Term 3 – Consolidation and Planning

Term 3 is a time when we consolidate our teaching and learning in the school.

Year 12 sat their Trial HSC in Weeks 2-4. For most of the students this marked the final school assessment in their subjects for the HSC. The feedback received from these exams is critical to success in the HSC. Students are expected to act on the suggestions by their teachers for improvement. Attendance for all Year 12 students remains compulsory until their graduation on Thursday the 18th of September. Please reinforce with your child that there is still plenty of time to improve subject knowledge as well as exam technique, and that regular attendance is important to get the best help from their teachers.

Year 11 students will sit their final exams in Weeks 9 and 10 this Term. This marks the end of the Preliminary HSC course. Students who have satisfied the requirements of the Preliminary courses will start their HSC course on Day 1, Term 4. It is important to note that all Assessment Tasks from that point onwards WILL count towards the HSC.

Years 7-10 are now more than half way through their courses. I would be expecting all these students to be implementing the suggestions made by their teachers in the recent half yearly reports.

Term 3 is a very busy time for teachers at Blakehurst High as it is the start of planning for the 2015 school year. We have been using student Subject Selections for 2015 Years 9 and 11, to determine our staffing mix for next year. From this point we will start to prepare the timetable for 2015.

New Deputy Principal for Blakehurst High School

I would like to take this opportunity to welcome Mrs Vicky Manos to Blakehurst High School. Vicky has been appointed as Deputy Principal replacing Ms Paton who has taken extended leave until she retires late next year.

Years 9 and 11 Subject Evening

In the first week of Term 3 the school held a Subject Selection evening for 2015 Years 9 and 11 students. Hundreds of students and parents attended the evening. Both groups were addressed separately by the Senior Executive, before moving off to a subject market conducted by each of the Key Learning Areas (KLAs). Feedback on the evening from both parents and staff was fabulous. All were pleased to have the opportunity to give and gather information regarding the subject choices available. The aim of the evening was for all students to make well informed choices now, which minimises the need for changes of subjects in the future. Thanks to all staff who assisted in organising the evening, particularly Mr. Ovens and Mr Yelavich. Thanks to parents who attended the night and also to all the staff who manned the information stalls.

P&C Meetings

A reminder to all parents that you are most welcome to attend the school’s P&C meetings. They are held on the second Wednesday of each month. The next meeting is the 10th of September at 7pm in the Staff Common Room.

School and Subject Fees

Thanks to all families who have paid their 2014 school and subject fees. These fees are used to purchase resources for your child’s education this year. Unpaid fees can be paid at the front office. If you wish to apply for assistance for your child’s fees, or you wish to pay them in installments, please contact Kim Morris in the front office, or myself, to discuss. All information provided by you will remain confidential. As I have written to you before, school contributions are used to buy resources and equipment for our students to give them the best possible education. The greater the amount we receive in school contributions, the better the resources and facilities that we can offer. Education remains the best way to secure bright futures for our young people. For us to provide that bright future, we rely on the school contributions paid by parents.

Student Organised Socials and Formals

From time to time students from the senior years try to organise ‘social’ or ‘formal’ events for their cohort.
Unfortunately, due to legal restrictions, these events cannot be sanctioned by the school, and as such cannot carry the name of the school in any form. They are privately organised.

When I become aware of these functions, I try to counsel the organisers as to the possible pitfalls that may arise. To ensure their safety, as well as the security of money paid, I do offer the option of holding the monies in Trust; however they, as private organisers of the event, cannot be compelled to do this.

As such I ask all parents to talk to their child as to the event organised, payment of monies etc. so you are clear as to what they are committing to when they pay for an event.

---

STATE SCHOOL KIDS DO BETTER AT UNI

The following are excerpts taken from an article which appeared in ‘The Conversation’ on July 17th. It reinforces something we have been aware of for some time. Thanks to both Ms Liu and Barbara Krickl for drawing my attention to the article.

“State school graduates do better at University than private school graduates with the same end-of-school tertiary entrance score. That’s the clear finding in a number of Australian studies since the 1980s and in England since the 1990s. The differences between graduates of state and private schools were substantial…….. The Australian research found that, on average, graduates of state schools received the same marks at the end of first-year University as graduates of private schools who had tertiary entrance scores around three to six points higher.

Research in both Australia and England also found that with the same tertiary entrance scores:

- graduates of co-educational schools tend to do better than graduates of single-sex schools
- graduates of lower-fee private schools (in Australia, Catholic schools) tend to do better than graduates of higher-fee private schools (in Australia, Independent schools)
- graduates of schools with lower average tertiary entrance scores tend to do better than graduates of schools with higher average tertiary entrance scores

The general finding is that graduates of non-elite and co-educational schools do better at University than graduates of socially and academically elite and single-sex schools who achieved the same tertiary entrance score.

However, there appears to be contrary evidence: state school students tend to do better in NAPLAN tests than private school students at schools of similar socio-economic status (especially at higher socio-economic levels).

The Australian Financial Review recently urged people to “do the sums on the true cost of private schools”. It’s apparent that high private school fees may not be buying effective education. In the context of University debts upwards of $100,000, families should “do the sums” on comparable expenditure on schooling.”

The full article can be found by following the link below:

https://theconversation.com/state-school-kids-do-better-at-uni-29155
PARENTS TIPS FROM THE DEC

**Flu season is here!**
Influenza is spread from person-to-person through the coughing or sneezing of infected people. Remind your child about these good hygiene practices to minimise the spread of infection:

- Anyone who is sick with influenza symptoms should stay home until their symptoms are gone.
- Cover the nose and mouth with a tissue when coughing or sneezing. Throw the tissue in the garbage bin after use.
- Wash hands often with soap and water, especially after coughing or sneezing. Alcohol-based hand cleaners are also effective.
- Avoid touching eyes, nose or mouth. Germs spread that way.

If you or your child develops influenza-like illness, seek the advice of your family doctor as you would with any other illness. The seasonal influenza vaccine, which protects against the pandemic influenza strain as well as two other influenza strains, is now available free to eligible people. More information about the vaccine is available from the NSW Health Immunisation Unit's [vaccination page](#).

Previous vaccination with the pandemic influenza vaccine, Panvax® is not a barrier to also receiving the seasonal influenza vaccine.

---

**STUDY SKILLS TIP FOR JULY – Managing Stress and Relaxing**

**Seven Quick Tips to Help You Relax**

The daily demands of life, such as exams, peer pressure, and homework assignments, or the challenges of relationships, family, or not making it on a sporting team can lead to an overwhelming feeling of stress. What you need to learn is how to cope with these situations in order to live a successful, productive, and happy life. Here are some proven techniques to help you relax and eliminate stress from your mind and body.

