish you all success in your forthcoming HSC Exams and wish you well for the next chapter in your life’s journey. Congratulations on having successfully completed 13 years of school!

Happy holidays to all our students – stay safe and be kind to your parents!!

Looking forward to seeing you all back here in Term 4!
On Wednesday 10 September Year 12 students performed a selection of their drama and musical performances. The students were amazing! Their performances were a testament of their hard work and dedication this year. We are very proud of them and of their achievements. Well done Year 12.
Recently two of our Year 12 students, Kiara Shinas and Fatima Dhaini, were recognised for their hard work in Hospitality. Both students received ‘VET in Excellence’ awards. Kiarra received her Vet Excellence award for Hospitality Food and Beverage and Fatima received her VET Excellence Award in Workplace Learning.

Over the past two years, Kiarra and Fatima have both worked very hard and shown excellence, commitment and dedication in their chosen industry area of study. They have both completed 70 hours of Work Placement and achieved all competencies to a high standard. They will both receive their Certificate II in Hospitality. Both Kiarra and Fatima are worthy recipients of these awards. We are extremely proud of both girls.

I would also like to congratulate their teacher, Ms Minna Hatjinikitas for her hard work and love of teaching Hospitality Food and Beverage that has inspired both her students to achieve success.

Along with our students, Mrs Jacqui Simpson, Head Teacher VET also received a VET Teacher Excellence Award. It is wonderful to see Mrs Simpson acknowledged and recognised for all her hard work and dedication to VET. It is due to her passion and commitment that we have such a successful VET in Schools program here at Blakehurst High School. We are extremely proud of Mrs Simpson.
Our Year 11 & 12 Hospitality Students...

...recently visited the MacArthur Centre for Sustainability. This visit links into the Unit of Competency, *Participate in Environmentally Sustainable Work Practices*.

Our students witnessed firsthand what the hospitality industry can do and change to become more environmentally sustainable. They participated in workshops about composting, preparation and cooking, worm farming and companion gardening. The students contributed to the discussions and were given opportunities to answer questions from past HSC papers. A wonderful opportunity for our students to see what they have learnt in action.

As Term 3 has come to a close, I want to wish our Year 12 CAFS, Textiles, Hospitality and Food Technology students all the best in their HSC exams next term. Have a safe and restful holiday with your families. We will see you in Term 4.

*Mrs N Dexter*
*Head Teacher/Home Economics*
Parents/Caregivers

Last Week of School 2014

During the last week of Term 4, Monday December 15 up to and including Wednesday December 17, ALL students will be participating in COMPULSORY programs to ensure that the last three days of school are productive, beneficial and enjoyable.

Each year group will have specifically designed programs as follows:

- **Year 7**- A Learn to Swim/Stroke Correction/Life Saving Program at Carss Park Pool
- **Year 8**- An Activities Program where students chose an activity to participate in for the three days. These activities may include: Sights of Sydney, Fishing, Movie Appreciation, Sporting Pursuits or Table Tennis. Venues and costs will be dependent on the activity,
- **Year 9**- Peer Support Training and selection of Peer Support Leaders for 2015,
- **Year 10**- Senior School Transition Program including the COMPULSORY "All My Own Work" Course,
- **Year 11**- 25 Hour COMPULSORY PDHPE Cross Roads Course including: A Resuscitation Certificate, Expert Guest Speakers who discuss lifestyle issues that are prevalent and sometimes dangerous for young people and a day visit to Cataract Adventure Park where students will participate in activities such as caving, abseiling, a giant waterslide, flying fox and challenge valley to develop strong and trusting bonds between the students in Year 11. The school looks forward to your support in ensuring that your child attends these three days. A great amount of time and effort has gone into ensuring that your child has the most beneficial learning experience during this time.

More specific information for each year group will be forwarded with your child in the early weeks of Term 4, but if you require any information in the interim I can be contacted at school on 9546 3281.

Mr Yelavich
Head Teacher/PDHPE
Goodbye Year 12

All Teachers in the Science Department wish The Class of 2014 all the best for their HSC and their lives beyond BHS. There are many talented students in this year’s cohort who will be sitting exams in Biology, Chemistry and Physics and we trust they will be well prepared for their final tasks in October and November. Good luck to all!

Science Week

The faculty celebrated Science Week by running a competition for Years 7 and 8 students to design a poster with the theme “Food for The Future”. Anna He won first place and a hamper of healthy food, which was awarded on the Junior Assembly. Special mention must go to Sahil Pillay-Muneef and Misheel Iderbaatar who were placed second and third, receiving vouchers for the School Canteen.

