Term 2 – a short but busy Term!

Again this Term has been extremely busy. As this shorter than usual Term draws to an end it is interesting to look at some of many activities/events that took place over the last 9 weeks. This list is certainly not exhaustive and in some ways only scratches the surface of what occurs in the school:

- Formal Anzac Day Ceremony.
- NAPLAN exams for Years 7 and 9.
- Parent and Teacher night for Years 8-10.
- Two P&C meetings.
- Music Night.
- Numerous sports knockouts, as well as Grade Sport.
- Year 7 Language day.
- Year 8 Carnevale.
- International Student Guardians meeting.
- A variety of excursions organised by different KLAs.
- Reports for all years written and distributed to parents.
- The school athletics carnival – again held this year at The Ridge Athletics field
- 100’s of hours of work placement completed by VET students.

Term 3 sees this frenetic pace continue. Amongst a multitude of other activities we will have a subject selection evening for Years 8 and 10, Year 12 will be sitting their HSC Trial exams and Year 11 will be completing their Yearly Preliminary exams in the last two weeks.

Sad Farewell

Unfortunately for Blakehurst High School, this term was the last for Mrs Lyn Paton who has decided to take extended leave, prior to her retirement in 2015. Mrs Paton has been at BHS for over 12 years; first as the Head Teacher Mathematics and for the last four years as Deputy Principal. During this time Mrs Paton has worked tirelessly to help improve the welfare of our students, as well as developing and overseeing processes to insure the smooth operation of the school, on a day to day basis. Personally I will miss her ongoing support and advice as an integral member of the Leadership Team. I am sure the whole school community will join with me in wishing Mrs Paton a happy, well-earned retirement. We will miss her. Mrs. Paton will be replaced temporarily by Mr Yelavich until a permanent replacement can be appointed.

We also farewell Nigel Fernandez our Technical Support Officer (TSO) who finishes his contract with DEC this Term. We wish him the very best in his future endeavours.

Local Member Visit

We were very fortunate to have our Local Federal Member for Banks, Mr David Coleman visit the school on the 10th of June. David addressed senior Business Studies and Economics students as to his background (small businessman as well as eventually Director of MSNine) and his role as a newly elected representative in Federal Parliament (which includes a seat on the Economics Standing Committee). The talk, followed by an extensive question and answer session, covered a number of diverse topics such as the Federal Budget, the Environment, the Deregulation of the University sector and the reasons why some businesses succeed whilst others fail. I would like to take this opportunity to thank David for his time and his ongoing support of Blakehurst High School.
Half-Yearly Reports
By now you should have all received a copy of your child’s half yearly reports. It would be great if you discussed the teacher’s comments with your child, especially the recommendations for improvement.

Subject Selection Evening
On the first Wednesday back next Term (16th July), we will be holding a Subject Selection Information evening for all Year 8 and 10 students and their parents. We are requesting that all students and their parents attend this very important meeting if they intend studying at Blakehurst High School in 2015.

The organisation for the evening is:

- Year 8 meeting in the hall promptly at 5-15pm for a short presentation – this will be followed by various KLA/faculty displays of elective subjects available for Year 9 students in 2015. Teachers and Head Teachers will be available to discuss the options available within their KLA (5-30 pm until 6-30 pm).

- Year 10 meeting in the hall at 6-00 pm for a short presentation on HSC requirements and the subject selection process as it operates at BHS. This will be followed by KLA/faculty displays to allow students and parents to discuss 2015 Year 11 subject options with subject teachers and KLA Head Teachers (6-30pm until 7-30pm). There will be TAFE teachers also in attendance during this time.

Congratulations!
Our Year 12 student Emma Schofield has been awarded the 2014 Vocational Student of the Year Award for her outstanding efforts in Certificate 3 Information & Digital Technology, which Emma has been studying at TAFE every Tuesday. Her teacher advised Emma to apply for this award (of $1000) which she won. Emma received her award at a dinner held by Ultimo TAFE.