1. **Eat in Moderation**
   Never skip a meal, especially breakfast. Breakfast replenishes your body and helps you start your day full of energy. Eat three main meals, and two to three snack meals a day. Eating five to six times in a day keeps your blood sugar levels balanced, giving you an overall sense of well-being needed for focusing on your tasks and responsibilities.

2. **Exercise Regularly**
   Regular exercise, at least three times per week for a minimum of 30 minute sessions, can virtually “soak up” stress chemicals in your body and help you to relax and even sleep better. Brisk walking, aerobic classes, swimming, bike riding, or jogging are great exercises to release stress buildup and relax your body and mind to either start or end your day right.

3. **Remember to Breathe**
   When you feel your body start to tense, especially in your shoulders, chest, and abdomen when faced with a stressful situation, stop and take a few deep, slow breaths. If you are entering into a stressful situation, breathe slowly and evenly, using diaphragmatic breathing. This is a technique where you focus your breathing on your diaphragm where your belly rises and falls with each breath. Diaphragmatic breathing allows you to calm your nerves and relax your body and mind as your attention is placed on your breath.

4. **Take a Time-Out and be MINDFUL**
   As you go through your day, take little breaks, about two to five minutes, to relax and unwind. Whether it’s sitting quietly, listening to relaxing music, or meditation, take a moment to place yourself in your own calm state.

5. **Pursue an Interest**
   Find something that you enjoy doing that is relaxing for you. When you find an interest that matches your personality, you can not only unwind and release stress, but engage your creativity in expressing yourself. This could be through painting, playing basketball, writing, playing a musical instrument, or signing up for a class that you have always been wanting to take.

6. **Have a Support Network**
   Create a support network of close friends or family that you can turn to in times of stress. Good and loving relationships are the key for your well-being and happiness. It makes you realize what is important in life and where your energies should be placed.
7. Avoid Bad Habits
When you are under stress, it is easy to turn to your established bad habits to deal with the stress. These habits are negative and will not take away stress, but only prolong it. The best way to avoid bad habits is to create new positive habits. Here is how to create a positive habit:

- Decide on the habit. Will you go for a walk each morning, go to the gym, or take time out to do something special for yourself?
- Decide on where and when you will do this new habit. Choose a time and place and continue this new activity for 3 months (it takes around 66 days to establish a habit).
- Reward yourself each time you do this new activity. You may simply take a moment to notice how good it feels.

This month’s tip is provided by Rocky Biasi from Human Connections (www.humanconnections.com.au) a secondary high school teacher and school counsellor currently in private practice. Rocky is a specialist in the field of peak performance and wellbeing. He has created a number of programs including his online wellbeing program: http://hcsmc.com/dl

Learn more this year about how to improve your results and be more efficient and effective with your schoolwork by working through the units on www.studyskillshandbook.com.au - our school’s access details are:

Username: blakehursts
Password: 186results
So You Have Exams Coming Up

Many students in the Senior years have a block of exams looming. What should you be doing now and in the holidays for Year 12 to be prepared for your examinations?

Between Now and the End of Term You Need to Focus on the Following:

1. **CLASS TIME:** Use every moment of every lesson to the full. Every moment you waste in class is time you will have to make up later. Plus it is not fair to others in the class.

2. **STUDY NOTES:** Work on and finish study notes. The more you can complete before the end of Term the better. It will give you more time to learn the notes and do lots of practice for the exams.

3. **ASK FOR HELP:** Ask your teachers about difficulty areas – reviewing the things you find hardest, and start topic-by-topic revision. Do this now while you have good access to your teachers and can ask lots of questions.

4. **PLAN FOR HOLIDAYS:** Year 12 put together a plan for the holidays. Get hold of past examination papers, study guides, essay questions, revision sheets. Ensure you have everything you need before the holidays start and you are clear on what you will be doing for your study.

   The best way to make this happen is every Sunday night; make a plan in your diary for what work you want to get done that week. If you make a plan it is much more likely to happen.

What Do You do in the Holidays to Prepare for the Exams?

1. **TIME:** How much time do you spend studying for the exams in the holidays? It will depend on many factors: how much work you did during the term; how confident you are with the work; how soon your exams are after the holidays, and what sort of marks you are aiming for. Most students in Year 12 would try and do a normal school day if it is a major block of exams, around 6 hours of study a day.

2. **STRUCTURE:** How should you structure your study during the holidays? Don’t start too late in the day; try and keep your sleep patterns fairly similar to how they will be in the exam time. The best way to structure your day is to initially spend an hour reviewing your study from the previous day. This will help to cement the information in your memory. Then have a break. Then do 2-3 hours on one subject. Have a break. Then 2-3 hours on another subject. Then you can have the rest of the night off! It is better for retention of information to spread out your study for each subject, rather than spend a whole day on one subject.

What Sort of Study Should You Be Doing?

**STEP 1 – ASAP Create some STUDY NOTES for each subject**

The first stage is making your own study notes. This forces you to work through all the topics, find the areas you don’t understand and spend time working through them. You organise the information in ways to make it easier to learn it and you reduce what you need to go through to study. Purchased study guides are great to help you structure your own study notes, but don’t let them replace the process of making your own notes – it is in the creation of your study notes that massive learning leaps take place. Use the information your teacher has given you about each specific exam and its content to help you keep adding to and improving your study notes.

**STEP 2 – ACTIVELY REVIEW the things you need to learn**

Once you have some decent notes, it’s then time to move into the next phase: LEARNING AND PRACTICE!!! You have to learn, understand and sometimes memorise the content, then you have to practise applying what you have learnt by practising the skills of the subject. Keep alternating between learning and practising. At first you may spend more time learning than practising, but as you start to move information to your long-term memory you’ll spend less time reviewing your notes and more time practising under exam conditions (especially doing past papers for 3 hours).

**STEP 3 – Do as many PAST EXAMINATION PAPERS as possible**

- Do all papers UNDER EXAM CONDITIONS (time limits and without looking at notes).
- Mark/Correct your work at the end, or ask your teacher to check it
- Ask for help on things you could not work out or didn’t understand.
- Add notes to your summaries about things you need to remember.
- After completing a past exam paper, do targeted revision to review areas you did not know.
- Improve your examination techniques.
Final Thoughts –

LEARN FROM YOUR MISTAKES AND FIX THEM
USE EVERY AVAILABLE BIT OF TIME – LIKE STUDY PERIODS
MAKE YOUR STUDY ACTIVE! DON'T JUST SIT THERE READING
GET UP-TO-DATE IN YOUR WORK AND NOTES AND STAY THERE
CONCENTRATE ON PAST PAPERS UNDER EXAMINATION CONDITIONS
GET YOUR NOTES AND STUDY MATERIAL ORGANISED AND COMPLETE
START STUDYING ASAP AS YOU CAN SEE HOW QUICKLY TIME GETS AWAY
MAKE A FIRM DECISION AS TO HOW MUCH TIME YOU WILL ALLOCATE TO STUDY & STICK TO IT

Mr B Lester
Principal
DEPUTY PRINCIPAL’S Report

My Introduction to BHS
I have been at Blakehurst High School for several weeks now and am enjoying the spirit and energy of the school. The staff are extremely hard working and proactive in providing engaging and motivational lessons for all students whom I have found to be respectful young ladies and men, proud to represent their school.