Year 12 Chemistry Excursion to Maritime Museum

Ms Georgopoulou took her Year 12 Chemistry students studying the Option Topic, Shipwrecks and Salvages to the Maritime Museum in Darling Harbour. Students enjoyed the field trip which provided a fabulous firsthand experience of how maritime vessels are designed and maintained. A big thank you to Ms Georgopoulou for organising and running the excursion!
Questacon Excursion for Year 10
On the 12th September, Year 10 went on a field trip to Questacon in Canberra. Pictures of their visit will be in the BHS Newsletter in Term 4. Thanks to Mr Hewetson, Mr Baker, Ms Georgopoulou and Ms Fabrizio for taking the students on this all day excursion. It was a huge effort!
Year 8 Wollongong Excursion
On September 1st, Ms Georgopoulou and Ms Fabrizio took their Year 8 classes to the Wollongong Science Centre.

On the way, the bus stopped briefly at Stanwell Tops, and the students took in the amazing view looking south, down the coast.

Everyone enjoyed the day which included visiting the Planetarium, watching a liquid nitrogen show and interacting with the great variety of hands-on science equipment. Thanks to both teachers for ensuring such a great day was had by all.
Welfare Report

NSW Government
Sydney Local Health District

2014 National Adolescent Vaccination Program…

- Visit 1 - March 7, 2014
- Visit 2 – June 6, 2014
- Visit 3 – October 24, 2014

**Vaccinations All Year 7**

- **Visit 1**
  07/03/14
  Diphtheria/Tetanus/Pertussis booster vaccine
  (HPV) Human Papillomavirus Vaccine

- **Visit 2**
  06/06/14
  (HPV) Human Papillomavirus Vaccine
  Varicella Vaccine (*chicken pox*)

- **Visit 3**
  24/10/14
  (HPV) Human Papillomavirus Vaccine

**Vaccinations Year 9 Boys Only**

- **Visit 1**
  07/03/14
  (HPV) Human Papillomavirus Vaccine

- **Visit 2**
  06/06/14
  (HPV) Human Papillomavirus Vaccine

- **Visit 3**
  24/10/14
  (HPV) Human Papillomavirus Vaccine
  (includes catch-up if missed Visit 1 & 2)

**Vaccination Catch-Ups Year 8**

- **Visit 1**
  07/03/14
  Those who have an incomplete HPV course that was commenced in Year 7 2013

- **Visit 2**
  06/06/14
  (HPV) Human Papillomavirus Vaccine ‘catch up’ for students who missed any vaccination in Visit 1

Mrs J Smith
Welfare Coordinator
Our Edible school kitchen garden project has finally come to fruition. Literally! Our three garden beds and three greenhouses have been planted with lots of different vegetables and herbs. We can see strawberries emerging from our strawberry patch, our Italian tomato plants have lots of promising flowers on them and the other vegetables seem to like their new home too. We have also finished planting 5 citrus trees and the lemon, orange and lime trees have little flowers already. Hopefully we will get to see some fruit next year. Our three different coloured passion fruit vines have started to climb the Foster Street fence behind the garden. We plan to have crawling vines laden with passion fruit; a wall of green, all around the garden!

Benefits of Worm Farming and Compost Bin

We all know that approximately half of all the Food Lab and School Canteen waste is organic. Most of this waste can be recycled through composting – turning waste materials into a rich soil supplement for use in our garden. We have therefore purchased and placed a worm farm and a compost bin at the school which will provide nutrients for our plants and trees all year round.

Into the future…

Our Edible school kitchen garden provides a clear, replicable process, reinforcing the Australian Government’s Sustainability Curriculum Framework. Thus, our principal Mr Lester kindly agreed to introduce Gardening as a sport. As a result, students, who are our future citizens, may develop an understanding of the relationship between human activities and natural systems, sustainable management of the Earth’s resources and the inter-related nature of processes in the natural environment.

We would like to thank All the boys involved in the assembly of the beds and greenhouses, the transfer of the soil, the clearing and levelling of the area, the planting and fencing of the trees, the watering of the plants. And, also all the girls who put together the worm farm and compost bin and planted the seedlings. It has been an incredible learning curve for all of us… Most importantly, we would like to thank Kogarah City Council for the Mayor’s Green Grant and the opportunity they gave us to start our wonderful garden.