School Website
Just a reminder that our website is a valuable source of information regarding the activities taking place at school on a day to day basis. You are able to access the school's calendar to see what is occurring on a particular day or week. This includes details regarding school excursions. Please refresh your knowledge of the website by visiting: http://www.blakehurst-h.schools.nsw.edu.au/

School Fees
Thanks to the many families who have already paid their school fees for 2014. These fees assist greatly in the running of the school, and all fees received are used to enhance your child’s education this year. General contributions are used to pay for things such as photocopying, textbooks, teaching resources, library books etc. The school would simply not have enough money to pay for all of these things without parents paying the General Contribution. So again, thank you.

Subject fees vary in their amount based on the amount of consumables used in the teaching of the subject. As a result, some subjects have NO fees but others such as Visual Arts, Woodwork, Construction, Food Tech etc. have higher fees due to the resources/consumables required and used by the students undertaking these subjects.

The P&C Student Enhancement Fee is used by the P&C to fund worthwhile educational projects/resources around the school, again to improve the educational outcomes of students this year. If you have trouble in paying your fees please feel free to contact Kim Morris (Office Manager) or myself to organise payment in instalments or to discuss other arrangements. All information provided will be held in confidence.
STUDY SKILLS TIP FOR JUNE – HAVING SET TIMES FOR SCHOOLWORK

Many students when they come home from school end up just waiting until they might ‘feel’ like doing schoolwork. Or else they drag the work out over the whole night. A much better way to work is each night have set allocated times for schoolwork, 2–3 half hour blocks. During this time students should do homework first, then work on any assignments or upcoming tests, then use the rest of the time allocated for schoolwork to independent learning activities. All distractions should be removed during this time, so students learn to focus for 20–30 minute blocks of time.

Some of the benefits for students of having set times allocated for schoolwork are:

- You are more likely to do the work if you know when to start and when to end.
- You will be more effective when you remove distractions and learn to focus for 20-30 minute blocks.
- In all the times NOT allocated to schoolwork you can do whatever you like without feeling guilty about it.
- Having set times stops arguments between students and parents as everyone has agreed when the timeslots allocated to students will be.
- You know that you are definitely doing enough work for school.
- Keeping schoolwork and personal life separate means you will be able to manage all of the distractions in your life and still complete your work for school.

Learn more this year about how to improve your results and be more efficient and effective with your schoolwork by working through the units on www.studyskillshandbook.com.au. You can also print a sheet outlining independent learning activities (click on the More menu then on Things to Print). Our school’s access details are:

Username: blakehursths
Password: 186results

Too Sick for School?
As the cold weather hits, so do the winter bugs. It’s often hard to know whether to send your child to school or let them stay home to recover, especially when that means an adult cancelling work. For safety’s sake, if your child seems unwell you should always keep them home from school and seek medical advice.

School A to Z and the NSW Health have created an at-a-glance chart to help answer your questions about common childhood illness and how long sick kids need to miss school. Find it by typing this link into your web browser www.bit.ly/1Hytn2E.

Teenager’s Seeking More Independence
Knowing how much freedom and responsibility to give your teenager is difficult, especially if they’re your eldest or only child. To become capable adults, teenagers need to learn to make good decisions on their own and have opportunities to show you they can. The Raising Children Network website has a wealth of expert information and guidance for parents of teens and younger children. If your child is testing the boundaries and pushing for more independence, you may find the article ‘Shifting responsibility to your child’ worth reading. Go to www. bit.ly/1JxKhe.

Study Help for High School
It’s often quite difficult for parents to assist their children with their high school homework and study. Even if we have professional experience in the subject area, children tend to find it difficult to take parental advice when it comes to school. (Don’t feel bad, teachers’ own children do exactly the same thing.) www.khanacademy.org is an excellent, not-for-profit website which may help your child study and revise tricky concepts in Science, Maths and the humanities.
So You Have Exams Coming Up

Many students in the senior years have a block of exams looming after the next school holidays. What should you be doing now and in the holidays, to be prepared for your examinations?