This term and my first day at the school began with a very productive Staff Development Day where all staff participated in an Aboriginal Cultural Awareness workshop and were also updated in CPR procedures. Mr Lester began the process of staff inclusion in the new school plan which will be executed over the next three years, 2015-17. We are fortunate that the staff here are always willing to participate in new initiatives and update their training to ensure that best the practice in education is at the core of our planning.

Uniform and Attendance
As has always been the practice at Blakehurst High School, staff continues to be vigilant in the maintenance of established procedures for uniform and attendance, and while some students still struggle with appropriate apparel and getting to school, it is a pleasure to report that the majority are meeting the requirements as set out by the school.

I have begun to assess the attendance data, especially of Years 10-12 and I am interviewing all students who fall under the required 85% attendance rate. On assembly I also clarified the process students need to follow if they are ill during the day. They are to report to me initially before going to the office staff who will then contact parents and ensure the student is correctly signed out. This process confirms our duty of care is adhered to and if there is an emergency or evacuation drill we can account for all individuals. I appreciate the efforts of parents in ensuring their child’s attendance, presentation and behaviour all meet the expectations of the school and the wider community.

Subject Selection Evening
I was impressed to see so many of our families attend the recent Subject Selection evening where Years 8 and 10 students and parents were presented with information that allows them to make the appropriate choices for study as they move into 2015. This process is a collaborative effort where school and home work together to ensure every student is well catered for and his/her abilities and interests determine their subject choices. This evening also offered me the opportunity to meet some of our families for the first time and gauge the interests of our student population.

Year 12 Trial HSC Exams
The Year 12 cohort has recently completed their Trial HSC exams and are now in the final stages of their high school studies, heading towards the HSC. Their teachers are busy marking the exams to give constructive feedback as students hone their final preparations and study timetables. I encourage all Year 12 students to use their time left at school wisely, to devise a study program they can realistically maintain, to speak with their teachers about areas of their course they may need more support with and do as many practice papers as they can to familiarise themselves and develop their confidence in being able to meet the time restrictions of each paper. I know the staff is very diligent and would happily give up any time for students who show a willingness and need for more support and guidance. We will farewell this group of students at the end of term at their graduation ceremony and will soon induct a new cohort of student leaders as the Year 11 Prefects step up to take over their new roles.

SRC Trivia Night
The SRC, under the leadership of Ms Ware, are holding a Trivia night on 15 August, an event I’m very much looking forward to. I’ll be joining Mr Lester and Mr Ovens team, and although they tell me they haven’t been highly successful in the past, we’re hoping this is the year we claim victory. Of course, winning isn’t the priority, our main objective is to support Ms Ware and our SRC, as the organisation and execution of events such as this are crucial to the forging of strong relationships that in turn lead to a harmonious and collaborative school community. The bonus is the enjoyment and entertainment that prevails as teams challenge each other and staff display their competitive streaks.

I look forward to meeting more families as the second semester unfolds and ask that you don’t hesitate to call if there is an enquiry or concern I can help you with.
DRAMA

Year 12 Drama have been busily preparing for their forthcoming HSC Practical Examinations to be held at school on Thursday 21 August 2014.

The Group Performance component of the course sees each student collaborating with a group in devising a piece of original theatre based on a given theme or concept. Both groups are currently working to perfect their stage craft and are looking forward to showcasing their final work to a school audience in the next week.

This showcase event will provide our HSC students with an opportunity to engage with an audience, which is an essential skill in Drama.

I wish our Drama students the very best of luck as they embark on their journey towards the big day! I am very proud of you all and wish you every success now and into the future.

.....Sophie Shaw
.....Drama Teacher
Year 12 Textile and Design Major Projects 2014

Our Year 12 Textiles and Design students of 2014 have outdone themselves this year with their Major Textile projects. Each project is unique and many hours of hard work have gone into the making of these exquisite projects.

Each of our students started out with a concept in mind and with the assistance and guidance of their Textiles teacher, Mrs Allen, each concept was refined. After many months of hard work and long hours, they handed in their final projects on Monday.

We are extremely proud of each of our Year 12 Textiles students and the work they have put in to their projects. The invaluable assistance and guidance from their teacher, Mrs Allen is also greatly appreciated.

Mrs N Dexter
Head Teacher TAS Home Economics
Ski Trip 2014
July 27 - July 30

The 14 hours travel to Jindabyne and back was probably the dullest part of the trip, and even that had its moments. The Ski Trip this year was definitely something to remember: horror movies, seemingly endless ping pong battles and, well, skiing, all mixed in with a sufficient supply of junk food from Woolies, managed to make the Ski Trip amazing, tiring and disappointingly short, all at once.

We left from the school at around 9:50 and began on the wonderful 7 hour drive to the lodge. We hired all of our gear, had dinner and began a nightly tradition of ping-pong and movies. The next day we established our morning routine of: packing our day packs, having breakfast, loading the bus and hitting the slopes. Each day we had a 2 hour lesson in the morning and between 2 and 4 hours of free time every afternoon. During this time we went back to the lodge to dry our wet ski clothes, get changed into wonderfully warm clothes and head down to the main part of the lodge to have dinner as a group. After that we would battle it out on the ping-pong table and watch a horror movie, with the exception of Napoleon Dynamite on the first night...

On the last afternoon of the trip we returned our equipment, changed into dry clothes and began the wonderful trip back to Sydney. Once again there was an almighty Maccas stop, complete with family meal between 2 people and viewing of Olympic Games. Just like that the trip had come to an end. From throwing snowballs at an unimpressed Mrs. Wiryakasuma and watching my friends somehow go headfirst into a fence, to the fierce ping-pong battle and late night discussions, this was easily the best school trip I have ever been a part of. A big thanks to Mr. Slater and Mrs. Wiryakasuma for making the trip so smooth and enjoyable, as well as everyone that came for making it one of the funniest trips I've ever been on.

......Steven Ribaroski

Mr P Slater
Head Teacher HSIE/Ski Trip
Interact Cupcake fundraiser for

As a result of the very successful fund-raiser held in June by our Interact Team for the Children’s Hospital in Randwick, a Team of Year 11 students have decided to keep the momentum going by setting themselves a goal to raise $5,000. They have named this endeavour *Project 5K* with money donated to go to assist children like Danielle who have been diagnosed with serious illnesses.