Mrs Georgopoulou
Environmental Team Leader
On the 15th of August, the SRC held its annual Trivia Night. The event was greeted with great enthusiasm, with a turnout of 14 teams. It was an amazing night of good trivia, tasty food and great company! Several games were played throughout the night, including Heads and Tails, Finish off The Song, Guess the Teacher and Table Tennis Catch. Following the theme of ‘Blast from the Past’, the trivia was especially focused on the past. The winner of the night was the LOTE team, breaking the HSIE 4-year winning streak. Apart from raising funds for further school improvements such as the outdoor PA system, the SRC was also raising funds for Project 5k, an initiative taken up by a group of ambitious year 11 students to raise funds to help cancer research. Altogether, we raised a total of $1229 that will definitely be put to good use. A big thank you to all the teachers and SRC members, and to those who came and supported us! Of course, we would also like to thank the cheerful and generous sponsors.

Thank You

Sth Hurstville Market Pharmacy
Woolworths
Tonic Hair and Beauty
Cronulla Ice Creamery
Eagle Boys Pizza
Flower Hut South Hurstville
Civic Video
Encore Patisserie Café
Office Works
Oregano Bakery
Priceline
Coles
St George Sailing Club
Le Beaute Hair Salon
Sizzler
South Hurstville 7-11
Supa IGA
Connells Point Newsagency
Night and Day Pharmacist
Flame Coal Chicken
Budget Petrol
Aesthetics Salon
Eclectic Boutique
Mrs Koutsoukos

Mrs Ware
SRC Coordinator

.....Jasmine Lu & Caitlin Su
.....Secretary & Vice President of SRC
Holiday Time Again!
It's that time again when you should be organising what to borrow for the holidays. As three of the big movies for the holidays are all good books; Maze Runner, The Giver and If I Stay. Why not come up and borrow the book to read BEFORE you see the movie. We always recommend this process, as you can take so much more out of the movie if you have already read the book.

Sequels Have Arrived
There are also some long awaited sequels in series just out: Derek Landy's final Skulduggery Pleasant book, Dying of the Light, the new Throne of glass book Heir of Fire, a new Divergent book Four and The 52-Sorey Treehouse.

Come up to the Library and borrow one, or reserve it for the holidays or for Term 4. We have also just purchased some copies of Minecraft manuals, new origami and drawing books … come up and get some inspiration for things to do in the holidays.

Year 12 Students …
we have just added more BOSTES Study Guides to our collection. Remember, we allow students to borrow more books for the holidays.

Premier’s Reading Challenge.
Congratulations to all the 113 students who completed the Reading Challenge in 2014.
Year 8 this year were the champion readers of the school. Fifty seven students in Year 8 completed and registered their books (another 6 students read 20 books but didn’t complete registration). All together, the students of Year 8 read and registered over 1700 books this year. Well done Year 8!

Students who completed the 2014 Challenge:

Year 7 - G Bogdanovski, G Chen, M Chen, S Chen, C Cheung, B Fitzmaurice, J Hardy, A He, H Jiang, E Lai, F Liu, M Liu, S Maharan, S Masud, E Nazarova, M Pan, P Pavlenko, R Shopov, C So, M Sohn, R Srisawart, D Su, P Tao, V Vuong, J Wang, A Watt-Smith, E Wong, E Zhang, C Zhang, F Zhou, K Zhou


Year 9 - N Affouf, Z Azam, N Driscoll, A Ebeid, M Gee, R Huang, S Hung, H Kun, G Li, J Liu, J Lu, S Ng, A Ristevaski, L Seib, J Shin, C Trpkoski, C Wong, M Yao, E Yeung

Certificates will be presented in Term 4. We expect a number of Gold and Platinum awards, as well as some medals.

Mrs Alchin & Mrs Larson
Teacher/Librarian
LOTE Report

Year 9 Languages Camp

Once again 61 Year 9 Italian, French, Japanese, Chinese and Greek students headed out to Tops Conference Centre at Stanwell Tops for two fun packed days of Language activities such as cooking; the French made crepes; the Italians pizza; the Greek Bougatsa, the Japanese yakitori and the Chinese dumplings all of which was consumed that evening; designing costumes and parading them; a disco, and a concert where each group presented an item in their target language.