Between Now and the End of Term You Need to Focus on the Following:

1. **CLASS TIME:** Use every moment of every lesson to the full. Every moment you waste in class is time you will have to make up later. Plus it is not fair to others in the class.

2. **STUDY NOTES:** Work on and finish study notes. The more you can complete before the end of Term the better. It will give you more time to learn the notes and do lots of practice for the exams.

3. **ASK FOR HELP:** Ask your teachers about difficulty areas – reviewing the things you find hardest, and start topic-by-topic revision. Do this now while you have good access to your teachers and can ask lots of questions.

4. **MAJOR WORKS:** Work on your Major Works or Projects or large Assessments.

5. **PLAN FOR HOLIDAYS:** Put together a plan for the holidays. Get hold of past examination papers, study guides, essay questions, revision sheets. Ensure you have everything you need before the holidays start and you are clear on what you will be doing for your study.

The best way to make this happen is every Sunday night; make a plan in your diary for what work you want to get done that week. If you make a plan it is much more likely to happen.

What Do you do in the Holidays to Prepare for the Exams?

1. **TIME:** How much time do you spend studying for the exams in the holidays? It will depend on many factors: how much work you did during the term; how confident you are with the work; how soon your exams are after the holidays, and what sort of marks you are aiming for. Most students in Year 12 would try and do a normal school day if it is a major block of exams, around 6 hours of study a day.

2. **STRUCTURE:** How should you structure your study during the holidays? Don’t start too late in the day; try and keep your sleep patterns fairly similar to how they will be in the exam time. The best way to structure your day is to initially spend an hour reviewing your study from the previous day. This will help to cement the information in your memory. Then have a break. Then do 2-3 hours on one subject. Have a break. Then 2-3 hours on another subject. Then you can have the rest of the night off! It is better for retention of information to spread out your study for each subject, rather than spend a whole day on one subject.

What Sort of Study Should You Be Doing?

**STEP 1 – ASAP Create some STUDY NOTES for each subject**

The first stage is making your own study notes. This forces you to work through all the topics, find the areas you don’t understand and spend time working through them. You organise the information in ways to make it easier to learn it and you reduce what you need to go through to study. Purchased study guides are great to help you structure your own study notes, but don’t let them replace the process of making your own notes – it is in the creation of your study notes that massive learning leaps take place. If you have left it a bit late, consider going to a bookshop this week for a Study Guide to form the basis of your study notes. Use the information your teacher has given you about each specific exam and its content to help you keep adding to and improving your study notes.

**STEP 2 – ACTIVELY REVIEW the things you need to learn**

Once you have some decent notes, it’s then time to move into the next phase: LEARNING AND PRACTICE!!! You have to learn, understand and sometimes memorise the content, then you have to practise applying what you have learnt by practising the skills of the subject. Keep alternating between learning and practising. At first you may spend more time learning than practising, but as you start to move information to your long-term memory you’ll spend less time reviewing your notes and more time practising under exam conditions (especially doing past papers for 3 hours).
**STEP 3 – Do as many PAST EXAMINATION PAPERS as possible**

- Do all papers UNDER EXAM CONDITIONS (time limits and without looking at notes).
- Mark/Correct your work at the end, or ask your teacher to check it.
- Ask for help on things you could not work out or didn’t understand.
- Add notes to your summaries about things you need to remember.
- After completing a past exam paper, do targeted revision to review areas you did not know.
- Improve your examination techniques.