The students are asking everyone to get behind this cause not only to raise money but to show children like Danielle who are now not able to attend school, that we are still thinking about them and that they have the support of not only their peers and teachers, but also the wider community.

*Project 5K* greatly appreciate the large amount of support received by students, teachers and the public. Please help us drive this organisation by giving to a good cause.

If you would like to make a donation please ring Blakehurst High School on 9546-3281 and simply mention that you would like the money to go towards *Project 5K*.

Dear Teachers and Students.

On behalf of Danielle and my family I would like to express our heartfelt gratitude for the recent cupcake fundraiser organised by the students and staff.

The day was such a wonderful success and we’re very proud of the school’s activities regarding Project 5k. It makes us so happy to be part of such a caring and loving community that supports one of its own when times are tough.

This journey of ours has been very difficult; but please know that your kind actions have helped lighten our load.

.....Kind regards
Saadie Family

Ms R Evangelinos
Year 11 Year Adviser
News from SCIENCE

Poster Competition - Year 7 and 8 students are invited to create posters based on this year's theme "Food for Our Future - Science Feeding the World". Prizes galore.

Museum Visit - Mr Hewetson is taking his Year 10 class to the Australian Museum to experience the hands-on Chemistry Workshop and a Scientific Expo.

Wollongong Science Centre - 8SF and 8SG are visiting the Science Centre where they'll experience the Planetarium and enjoy the Liquid Nitrogen Show. 8SA and 8SK will visit in Term 4.

Questacon - Year 10 are looking forward to their Canberra Science Experience on the 12th September.

What are students learning in Science?

YEAR 7 - Students are enjoying a chemistry based topic called "Fizz, Wizz, Pop". They will learn about the layers of the atmosphere, and the tests for gases, including the pop test for hydrogen.

YEAR 8 - Students are about to begin a topic called "Space Rocks". In this topic, they will make honeycomb pumice and rocky road conglomerate rocks (to eat!!).

YEAR 9 - The current topic is called "In the beginning", and this topic looks at The Universe and how it formed. It also explores movements in the Earth's crust, including volcanoes and earthquakes.

YEAR 10 - This semester, students have been studying a physics based topic called "Science in Our Lives." As part of their learning, students created a battery using a lemon. When three lemons were connected in series, they made a LED light glow.

Year 8 and their "Space Rocks"!
Year 9
"In the Beginning"

Year 10
"Science in Our Lives"

Year 8 - Electrical Conductivity of the Elements
Science Competition 2014

Last June, 110 BHS students took part the ICAS Science Competition—an International competition set by the UNSW, and which aims at assessing participants on a range of science-related skills.

This is BHS fourth consecutive year in the competition. This year the results have been exceptional, with BHS performing significantly above state average in the majority of the forms and more than half the school's participants receiving an award in the competition, be it a Distinction (8), Credit (39) or Merit (16).

The results are as follows:

**Merit (top 46-36%)**

*Year 8:* Bianca Cao, Abdul Hallak, Alifa Monjur, Ria Stephenson, Chris Wang, Orvella Winarta

*Year 9:* Sandy Ng, Yehya Bazzi, Geeann Li, Tommy Nguyen, Sidney Radwan, James Shin.

*Year 10:* Steven Ribaroski, Jack McDonnell, Philip Naumoski.

*Year 11:* Qiwen Lei
Credit (top 26–16%)

Year 7: Natasha Ow, Polina Pavlenko, Robert Shopov, Cyrus So, David Su, Anna He, Brianna Fitzmaurice & Emily Wong

Year 8: Noah Du, Janet Lie, Andito Amperman, Lachlan Chan, Nicole Harrington, Daniel Horvat, Sally Ibrahim, Olivia McDonnell, Ahmad Oliek, Narissa Tan, Nehal Usman, Sunny Wong, Kathy Xu.

Year 9: Celeste Trpkoski, Nathan Driscoll, Caitlin Su, Annabelle Wong, Meggie Yao

Year 10: Richard He, James Downie, Daniel Hardy, Liam Judd, Harley Lee, Kent Liao, Aleksandar Petkovski, Gordon Qian, Michael Qin

Year 11: Krystal Cheu, Yiqui Yang, Eleni Chen.

Year 12: Alex Fang

Distinction: (Top 11%)

Year 7: Hayley Jiang, Anthony Watt-Smith, Wei Hang Zhang, Swikriti Maharjan

Year 10: Carter Miles


Congratulation to all participants for such commendable results. Many thanks to the Science Department, Head Teacher and Staff, for all the extra work invested in preparation.

Distinction Recipients
Sue Chong, Luke Auciello, Eugenio See (Year 11)
Wei Hang Zhang, Anthony Watt-Smith (Year 7)
Swikriti Maharjan, Hayley Jiang (Year 7)

Consistent Achievers
Alex Fang (Year 12)
Nathan Driscoll (Year 9)

To receive an Award in the ICAS Science Competition is an achievement in itself, given the challenging nature of the paper. To receive Awards for three consecutive years, on the other hand, is an accomplishment to be proud of—nothing short of a feat. Blakehurst High School would like to congratulate Alex Fang (Year 12) and Nathan Driscoll (Year 9) for consistently receiving awards since first taking part in the competition in 2012. Well done, boys. Keep up the excellent work.

......K Estephan
......Science Teacher

Mrs O’Brien
Head Teacher Science
On Thursday the 27th of July a group of Year 9, 10 and 11 students were selected to attend the P.A.R.T.Y. excursion. Not a social gathering to which people are invited in order to enjoy themselves and celebrate. Something better!

P.A.R.T.Y stands for Prevent Alcohol & Risk Related Trauma in Youth run by Royal North Shore Hospital. The program is for students between 15-19 years old and aims to reduce the grossly over representation of young adults in trauma statistics. In 2012, 15 per cent of youths between the ages of 15 to 25 years presented to NSW hospitals with severe trauma injuries.

International studies have shown that exposing these students to the consequences of risky behaviour resulted in a decline in risk related injuries. The program gave us an insight into real life examples of the traumatic and often preventative consequences of risk-related behaviour leading to life changing injury or death. Throughout the day we visited many wards of the Hospital and met various people on all sides of risk related trauma.

In the first part of the day we were spoken to by a police officer who described to us the emotional impact such trauma can have on everyone associated with it (including himself). A doctor specialising in burns detailed the various health issues and damage (through gruesome pics) that can result from risk related activities. In particular we learned that alcohol and fire are a dangerous mix and we need to watch out for our mates at BBQ’S and bonfires.