On the Monday when we arrived some students did go-carting while others did the giant swing. Unfortunately on the Tuesday the weather made it impossible to do the outdoor activities planned, but the crew at the Tops were prepared with exciting indoor activities. The students used their language throughout these activities.

Unfortunately the camp was marred by sadness as Mrs Smith’s mother passed away suddenly and she was unable to attend. However a special thank you must go to Mrs L Sully who kindly stepped in at the last minute and worked with the Japanese students. Illness also prevented Mrs Loizos from coming and again a huge thank you must go to Ms A Taradilis who did an amazing job working with the Greek students. The students are now collating their photos and videos into a presentation which all groups will view early next term.

Special thanks must also be extended to Mr A Digiacomo, Mrs Y Huang, Ms J Dupuy, and Mr S Selim who also worked tirelessly with their students ensuring that they made the most of this wonderful immersion experience. As always such an activity could not happen if it were not for the commitment of the language teachers.
On Thursday September 4, 2014, the year 7, 9 and 10 Italian classes went on an excursion to the Gelatissimo Factory in Rydalmere. The students headed off at 10:45 in the morning, keen in anticipation of the gelato they were about to sample; hoping to enjoy the more authentic taste of the Italian culture. On arrival we were warmly greeted by Mr Barbosa the company's CEO and his Head Gelato maker Anna.

The students were given a tour of the back dock and learned the history of gelato; how it is stored and all the other work involved, including experiencing sub-zero temperatures in their walk-in-freezers. The students were divided into 2 groups with one group going on a tour of the factory and the others staying with Anna to make some gelato themselves. Ellen Koutsoukos and Hayden Smith were very excited to be nominated as her helpers, being asked to wear an apron with the official Gelatissimo logo on it. Gelato for dessert was GNAM GNAM (yum yum)!

The first batch of gelato, involved the students mixing mango juice with the required additives in the gelato mixer. The end result was the most mouth-watering mango gelato the students have ever eaten. This was then surpassed by another batch of chocolate gelato, which left the students gasping for more! Students tasted more of Italy with Pizza for lunch, before returning to school; very satisfied and all vying for a job at this factory, if one should come up!

...Ms R Evangelinos
...Mr A Digiacomo
LOTE Teachers
The LOTE staff was again involved in the Primary Links Program. This worthwhile program allows the students from our feeder primary school to have a taste of what different subjects are like in high school. This year the students from Bald Face Primary experienced CARNEVAL with Mrs Mangraviti. A tradition celebrated every year throughout Europe with the most famous venues being Venice and Nice. Students learned a little about the festival then proceeded to create wonderful masks which they wore.

The following week the students from Carlton South Primary experienced the art of Origami with Mrs Smith and her helpers.

A big thank you to Jasmina, Nada and the other Year 10 helpers.
Happy Belated Mid-Autumn Moon Festival!

中秋節快樂!!

Chinese Moon Festival is on the 15th day of the Eighth month on the Lunar calendar. It is also known as the festival for reunion where families and friends gather and celebrate with food, playing with lanterns and eating moon cakes whilst admiring the beautiful, round moon.

This year it fell on the 8th of September. Year 10 and Year 7 Chinese class students celebrated this festival with lots of yummy Dim Sum style food and drinks with coconut jelly. We all enjoyed the food and had a great time.

We trust everyone had a Happy Mid-Autumn Moon Festival!!

Mrs A Mangraviti
Head Teacher LOTE

Ms C Lao
Teacher
News from Mathematics Faculty....

It’s a Boy!!!
Kristen Blair had a lovely, healthy baby boy at the end of week 7. Liam Patrick. We know you all forward your best wishes to her and hope for many nights of a peaceful sleep.

Australian Maths Competition
The results are in and are pretty impressive (two high distinctions!)….certificates will be handed out on assembly when received and at that time we’ll publish the names of the highest performers.

Our Girls are Above Average!
An article in the Daily Telegraph has caught our eye. We haven’t checked the accuracy (we’re assuming their journalist did!), the article suggests that

A mere 1.5 per cent of girls doing the HSC completed the trio of advanced maths, physics and chemistry in 2011, according to a University of Sydney report.

With 69,277 teenagers doing the HSC last year, this means just over 1,000 girls were signed up for the maths and science-based ‘trio’.

That didn’t sound like Blakehurst to us since we have so many girls in our 2, 3 and 4 unit maths classes (“advanced” maths, as a subject title, doesn’t exist). So we’ve had a bit of a data crunch.