**Final Thoughts –**

LEARN FROM YOUR MISTAKES AND FIX THEM

USE EVERY AVAILABLE BIT OF TIME – LIKE STUDY PERIODS

MAKE YOUR STUDY ACTIVE! DON'T JUST SIT THERE READING

GET UP-TO-DATE IN YOUR WORK AND NOTES AND STAY THERE

CONCENTRATE ON PAST PAPERS UNDER EXAMINATION CONDITIONS

GET YOUR NOTES AND STUDY MATERIAL ORGANISED AND COMPLETE

START STUDYING ASAP AS YOU CAN SEE HOW QUICKLY TIME GETS AWAY

MAKE A FIRM DECISION AS TO HOW MUCH TIME YOU WILL ALLOCATE TO STUDY & STICK TO IT
DEPUTY PRINCIPAL’S Report

My Final Report
To start my last (very short) newsletter, I thought I would share a few stats. When I arrived at Blakehurst High School many, many moons ago as Mathematics Head Teacher, 16 members of our current (82) staff were already here and 6 of our current staff were enrolled as students! Needless to say Blakehurst High School is a very different place than it was then!

I have said it many times in the past and genuinely believe that the vast majority of our students are really nice children before they come to us, and are genuinely nice young adults when they leave, and the vast majority are nice young people while they are here. It is a privilege to witness the transformation that occurs even if it is a little painful at times.

I have enjoyed my time here, working with an experienced and capable staff, great kids and parents.

Thank you everyone.

Lyn Paton
Deputy Principal
Closing the Curtain on another Busy Term....

I will now take the time to reflect on our achievements.

Students will have received their reports and can now reflect on what has been done well and perhaps how achievements can be improved for Semester 2.

MUSIC NIGHT 2014
As the Newsletter is being published, so are the students working very hard in preparation for CAPA’s biggest night of the year – our Annual Music Night!
I will be delighted to report its resounding success in the first Newsletter in Term 3, together with pictures and possibly even videos of the amazing talent here in our school community.

ICT and Music
I am very pleased to also report on the progress of the ‘trialing’ of ICT activities in Year 7 Music as part of the BYOD initiative. It has provided an excellent teaching and learning platform for 7B to experiment purposefully in activities that have previously been reserved for Year 9 and 10 Music elective classes.

Students in 7B will be submitting their first online Assessment Task at the end of this term on the instruments in The Brass Family. The students were asked to create an E-fact sheet on each member of the Brass Family. Each fact sheet needed to include an information box, images, and an audio example for each instrument. As expected, the students had no trouble navigating the internet to produce their fact sheets, and some are showing an abundance of creativity in their presentations.

The challenge we now face is learning how to upload their assignments to Moodle for assessment – a challenge I am sure the students will master! (more of a challenge for the teacher I am thinking!! Haha!) This has been an excellent experience for all of us and I have thoroughly enjoyed the journey with the students.

Some Year 8 Music classes have also been working on an ICT unit, creating a short script and adding appropriate incidental music to the script, as part of the Media Music topic they have been studying.

We have also recently purchased equipment and software for continued application in our Elective Music classes. MixCraft (music software) allows students to create and mix music loops for electronic compositions, and our Instrumental Looping and Vocal Pedals allow students to create music loops for individual performances. Thanks to Mr Jenkins for his expertise in this area.

Speaking of Mr Jenkins ............ I am sure the BHS community will join me in congratulating him on his forthcoming marriage. Best wishes to you both for a wonderful wedding day and for your future happiness together.

Happy holidays everyone!
Stay safe - and be kind to your parents!

DRAMA
Year 12 Drama have been working busily on their Individual and Group Projects in preparation for their practical HSC examinations. Both groups have been working towards finalizing their play scripts and carefully crafting their performances for the stage. We intend to have our Drama students perform for an audience which would be a tremendous opportunity for our students to test drive their skills before the big day!

I would like to wish all of our wonderful HSC Drama students the very best of luck in the lead-up to their practical exams. I have enjoyed taking this journey with you!

….Sophie Shaw
….Drama Teacher

Ms Judy Jacobsen
Head Teacher & CAPA Team
What a busy Term this has turned out to be!
All our students have been hard at work over the past 9 weeks planning, designing and producing wonderful and creative design projects. Our Year 11 and Year 12 Textile and Design students have been very industrious and hard at work with their major design projects. Year 11 are completing their Art Quilts. They have been learning about the principles of applying colour to fabrics, yarns and fibers as well as methods of fabric decoration, including printing, dyeing, applique and embroidery. Students are then required to use these various techniques in their Art Quilts.