A nurse told us the daunting fact that we are all going to witness or experience trauma in some shape or form in our lives and that the best way to prevent trauma is to stop, think and assess the risk. We also got to visit various trauma wards in the hospital and had the chance to role play being a trauma patient or the mother and father, as a Doctor ran us through the procedures and equipment that would be used on a patient in emergency. We all had to consider how our parents and friends would feel if this happened to us.

After that we visited the rehabilitation ward, where Physiotherapists and Occupational Therapists gave us the opportunity to see firsthand how difficult every day activities would be if we were in a wheel chair or incapacitated in some way. For example taking a bath or going to the toilet. We also met with someone who deals with organ donation and she showed us the positive impact that organ donation has on people living with organ failure and busted myths surrounding it such as, if you donate your organs your body is cut opened, stripped and forgotten about. She also told us how easy it is to become a donor and introduced us to a former patient who had received an organ and how her life was changed dramatically.

The most emotionally challenging and confronting part of the day was when we were introduced to a young guy whose life was changed forever as a result of a toxic mix of alcohol, violence and an unexplained fall from a 3rd floor balcony. He is a paraplegic, and spoke to us about his life now that he is confined to a wheelchair. He can spend only 2 hours a day out of bed due to chronic pain. His story resonated long after the day was over.

We all had a lot to think about after this day and would recommend this excursion to any students offered the opportunity to attend next year.

.....Kelly Abrakasa
Year 11
2014 National Adolescent Vaccination Program...

- Visit 1 - March 7, 2014
- Visit 2 – June 6, 2014
- Visit 3 – October 24, 2014

**Vaccinations All Year 7**

- **Visit 1** 07/03/14
  - Diphtheria/Tetanus/Pertussis booster vaccine
  - (HPV) Human Papillomavirus Vaccine

- **Visit 2** 06/06/14
  - (HPV) Human Papillomavirus Vaccine
  - Varicella Vaccine (chicken pox)

- **Visit 3** 24/10/14
  - (HPV) Human Papillomavirus Vaccine

**Vaccinations Year 9 Boys Only**

- **Visit 1** 07/03/14
  - (HPV) Human Papillomavirus Vaccine

- **Visit 2** 06/06/14
  - (HPV) Human Papillomavirus Vaccine

- **Visit 3** 24/10/14
  - (HPV) Human Papillomavirus Vaccine
  - (includes catch-up if missed Visit 1 & 2)

**Vaccination Catch-Ups Year 8**

- **Visit 1** 07/03/14
  - Those who have an incomplete HPV course that was commenced in Year 7 2013

- **Visit 2** 06/06/14
  - (HPV) Human Papillomavirus Vaccine ‘catch up’ for students who missed any vaccination in Visit 1
On Friday August 1st Year 10 students were very fortunate to have the opportunity to listen to Tony Hoang. Tony is a survivor of a life of gangs, drugs and violence, who has since turned his life around to become a loving husband, doting father and dedicated mentor.

Tony shared his very graphic real-life stories of the destructive lifestyle he led as a drug dealer, gang leader and heroin addict in Cabramatta. Tony joined a gang and started dealing drugs at 13, was in jail at 14 and lost his best friend to an overdose at 16.

“I was one of 10 children in a refugee family with an abusive father. All I really wanted was acceptance and to belong, and the gang offered me that. I got what I thought I wanted but it came at a great cost.” Mr Hoang said.

Mr Hoang was almost gunned down by a rival gang at 19, and by the time he reached 21 years of age, six of his friends were dead. "At that point I knew I needed to change or I would end up dead or in jail again," he said.

Tony impressed upon the students that the gang lifestyle as portrayed in movies and on TV does not reflect reality.

Students were absolutely spellbound during the hour long presentation. They gained an insight into the harsh realities of drugs and gang life. More importantly they were inspired by the message that it is never too late to turn your life around. Tony impressed upon them the importance of having a vision and striving to achieve it. He was a funny, warm and brutally honest speaker who had an impact on all who attended.

Mrs J Smith Welfare Coordinator
News from the LIBRARY

Last chance for Premier’s Reading Challenge. Your completed and signed reading logs should be handed in to either Mrs Alchin or Mrs Larson by August 22nd.

At this time the following students have completed the challenge and returned signed logs. Congratulations to these students!

**Year 7** Polina Pavlenko, Phoebe Tao  
**Year 8** Angela Assi, Sophie Bi, Caitlin Burmuzoska, Bianca Cao, Sally Ibrahim, Melissa Puckeridge, Jee Su Shin, Shivani Singh, Kelly Su, Aya Tanana, Jade Campbell Mohammad Farran, Maysa Sabsabi, Maysa  
**Year 9** Nadia Affouf, Arij Ebeid, Sandy Ng,

Children’s Book Council Awards Short list.  
Looking for something to read for DEAR?? Why not try some of the short listed books?

These are the nominations for Book of the Year for Older Readers

- **The Incredible Here and Now** Michael is going through the hardest year of his life. Join him as he wals the streets of Western Sydney, endures school & finds his first girlfriend.

- **The First Third** “The relationships in this novel are gems. Funny dialogue and wonderful characters”

- **Wildlife** Boarded for a term in the wilderness, 16 year old Sibylla expects the gruesome outdoor education program-but friendship complications and love that goes wrong? They’re extra-curricular.

- **Life in Outer Space** – Sam Kinnison is a geek, and he’s totally fine with that. He has his horror movies, his nerdy friends, World of Warcraft — and until Princess Leia turns up in his bedroom, he doesn’t have to worry about girls. Sam believes that everything he needs to know he can learn from the movies…but now it looks like he’s been watching the wrong ones.

- **Fairytales for Wilde Girls** There is a dead girl in a birdcage in the woods. That’s not unusual, but when the girl appears at Isola’s window, her every word a threat, Isola needs help. Isola needs to uncover the truth behind the dead girl’s demise and appease her enraged spirit, before the ghost steals Isola’s last breath.

**The Sky to Heavy** Set in a “nuclear winter”, Fin and his younger brother wake to no internet, no phone, no TV, no power and no parents.

Mrs Alchin & Mrs Larson  
Teacher Librarians
Can your Students Climb Sydney’s Tallest Building?

We would love to invite your students to be part of the ‘School’s Challenge’ at this year’s Sydney Tower Stair Challenge on August 24. This is a great chance for teams of 4 to take on the 1504 stairs from Pitt Street Mall to the Observation Deck at the Sydney Tower Eye. **Participants have to be 12 years or older.** Each stair climbed will assist Giant Steps who operate a school and intervention service for children and young people (2-20) who have been diagnosed with Autism Spectrum Disorder. For more information and to register simply go to www.active8change.com.au. Alternatively you can contact Steve Corrie at Active8Change on 0439 975 759 for specific event day information or Michelle Jocum at Giant Steps on (02) 9879 4971.