In 2014 we had 3% of Year 12 girls complete Mathematics (2 unit or above), Physics and Chemistry.

In 2014 we have 15% of Year 11 girls studying Mathematics (2 unit or above), Physics and Chemistry. We also have 19% of boys in these courses (we are unsure what the typical percentage is for boys, but this sounds exceptional as well).

We’re very happy that we are against the trend, building girls’ confidence in Mathematics (and the sciences), where it isn’t always the answer that is important but the process used to get that answer.

Year 11 General Mathematics
In the preliminary course all students studied a common General Mathematics course. For the HSC, however, there are two courses available for study – General 2 and General 1. We will be talking to all the Year 11 students in class early in term 4. We will be assuming that all wish to study the General Mathematics 2 course unless we are told otherwise. We’ll be providing an information sheet and form for signature for any student who wants to change to General Mathematics 1. But so that you can start having that conversation, following is a brief summary of each course.
General Mathematics 2

- Is a Board Developed Course (BDC), and as such contributes two units towards the minimum of six BDC units required to be eligible for award of the HSC.
- Has an HSC examination.
- Contributes two units towards the calculation of an ATAR (Australian Tertiary Admission Rank).

The HSC General Mathematics 2 course is for students who have demonstrated a high level of competence in the Preliminary General Mathematics course. The course includes a large variety of real-world applications for a range of concurrent HSC studies such as in the life sciences, humanities and business studies. It provides a strong foundation for a broad range of vocational pathways, as well as for a range of university courses.

General Mathematics 1

- Is a Content Endorsed Course (CEC) – it contributes two units towards the 10 units required for study in Year 12. It DOES NOT contribute to the six units of Board Developed Courses required to be eligible for award of the HSC.
- Has NO HSC examination.
- The two units of the course DO NOT count in the 10 units required for the calculation of an ATAR.

The HSC General Mathematics 1 course is for students who have demonstrated competence in the Preliminary General Mathematics course. The course includes a large variety of real-world applications for concurrent HSC studies such as vocational education and training courses, other practically oriented courses and some humanities courses. It provides an appropriate foundation for a range of such vocational pathways, either in the workforce or in further training.

Students should consider which course is better suited to their skills and aspirations, and they are encouraged to discuss this with their parents/carers and classroom teacher.

MRS A PEACHEY
Head Teacher Mathematics
Food Challenge Trip

On the 9th of September, the two Year 9 Commerce classes went to the Wesley Mission centre to take part in the organisation’s Food Challenge. The students met Ms Broadbent and Ms Pappas at Hurstville Station bright and early to make our way to the centre, located in the city.

Once we got to our destination, we were shown a presentation about the homeless – people who do not have suitable or adequate living conditions. We learnt many confronting facts about homelessness. Did you know that on any given night in Australian, 1 in 200 people would be homeless?

After the presentation, we were given the opportunity to buy $5 worth of food, for one person, to last three days. That in itself was not an easy challenge, and we were able to experience how difficult it is to provide for our basic needs under a tight budget. The groceries that we were able to buy were then donated to the mission. After that, we had lunch in the city and went back to Hurstville, where we were dismissed.

Evidently, homelessness is an issue within Australia. The excursion was an eye-opening experience and we were able to learn more about homelessness and how we as a community can help. Before we left, the hosts showed us a thought-provoking video, through the following link.


Caitlin Su,
Jasmine Lu
Meggie Yao
Jessica Jiang
Mandy Ruan
Cassandra Tsang

Ms O Pappas
Commerce Teacher
YOU are given a Virtual $50000 to invest…
…Your challenge is to make it grow!

Each year, Australian Securities Exchange (ASX) runs two Schools Share market Games for secondary students across all Australia. It is a vivacious opportunity for new investors to test their skills to buy and sell shares using real companies, live share prices, and brokerage charges on every trade, appreciating the ability to assess different approaches to investing using their own temperament with hypothetical cash. Decisions, decisions, decisions everywhere! A good decision lands you with money. A bad decision sees you with a loss of money. The share market is a risky place; it is where the cool kids like to hangout.

This year, students once again are battling against each other and the volatile markets for the chance to be crowned Share market king/queen. Blakehurst High School’s wonderful students of both Year 9 Commerce classes are fighting for first place and the antsy competition is evident everyday as you would hear, “did you check the market today?” or “did you hear about that stock?”