Year 12 are completing their Major Textile Project...
...which is due in August. The students choose a project focus from one of the following areas:

- Apparel
- Furnishings
- Costume
- Textile arts
- Non-apparel

The selected focus area allows the students to explore in detail one area of interest through a creative textile design process. The students must also complete a detailed and comprehensive Design Folio that documents each students design inspiration, visual design concept development, product manufacture specifications and investigation, experimentation and evaluation.
I'd like to take this opportunity to wish all our students a restful and safe holiday. I look forward to seeing you all back at the beginning of Term 3.

Mrs N Dexter
Head Teacher TAS Home Economics
INDUSTRIAL ARTS Update

Industrial Arts – Year 8

Students have been working extremely hard in Industrial Arts. They are able to design their projects using Computer Aided Design (CAD) software - Creo. This enables students to gain a complete understanding of how the construction will take place and also give them detailed views on how the project should look at completion. All designs can then be printed using the schools 3D-printing Technology. Students have also designed and 3D printed their own custom key tags.

“This Technology is an excellent resource for BHS. Students adapt to the 3D modelling environment very quickly, mainly through similar 3D gaming environments. 3D modelling is an amazing skill to have, especially for those who wish to pursue a career in Engineering, Design or Architecture”.

All teachers are very pleased with the talent shown in the workshops, which will hopefully see some students continue into elective subjects next year. Another group of year 8 students will join the Industrial Arts classes in terms 3 and 4 to complete the last stages of Technology Mandatory.

…..Mr Van Munster
…..Year 8 Technology

Mr S Moses
Head Teacher TAS Industrial Arts
Are you busy?
Friday, 15th August
Around, say 7 o’clock
No? Fantastic
Blakehurst High School’s Trivia Night

A Blast From The Past
Blakehurst High School’s Library

BYO food, there will be snacks and tea.

SRC Term 2 Report

It has already come to the end of a lovely Term and that means it is nearing our Annual Trivia Night in Term 3. The night is to raise funds to purchase a new PA system for our school, and it should be without a doubt a wonderful night! Our progress is steady and everything is falling into place! We hope you can come and enjoy a blast from the past!

THANKYOU
Peer Support wrapped up mid-way through Term 2. It was a very successful program for Year 10 and Year 7 students alike. The Year 10 leaders were supportive, resourceful role models and successfully assisted Year 7 students transition into high school.

Mr Jenkins and I are very proud of these Year 10 students and we hope to see them assuming various Leadership positions throughout the school in their senior years. We also hope that the Year 7 students will continue to seek their assistance in the future.

We look forward to starting the process again at the end of the year with our Year 9 students.

Kate Lambert & Anthony Jenkins
Peer Support Coordinators
As Term 2 draws to a close, we are rapidly approaching the much anticipated 2014 Ski Trip to Thredbo for students in Years 10 & 11. The dates for this trip are from Sunday July 27 to Wednesday July 30.

The best news of all is that THE SNOW HAS FINALLY ARRIVED after what has been an extremely slow start to the season.

Students will have 3 days skiing with lessons on each of the days to help them progress. After 3 days it is expected that all students will be competent enough to tackle the entire Beginner, and some of the Intermediate runs, on the mountain.

Included in the price of the trip is; all Lift Passes and Lessons; all Meals and transport as well as Hire Skis and Boots. It will be possible to hire waterproof clothing in Jindabyne for approximately $40 for the 3 days. A list has also been distributed to students with all their requirements for the trip.

Final payments are now due and should be paid to the front office ASAP. Medical forms have also been distributed and need to be returned to Mr Slater as a final permission note.

If there are any questions regarding the trip they can be directed to me at the school.