Technology NEWS

**Year 12 laptops**

A reminder that Year 12 laptops need to be returned to school before the end of Term 3. You have two options for your laptops.

**Option 1**

You may choose to donate your laptop to the school. If you would like to do this please remember to bring your charger in as well. The laptops will then be available to be used by students in junior years at BHS. In the past, we have also donated some of these laptops to local primary schools. In anticipation, thank you.

**Option 2**

If you would like to keep your laptop, it needs to be “unlocked” for your use after your life at BHS. Please download, print and read the pdf file available from this link: http://goo.gl/F9hw7h. You must bring the first page of this document signed, with the laptop, to Mr Foster in the Library. Please make sure you have read and followed the instructions given in the document.

**BYOD (Bring your own device)**

Following our trial of BYOD last term, we have decided to extend the policy to all students in the school. Students wishing to bring their own device to school to use must ensure that they and their parents have read both the School Policy and Student Agreement carefully. The Student Agreement must be signed by students and parent, and returned to school before students begin to bring their own device.

Please note a mobile phone is NOT considered a device for use in the classroom under our policy.

**Thank you**

Mrs Alchin
Technology Committee
LOTE Report

Year 8 CARNEVALE Day

At the end of Term 2 all Year 8 celebrated Carnevale a popular festival celebrated throughout Europe. Students learnt about the festival in their Language classes and created masks that they wore at the afternoon international disco. They commenced the day with some Latino dancing which was followed by pizza, spring rolls, souvlaki and gelato. The finale to the day was the disco where each student's mask was judged and the best five masks were awarded a prize.

All the Languages staff wore masks thus adding to the fun and spirit of the day. Mrs Huang and Mr Digiacomo showed us their dancing skills and might I say they were very competent dancers. A huge thank you must go to the LOTE Staff who worked tirelessly not only preparing the students for the day but also on the day.
**Bastille Day**

All French students celebrated a late Bastille Day due to Ramadan. They learnt about the French Revolution and the storming of the Bastille. On the day they enjoy Des Glaces and had a lot of fun practising their speaking skills by ordering them in French.

A big thank you to the Year 10 students who sold the ice-creams on the day.
Yr11 Excursion to Museum

On 4th of August, 2014, organised by Miss Lao and Ms Chen, 45 students in Year 11 Chinese classes had an excursion to the Museum of Sydney for the exhibition: Celestial City – Sydney’s Chinese stories. The excursion was connected to the HSC theme: Chinese Communities Overseas.

From the pictures and their stories, students learned how the earlier Chinese migrants struggled for survival during the Gold Rush period and, the great progress of Australia from the Pure White policy to our current multicultural society. Our students took detailed information during the excursion which prepared themselves for their Assessment Task 3: Interviewing earlier Chinese migrants in the last century. Many students commented after the excursion. “We learned so much from the exhibition.”

....Xiao Chen
....Chinese Teacher
The Year 11 Japanese class celebrated the end of Term 2 with an excursion to "Daruma", a Japanese restaurant in the city. This is a fun restaurant to visit as the owner only speaks to us in Japanese and the food is reasonably priced and very tasty.

We followed up with some window shopping and a few purchases of Japanese sweets at the Daiso variety store that sells an amazing range of Japanese products.

おいしくてたのしかったです。
また行きたいですね

...Judy Smith
.....Japanese Teacher
The continued development of English programs for the New Curriculum has been supported by ongoing professional learning opportunities by the English staff. Ms Lambert participated in a statewide project which produced resources to enrich the new syllabus.

Ms Lambert Shares her Experience...

"I was selected to participate in a NSW state-wide project, during Term two. This project involved the creation of resources for conceptual programs for the National Curriculum, specifically in relation to the development of Intercultural Understanding. It was a wonderful experience: I worked with a variety of teachers from NSW Primary and High Schools and was able to gain a deeper understanding of the requirements of the National Curriculum. The resources that were developed as a result of this project are available at the Henry Parkes Equity Centre for teachers throughout NSW to borrow in order to assist students to achieve outcomes."

Debating News...

Throughout Terms 2 and 3, the Blakehurst High School Year 8 Debating Team was busily training for the competition rounds of the Premiers Debating Challenge. Students were issued with the debate topic on the day of each competition and were allocated one hour to complete their preparation for the event.

At this stage in the competition, our students have won their first of two rounds and are yet to complete the final stage of the Challenge. All of our debatoers were eager to compete in the competition and were exceptional representatives for our school community.

We wish the students every success in their final round of the Challenge and look forward to competing in other competitions in the coming year!

.....Ms Sophia Shaw
.....Year 8 Debating Coach

Year 8 English Author Study Book Reviews

Nanberry, is only one of many award winning novels composed by Jackie French. In this book, a young Aboriginal boy is adopted by a white settler after losing his family to a disease brought upon them by the English. Once he is adopted he must learn the English ways, and forget his Aboriginal heritage. This results in his loss of identity and he becomes torn between two cultures, both of which he feels as though he does not belong. He feels that whichever path he chooses no one will accept him.

Jackie French composes the characters in this book so well that they become real to us. We come to understand what they look like, what they feel, and what they think. Nanberry, the main character, is a thoughtful, respectful, and brave young man who becomes torn between who he really is as an individual.

I enjoyed reading this book because it has taught me a lot about discrimination, identity, loss, and some parts of Australian history I never knew about. It is a sad story but has a strong moral behind it, sending me a message that could relate to my life. Nanberry certainly was one of many amazing books by Jackie French, and learning about it was a great opportunity.

.....By Kaitlyn Trajcevski
Hitler’s Daughter, composed by Jackie French, is a book that provokes the reader’s feelings and provides them with a deep and intricate understanding of the emotional trauma that the children living during World War 2 faced. The book is set in the past and present, with a group of children meeting everyday under a bus shelter to listen to stories. One of these stories is the story of Hitler’s Daughter, who is named Heidi.

The book follows a group of children named Mark, Anna, Ben and Little Tracey. During a rainy day waiting for the bus underneath a bus shelter Anna begins to tell the story of Hitler’s Daughter. Heidi lives in an isolated house with her caregiver, Fraulein Gelber this illustrates the theme, identity. Heidi is separated from society because of her identity, she has no friends and her own father is ashamed of her because she has a scar on her face and has brown hair. Hitler wanted her to be the perfect German, with blonde hair and blue eyes. She calls Hitler ‘Duffy’ instead of father because she is not a perfect German. Her father buys her dolls with blonde hair and blue eyes and she cries at night because they’re beautiful and she is not. She is isolated from everyone else not only because she is Hitler’s Daughter but because her father is ashamed of her.

“If she looked like the dolls he would have let her call him Father.”