Here are some tips we devised for a successful portfolio:

**First**, ignore all those big, steady stocks that have been growing for decades and paying dividends. What you want are companies in volatile sectors that have a chance of skyrocketing in 10 weeks. Think mining, energy and biotechnology companies that might be on the verge of a big gold discovery or a new treatment for cancer.

**Second**, don’t trade too frequently. Don’t waste money changing your mind about your picks because it will make no difference. In addition, those brokerage fees are mighty expensive when they all add up.

**Thirdly**, do not hold cash. Invest in ALL your available money. Unlike in real life where cash lets you take advantage of opportunities, here it just limits your scope for capital gain. Be fully invested at all times because it’s the only way to win.

Finally, don’t let a good performance go to your head. You were more lucky than most, not smarter. Do not mistake luck for skill. You need to realise that you need luck and lots of it. Forget skills, luck is your biggest friend. Timing is also important, just as important as picking the right stock and if you are lucky enough to buy the right shares at the right time, you’re well on your way to winning.

The Schools Share market Game is a remarkably popular resource being used in over half of the secondary schools across Australia. It has been going so long that the first participants are now grown up and with first-hand experience of the market from their school days. For us, as students, there is the attraction of something that is practical and tangible rather than just theory - and of course there is the prize money!

At week 6 – these are the rankings of both Commerce classes.

<table>
<thead>
<tr>
<th>#</th>
<th>Syndicate</th>
<th>Portfolio</th>
<th>School</th>
<th>State</th>
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<td>1</td>
<td>ASA_14</td>
<td>$50,238.05</td>
<td>Blakehurst High School</td>
<td>NSW</td>
</tr>
<tr>
<td>2</td>
<td>BAGA_14</td>
<td>$50,039.09</td>
<td>Blakehurst High School</td>
<td>NSW</td>
</tr>
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<td>3</td>
<td>SN_14</td>
<td>$49,957.59</td>
<td>Blakehurst High School</td>
<td>NSW</td>
</tr>
<tr>
<td>4</td>
<td>REA_14</td>
<td>$49,922.20</td>
<td>Blakehurst High School</td>
<td>NSW</td>
</tr>
<tr>
<td>5</td>
<td>GLL_14</td>
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<tr>
<td>6</td>
<td>JAC123</td>
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<td>NSW</td>
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<td>7</td>
<td>CJC_99</td>
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<td>Blakehurst High School</td>
<td>NSW</td>
</tr>
<tr>
<td>8</td>
<td>VAS_OO</td>
<td>$49,686.89</td>
<td>Blakehurst High School</td>
<td>NSW</td>
</tr>
<tr>
<td>9</td>
<td>Ultimates</td>
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<td>Blakehurst High School</td>
<td>NSW</td>
</tr>
<tr>
<td>10</td>
<td>MUM</td>
<td>$49,785.00</td>
<td>Blakehurst High School</td>
<td>NSW</td>
</tr>
<tr>
<td>11</td>
<td>Zandy</td>
<td>$48,635.40</td>
<td>Blakehurst High School</td>
<td>NSW</td>
</tr>
</tbody>
</table>

Mr P Slater
Head Teacher HSIE
Meet a Keeper
Taronga Zoo Excursion

On Thursday the 11th of September I travelled to Taronga Zoo with nineteen year ten students for the Meet a Keeper excursion. Meet a Keeper is a one-day program for school students who have expressed a keen interest in pursuing a career that involves working with animals. The unique program included a seminar presented by a talented panel of zookeepers, zoo educators and other zoo staff members. Students had the opportunity to learn about all aspects of Zookeeping including:

• Qualifications required
• Career opportunities
• Core responsibilities
• Career structures

In addition to gaining formal qualification such as Certificate 3 in Captive Animals, those wanting to become zookeepers also need knowledge and experience in captive husbandry and exhibit design; knowledge of animal training and conditioning practices; and demonstrated customer service, presentation and communication skills. The zoo staff encouraged students wanting to develop these skills to apply for the “Youth At The Zoo” (YATZ) program. YATZ is a fun, educational program for 13-19 year olds, held at Taronga Zoo during school holidays. Participants get the opportunity to learn about many aspects of Zoos and gain such opportunities as working with the zookeepers and other young people with a genuine interest in animals. More information on this program can be found at: http://taronga.org.au/education/youth-zoo-yatz.

After the seminar students had the opportunity to explore the zoo before making their way to our mystery behind-the-scenes animal tour. Students particularly enjoyed our behind-the-scenes tour of the seal show where we were given the opportunity to watch an entertaining training session with the seals.