Mr P Slater
Head Teacher HSIE/Ski Trip Coordinator
Cupcake fundraiser for

On Monday June 16, 2014 the Interact Team together with Year 11 students, held a Cupcake Day to raise funds for the Sydney Children's Hospital in Randwick. The students decided that they wanted to get behind one of their own, who is currently undergoing treatment for bone cancer at the Hospital.

Walking into the Staff Common Room on Monday, teachers were greeted by a busy group of Year 11 students sorting out a sea of predominately blue cupcakes (Danielle's favourite colour), to sell at Recess to the rest of the school.

They decided to collect donations from the Year 11 cohort during period 0. Within 20 minutes they had collected $400 without a single cupcake being sold! To their amazement Danielle paid them a surprise visit walking into the Staff Common Room on her crutches. There was a minute of stunned silence as nobody knew what to say until one of the teachers happily greeted Danielle to break the silence. Danielle was then inundated by warm greetings from everyone including the members of staff who teach her.

The stall was then set up outside in the Quad area with the Year 11 students aptly manning the selling of the cupcakes to the rest of the school student body. During this time, other Year 11 students went around to teachers in their staff rooms to collect donations for the cupcakes. Although Danielle was starting to get tired, she stayed to have a photo taken with her Year group at the end of Recess, to show her gratitude for all their support.

The money raised on the day was $2,400. A phenomenal effort by everyone at Blakehurst High. The Year 11 students in particular, are to be commended for their solidarity and mateship.

As a further initiative Mr Lester has given them permission to raise more funds with the assistance from the wider community. They have set a goal to raise $5,000 dollars to go towards sick children like Danielle at the Children's Hospital. They have called this fundraiser project 5K and everyone is encouraged to get behind it by liking them on facebook and following them on twitter and instagram under the username @project__5k

It makes us all proud to be part of a school with such fantastic teachers and students.

Ms R Evangelinos
Year 11 Year Adviser
The Environment Teams fundraiser for Term 2 was *World Environment Day* which was a Mufti Day held on Friday June 13.

Students really embraced the spirit of the event by wearing green and floral clothes. Year 8 and 9 students made floral headbands and sold them, along with cakes to staff and students. Many students had their hair sprayed to show their support.

Almost $950 was raised, and this money will be spent on buying plants for the newly created garden, and to replace trees, recently removed, around the school.

Ms Georgopoulou and Ms O’Brien took advantage of Flower Power’s 20% off sale for the month of June, and purchased established Lemon, Mango, Orange, Mandarin, Avocado and Lime trees.

The Environmental Team is looking forward to being able to harvest fruit in the future and sell to staff, students and neighbours.
News from SCIENCE

The Science faculty wishes students and their families a safe and happy winter vacation, following a very busy and successful Term 2. Excursions to Symbio, The Museum of Diseases at UNSW, the Wollongong Science Centre and The Chemistry School at USyd allowed students to connect their learning with real world examples and relevant material that cannot be experienced on the school campus.

What’s happening in YEAR 7 -
On the 19th June, students travelled to Symbio Wildlife Park to experience first-hand, Australian animals and birds. This was a wonderful experience that added to their appreciation of the topic they are currently studying, Exploring Living Organisms. Many thanks to Mrs Ware who organised the excursion and all the Year 7 teachers who accompanied them.
Mr Baker's Year 7 students are currently studying the **skeletal system** and have made paper models of human skeletons:

**What's happening in YEAR 8 -**

Students are currently learning about materials, including the Periodic table of elements, alloys and minerals and ores. They are studying renewable forms of energy, such as wind energy, solar energy and geo-thermal. They are using the sustainability models purchased by the BHS P and C Association last year. Ms O'Brien's class enjoyed burning magnesium and relating its use in flares.
What’s happening in YEAR 9 -
Year 9 students have been learning about the Reproductive System, diseases and vaccinations. They have come to appreciate the consequences of a society that does not fully vaccinate babies and children. This coincided with students being vaccinated against Rubella.