The reason why this book is so successful is because no-one really knows if Hitler really did have a daughter, and even if he did he would keep her existence a secret to avoid the Allied forces from blackmailing him. This leaves an aura of mystery and the reader has to choose whether they believe that she really existed. The story is so deep that it made me believe that Hitler did have a daughter.

In conclusion, ‘Hitler’s Daughter’ was a brilliantly written book that showed a different perspective to World War 2 and makes the reader really think about how they would feel and what they would do in such a situation. I give it 10 out of 10.

.....by Jordan Liang
Pennies for Hitler

‘If hatred was contagious, perhaps kindness was too.’ Pennies for Hitler, written by Jackie French and first published in 2011, challenges perceptions and prejudices by looking at the events of World War II from the perspective of a young boy called Georg. Georg is part German and English with Jewish ancestors, living in Hitler-dictated Germany. Pennies for Hitler covers a wide range of themes such as hatred, fear, kindness, family loss, identity and prejudice.

Georg is the son of an English academic and German woman, living in Germany during WWII. Georg’s father is killed at a Nazi demonstration after being accused of being a ‘Juden’ or Jew. Georg is then smuggled out of Germany to London and across dangerous enemy seas to Australia. Georg witnesses what hatred and prejudice can do to a nation and its individuals. He is made to believe at his school that only pure Aryan people deserved to live in Germany, under Hitler’s rule. Witnessing his father being inhumanely murdered by Hitler’s youth members is traumatic but Georg is also confronted with the truth that he is not truly Aryan. He did not possess a “perfect Aryan head”, as his teacher said he did, as he had Jewish ancestors. Georg is separated from his mother to protect him from danger and is hidden in his Aunt Miriam’s flat. He then experiences the terrifying London bombing and travels across dangerous seas to Australia at the end of the world.

This novel definitely highlights the damage hatred causes to individuals, families, communities and nations. Although hatred is a common theme throughout, the story also demonstrates that people can be kind and love others no matter what background they are. For instance, when strangers adopt Georg and eventually find out that he is German and not English they still wanted him as their child as they loved him very much and did not care what his background was.

Jackie French gains the responder’s attention immediately. Her characters and the course of events that change their lives communicate her ideas to the reader. Georg, a brave, obedient and considerate boy is finding his life extremely hard. Revealing his identity to all those around him is impossible and in order to remain safe he must pretend to be someone else. This use of character clearly highlights one of the major themes used, which is identity. Jackie French’s choice of language techniques also effectively conveys the plot, making it very interesting for the responders.

Pennies for Hitler in my opinion, is brilliantly composed as Jackie French has expressed her ideas eloquently. Jackie captured my attention for the whole novel. It is one of those novels that one can just not put down. She presented the lives of children in life-threatening situations with amazing detail. This novel is written so well that readers will truly experience the impact on life, for children, during WWII.

Pennies for Hitler was a worthy choice for our author study.

Mrs J Hinson
Head Teacher English
Welcome and Farewell!
The Maths faculty is full of welcomes and farewells!!!

Last Newsletter we let you know that Linda Qiu has moved to Hurstville Boys High School. Replacing Linda for at least Term 3 is Linda King. Miss King brings a wealth of experience into the staffroom and has made an immediate impact in the classroom.

Long term member of staff Kristen Blair is about to enter maternity leave. It has been a fascinating and hilarious time watching her grow (especially when the students didn’t seem to notice!). We wish Kristen a straightforward birth and many hours of continuous sleep.

Returning from maternity leave and taking Kristen’s classes is Jo-Anne Louey. She’s back 3 days a week (and is sharing with experienced Maths teacher Mike Scotland in Term 3). It’s fabulous having her back in the staffroom and the “welcome back” smiles from students have been lovely.

Term 3 Maths Exams
For your diaries… These dates are also available on the school website.

7B, L, E & H: Monday 18 August
7A, K: Tuesday 19 August
Year 8 (already done)
Year 9: Tuesday 2 September
10M3, 4: Wednesday 3 September
10M1, 2, 5, 6: Thursday 4 September
11 General and Mathematics: Thursday 14 August AND yearly in weeks 8/9/10
11 Extension: Monday 18 August AND yearly in weeks 8/9/10

Australian Maths Competition
This annual competition was held nation-wide in early August and over 90 Blakehurst students participated (with a particularly high participation from Year 7, well done). We’ll put in the highlights of results when they are received later this year.

Mrs A Peachey
Head Teacher Mathematics
From the CAREERS Adviser...

Western Sydney Careers Expo:

On Friday 20th June Year 11 Year Adviser Ms Evangelinos and I travelled to the Western Sydney Careers Expo at Sydney Olympic Park with sixty year 11 students. This was a wonderful opportunity for students to collect valuable information and gain a better understanding of their future career options and study pathways. There were over a hundred and forty five exhibitors at this event with representatives from:

- Universities, TAFE colleges and training providers
- employers and employment services
- careers counsellors and advisers
- organisations with apprenticeship information and opportunities
- providers of work and study skills options
- providers of HSC resources, lecture programs and information services
- student support services
- providers of international exchange and gap year programs

As well as visiting the exhibitions students had the opportunity to experience live music and cooking demonstrations by industry professionals. In addition students had the option of attending seminars on such topics as:

- preparing for the workplace- top tips to put you ahead of the rest
- getting your dream job
- a career in game design and 3D animation
- early University entry and bonus points
- applying through UAC and the ATAR
- stress free HSC- top tips for students

Overall the day was a tremendous success, students had a great time and left with a better understanding of the many available study pathways and career options.

Yamaha Student Grand Prix:

On Thursday 31st of July 2014, I travelled to Yamaha Motors at Wetherill Park with the two Year 9 Yamaha finalists, Emmanuel Shemeza and Sidney Radwan, for the Yamaha Student Grand Prix. The two participants were joined by four students from South Strathfield High and Peakhurst High Schools. Each participant was given a variety of mechanical tasks to perform on motor bikes and boat engines.

This was an excellent opportunity for students to develop their mechanical skills and gain a better understanding of the industry. Although the overall winner was a student from South Strathfield High School, the results were very close and Sidney and Emmanuel did an outstanding job representing Blakehurst High.

Congratulations boys! Later this year there will be further opportunities for Blakehurst High students to participate in more Yamaha events.

Ms Lisa Evers
Acting Careers Adviser
**PDHPE Faculty Report**

**Year 12**
HSC trial exams have now been completed and I hope that students have revised and studied hard and will gain the results that they deserve. Even though the HSC is only a short time away students can still make a very real impact on their knowledge by revising and studying the areas of work that teachers have been so meticulous in teaching.

Good luck over the last few weeks of your school life and into the future. Remember that your PDHPE teachers are your best resource and that they are only too willing to assist you in any way to achieve your best possible result.