We all enjoyed the beautiful spring day, and students left with a better understanding of how to pursue a career working with animals. Students are pictured enjoying the Zoo.
University Seminars:

This term, representatives from leading universities were invited to Blakehurst High School to present a series of recess seminars to Year 12 students. The seminars were an excellent opportunity for students to gain specific course information, find out about the various programs offered at each university and hear about life on campus. Representatives from the following universities presented seminars which covered courses on offer, scholarships and a variety of other topics including:

Sydney University:
- Early Offer Year 12 (E12) scheme
- Flexible Entry Scheme
- Elite Athletes and Performers Scheme
- Cadigal Alternative Entry Scheme

University of Wollongong:
- UOW Early Admission
- UOW College
- Step to UOW
- Points to UOW and Regional Bonus Points

University of New South Wales:
- Faculty of Engineering Admission Scheme (FEAS)
- HSC Plus
- Elite Athletes and Performers Program
- Australian Aboriginal & Torres Strait Islander Admissions
- Academic Achievement Award Scholarship

University of Western Sydney:
- Regional Bonus Scheme
- UWS Subject Bonus
- UWS College Diploma & Foundation Studies Courses

University of Technology, Sydney:
- UTS Guaranteed Entry Scheme
- School’s Recommendation Scheme
- UTS Insearch
- Elite Athlete’s and/or Performers Scheme
- Jumbunna Indigenous House of Learning

Notre Dame University:
- How to apply directly to Notre Dame
- The Tertiary Enabling Program
- Young Achievers Early Offer

There was a large number of students in attendance at each of the seminars. Students commented that the seminars were very useful and informative. The seminars have been a resounding success and I strongly encourage students to apply for all schemes and scholarships on offer which are relevant to them, and to attend the university open days.

Ms Lisa Evers
Acting Careers Adviser
Year 12
The PDHPE team would like to wish all Year 12 students good luck in the HSC. It has been a pleasure to teach you all over the last 6 years and we would like to wish you all the very best for the future in any endeavours that you pursue.

Year 11
Year 11 2 unit PDHPE will have completed their Preliminary course at the end of this term. The work that has been studied and learnt is classified as assumed knowledge for the HSC course and even though it is not examinable it is essential that you have a thorough knowledge and understanding of the entire Preliminary course. This will enable you to understand and perform to your best in the HSC. It is also essential that, as the Year 12 HSC course commences next term, you begin Term 4 with a mature and positive nature to achieve your best possible outcome. The students undertaking Sports Coaching have all completed their competencies to date as well as their 35 hour work placement. The Sport, Lifestyle and Recreation class have made pleasing progress in their course with all students gaining valuable knowledge about healthy lifestyles and good nutrition.

Year 11 will be receiving information regarding the 25 Hour PDHPE Cross Roads course at the beginning of Term 4. This course is COMPULSORY for all students who attend NSW State High Schools. At Blakehurst we complete the course in the activity period at the end of Term 4 (Monday 15th December up to and including Wednesday 17th December), before the students go on holiday. This course consists of three days of different activities including: CPR/Resuscitation Certificate, Guest Speakers/Presenters and Cataract Adventure Day. The cost for this course is $90 which covers all costs. Permission notes and payment are required by Friday 5th December. Any student who does not complete the practical course will be required to do a 5,000 word theory assignment. No student will commence Year 12 in 2015 until this course has been satisfactorily completed.

Year 10
The Year 10 students involved in the SALSA program had an evaluation meeting recently with Dr Shah from Sydney University. Dr Shah was particularly impressed with our students and the way that they conducted themselves in a mature and responsible fashion. The evaluation was very positive with the students all agreeing that it should be conducted again next year. I would like to thank Mrs Rizzo-Liu for instigating, organising and overseeing the program. It was a great learning experience for the students involved.

The Year 10 cohort is working towards completing their Stage 6 PDHPE course. The final Personal Development and Health unit of work is called “Handling Challenges”. This deals with the daily challenges that young people face, the opportunities that are available to them, and the stress management techniques that can be used to deal with the challenges of everyday life as they mature into young adults.

Mr A Yelavich
Head Teacher & PDHPE Team
With the completion of Winter Grade Sport and the commencement of Summer Sport, we have finished Term III on a positive note.

Blakehurst High School had 13 teams contesting Grand Finals in Week 7 – Wednesday 27th August and I am very pleased to announce that we were premiers in 8 of these finals. What a wonderful achievement by a talented and enthusiastic group of students, with many thanks to the teachers who coached these teams throughout the year. Congratulations to the following teams who were Premiers in the Winter Grade Sport Championship.

<table>
<thead>
<tr>
<th>Sport</th>
<th>Division</th>
<th>Teacher</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball</td>
<td>Open 1st Grade</td>
<td>Mr Huxley</td>
<td>54-6</td>
</tr>
<tr>
<td>T/Tennis</td>
<td>1A Girls</td>
<td>Mrs Alchin</td>
<td>4-2</td>
</tr>
<tr>
<td></td>
<td>1B Girls</td>
<td>Mrs Alchin</td>
<td>4-3</td>
</tr>
<tr>
<td></td>
<td>1st Grade Boys</td>
<td>Mr Jenkins</td>
<td>6-0</td>
</tr>
<tr>
<td>R/League</td>
<td>U/13 Boys</td>
<td>Mr Black</td>
<td>Jnr Prem</td>
</tr>
<tr>
<td>Netball</td>
<td>U/15 B Girls</td>
<td>Ms Camilleri</td>
<td>Jnr Prem</td>
</tr>
<tr>
<td>Tennis</td>
<td>U13A Boys</td>
<td>Ms Georgopoulou</td>
<td>Joint Prem</td>
</tr>
<tr>
<td>Soccer</td>
<td>U13A Boys</td>
<td>Ms Pappas</td>
<td>Joint Prem</td>
</tr>
</tbody>
</table>

Congratulations also to the following teams, who have done an incredible job to make it to the grand final, but unfortunately were beaten. The Runners Up in the Winter Grade Sport Championship is:

<table>
<thead>
<tr>
<th>SPORT</th>
<th>BOYS/GIRLS</th>
<th>TEACHER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball</td>
<td>Open 2nd Grade Girls</td>
<td>Mr Huxley</td>
</tr>
<tr>
<td>T/Tennis</td>
<td>1st Grade-2 Girls</td>
<td>Mrs Hallion</td>
</tr>
<tr>
<td></td>
<td>2nd Grade-2 Girls</td>
<td>Mrs Hallion</td>
</tr>
<tr>
<td></td>
<td>3rd Grade Boys</td>
<td>Mrs Chen</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Open 1st Grade</td>
<td>Ms Grima</td>
</tr>
</tbody>
</table>

Trampolining

Congratulations to Melinda Gray-Schwarz, Ashleigh Autard and Rebecca Gray-Schwarz who recently competed at the NSWCHS Trampolining Championships. All three girls performed exceptionally well and it is fantastic to see three outstanding students from the one school all compete at the State Championships. Congratulations girls!

Athletics

Recently we had a small number of students compete at the NSWCHS Athletics Championships held at Homebush Olympic Park. Over a tough three days, our students performed exceptionally well and come away with some amazing results. Special mention goes to Julia Glavincevski who won the 1500m event. Well done Julia on an excellent achievement.

Regards,

B Kemp
Sports Organiser
Girls 12-18 ONLY!
Join us for lots of fun activities such as jewellery making, French knitting, loom bands and more!

ARNCLIFFE LIBRARY
GIRLS ZONE

THURSDAY 25 SEPTEMBER
CROCHET JEWELLERY

THURSDAY 9 OCTOBER
FEATHERTAIL EARRINGS

THURSDAY 23 OCTOBER
FISHTAIL BRACELETS

THURSDAY 2 OCTOBER
POLYMER CLAY

THURSDAY 16 OCTOBER
FRENCH KNITTING

THURSDAY 30 OCTOBER
LOOM RAINBOW

These activities are held from 3:30pm – 5pm at Arncliffe Library, 11 Firth Street and facilitated by 3 Bridges Youth Zone. For more information call 9562 1816. Free events but bookings necessary at www.rockdale.nsw.gov.au/LibraryEvents
The Sutherland Dyslexia Support Group offers families in the Sutherland Shire and St George area a forum where parents can talk, exchange ideas, information, resources and experiences with other parents. The support group meets over coffee on the 4th Monday of the month during school terms at 10.30am at a café in Sutherland. For those families working or out of area there is a Yahoo group, email and telephone support.

For further information or to join the support group contact Paula Goulden on (02) 9528 4638 or email psgoulden@tpg.com.au

Famous People With Dyslexia