Sport Coaching students are also completing the last required competencies and work placements. At this stage all students completing this course will attain the Certificate II in Sports Coaching which may be of benefit in attaining placement at TAFE and providing opportunities for advanced standing.

The Sport, Lifestyle and Recreation class has enjoyed a mix of theory and practical work with the students gaining invaluable knowledge about nutrition and healthy lifestyles as well as participating in a variety of sporting activities and pursuits.

**Year 11**
The 2 unit classes are coming to the end of the Preliminary course with final exams in the last two weeks of this term. All students should be summarising and revising all course work to ensure the best possible results. Even though preliminary course work is classified as “assumed knowledge” it is essential to know and understand this content to be able to build on and develop the understanding of the various concepts taught in the Year 12 course. The HSC course starts at the beginning of Term 4 and it is essential that students attend all lessons and complete all work as directed by their teacher to achieve the best possible outcomes at the end of Year 12.

Sport Coaching and Sport, Lifestyle and Recreation students are all working well towards completing the outcomes for semester 2. Sport Coaching students must complete the 35 hour work placement before the end of Term 3 to qualify for Certification.

**Years 7 to 10**

<table>
<thead>
<tr>
<th>Yr</th>
<th>Theory</th>
<th>Practical</th>
<th>Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>Protective Strategies Handling Challenges</td>
<td>Includes: Oz tag, Softball, Soccer, Basketball, Volleyball</td>
<td>Harm Minimisation Campaign Stress Management Techniques</td>
</tr>
<tr>
<td>9</td>
<td>What's the Bid Issue Active for Life</td>
<td>Includes: AFL, Netball, Oz Tag, Slider Hockey, Volleyball</td>
<td>Blooms Task on Drug Information for Young People SEPEP</td>
</tr>
<tr>
<td>8</td>
<td>The Mind, Body &amp; Spirit Risky Business</td>
<td>Includes: Soccer, Hockey, Netball, Cricket, Basketball</td>
<td>The Amazing Race The Band Research Task</td>
</tr>
<tr>
<td>7</td>
<td>Important Issues for Young People Summer safety</td>
<td>Includes: Indigenous Games &amp; Activities, Soccer, Volleyball, Cricket, Ultimate</td>
<td>Standing Up for Yourself Anti Bullying Campaign Fitness Testing Assessment</td>
</tr>
</tbody>
</table>

**Just a Reminder for Parents/Caregivers**
...that it is COMPULSORY for your child to change into his/her PE gear for all practical lessons.

If your child cannot participate in a practical lesson he/she must be provided with a note explaining why, including illness or injury.

---

Mr A Yelavich
Head Teacher PDHPE
With Winter Grade Sports coming to a close, many Blakehurst High School Teams are in very promising positions to make the Semi Finals and progress through to the Grand Finals. The Semi Finals are scheduled for the 13th August and the Grand Finals a week later on the 20th August. At the completion of the Winter Grade Sport competition, students will return to their Summer Sport on the 27th August.

Cross Country
On Friday 18th July, we had one student represent Sydney East at the NSW All Schools Cross Country Championships. This was held at Eastern Creek Raceway and it was a great achievement by Max Poulter (Yr 8) to perform so well. Congratulations to Max. His result is as follows:

- Max Poulter 20th - U/14 boys

Unfortunately for Dylan McCuaig-Walton, this was at a crucial time in his preparation for the HSC Trial exams and therefore he could not compete. I want to personally congratulate Dylan on his achievements this year whilst balancing his academic studies and sporting endeavours. Dylan, you are a wonderful role model for all of Blakehurst High School and the wider community. Congratulations!

Athletics Carnival
On July 31st & August 1st, the Regional Athletics Carnival was held at the Sylvania Athletics Track. With a record number of students making it through and representing the St George Zone, we had two students who have qualified for the NSWCHS Athletics Championships to represent Sydney East. These students are as follows:

- Tamara Milacic
- Julia Giavincevski – 1st 800m, 1st 1500m

Unfortunately for some of our students, only the top 2 qualify for the NSWCHS carnival, but it was a wonderful achievement by all these athletes and I wish the qualifiers all the best. Congratulations to the above students and we wish them the best of luck at the NSW Athletics being held at Sydney Olympic Park Athletics Centre on Thursday 4th to Saturday 6th September.

St George Oz Tag Competition
On Tuesday 17th July, Blakehurst High School entered the annual St George Oz Tag Competition held at Scarborough Park. It was a sunny day and all students played their hearts out and represented the school with such pride and really did our school proud. I wish to acknowledge the staff that were there on the day; Ms Grima, Mr Smith and Ms Berrett and thank them for their committed assistance. Blakehurst teams performed exceptionally; and their results are listed below:

- Year 7/8 Girls – Semi Finalists
- Year 7/8 Boys – Semi Finalists
- Year 9 Boys – Quarter Finalists
- Year 10 Boys – Runners Up
- Year 9/10 Girls- Runners Up
- Year 11/12 Girls – Runners Up

Congratulations to all these students who played on the day.

Trampolining
Congratulations to the following girls for their qualification and representation in the Sydney East Trampolining Team, to compete at the NSW Trampolining Championships.

- Ashley Autard - Yr 11
- Rebecca Gray-Schwarz - Yr 11
- Melinda Gray-Schwarz - Yr 7

Good luck to these talented trampolinists. I will mention their results in future sport reports.

Upcoming Events

- NSWCHS Athletics Carnival – Sydney Olympic Park Athletic Centre, Thursday 4th – Saturday 6th September
- St George Zone Winter Grade Sport Finals – Wednesday 13th and 20th August

Sport Web Sites
The following Sport websites are useful for School Sport notices, Zone Sport Information and Sydney East Knock Outs and Representation.

St George Zone Sport Information –

Sydney East Sport Information -

Regard
B Kemp
Sports Organiser
All children under 18 years of age are eligible for FREE DENTAL CARE at NSW Public Oral Health Clinics

NSW Health recommends that all children have a Dental check-up

Toothache can cause children to miss school. Pain can stop children playing, eating and sleeping.

To make an appointment, contact:

- Your family dentist; or
- The Public Dental Service

PUBLIC DENTAL ACCESS CENTRE TELEPHONE

02) 9293 3333
The Sutherland Dyslexia Support Group offers families in the Sutherland Shire and St George area a forum where parents can talk, exchange ideas, information, resources and experiences with other parents. The support group meets over coffee on the 4th Monday of the month during school terms at 10.30am at a café in Sutherland.

For those families working or out of area there is a Yahoo group, email and telephone support.

For further information or to join the support group contact Paula Goulden on (02) 9528 4638 or email psgoulden@tpg.com.au

Famous People With Dyslexia