What’s happening in YEAR 10 -
The study of Evolution occupied most of Term 2. Students enjoyed practical activities that modelled natural selection. Currently they are learning about Motion and Electricity. The table cloth experiment was enjoyed by students when they explored Inertia as part of the study of Newton’s Three Laws of Motion.

Science Competition 2014
On June 4, BHS took part in Science ICAS 2014, a leading International competition targeting 20 countries globally, and which is designed to assess students’ academic and processing abilities in a range of scientific strands. This year, 112 BHS students participated in the competition. In preparation, they had practised past papers and sought help from their respective teachers for some extra pointers. The exam took place in the school hall lasting one hour. Students’ behaviour on the day was nothing short of exemplary. The results will come out early in Term III.
Good luck all!

Mrs O’Brien
Head Teacher Science
Premiers Reading challenge
It is a great time to get your Reading Challenge completed over the July winter holidays.
Don’t forget you can borrow 4 fiction books over the holidays and 8 books if you are a book cafe member! Entries into the Book Challenge close August 2014.

New Books......
Make sure you come up and have a look at all our new books. Among our new titles are:

- **Night Vision** - In the dark, Viola sees things no-one else does...until the night she sees something she shouldn't.
- **Slaves of Socorro** - Brotherband 4
- **Cracked** - Clare Strahan People are so naturally strange it's hard to tell if they're broken or not.
- **Alexander Altmann A10567** - Suzy Zail If you loved Wrong Boy this is a must read.
- **Shadow Sister** - Book 5 of the Dragonkeeper series by Carole Wilkinson.
- **View from the 32nd Floor** - Emma Cameron Something special has been gifted to you. Join your neighbours, Saturday 6pm on the roof.

What to read after Fault in our stars....

- **Me, Earl and the Dying Girls** - J Andrews
- **This star Won't Go Out** - True story behind Fault in our Stars
- **Zac and Mia** - A J Bett
- **If I Stay** - G Foreman
- **Before I Fall** - F Oliver

ScribbleInk Youth Literature Awards
Are you a writer or would-be author??? Why not enter your creative writings in this competition? You could win up to $550 cash prize and career launching opportunities.

Age: Year 7-10 students
Who: Live, study or play in Hurstville LGA
What to Write: Prose, Poetry, Journalistic Piece, Essay, Short and Sweet: no more than 2 X A4 pages
Important Dates: Entries close 5pm, Monday July 21.
Contact Hurstville Library - 9330 6142

Guinness Book of World Records Attempts:
We are supporting the Sydney Book Fair attempt to break the Guinness Book of world records for paper chain dolls. Students can get copies of the template to cut out and decorate from the Library recess and Lunch. For more details see http://www.bookexpoaustralia.com/paper-doll-record-attempt/

Mrs Alchin & Mrs Larson
Teacher Librarians
2014 National Adolescent Vaccination Program…

- Visit 1 - March 7, 2014
- Visit 2 – June 6, 2014
- Visit 3 – October 24, 2014

**Vaccinations All Year 7**

- Visit 1 07/03/14
  - Diphtheria/Tetanus/Pertussis booster vaccine
  - (HPV) Human Papillomavirus Vaccine

- Visit 2 06/06/14
  - (HPV) Human Papillomavirus Vaccine
  - Varicella Vaccine ('chicken pox')

- Visit 3 24/10/14
  - (HPV) Human Papillomavirus Vaccine

**Vaccinations Year 9 Boys Only**

- Visit 1 07/03/14
  - (HPV) Human Papillomavirus Vaccine

- Visit 2 06/06/14
  - (HPV) Human Papillomavirus Vaccine

- Visit 3 24/10/14
  - (HPV) Human Papillomavirus Vaccine
  - (includes catch-up if missed Visit 1 & 2)

**Vaccination Catch-Ups Year 8**

- Visit 1 07/03/14
  - Those who have an incomplete HPV course that was commenced in Year 7 2013

- Visit 2 06/06/14
  - (HPV) Human Papillomavirus Vaccine ‘catch up’ for students who missed any vaccination in Visit 1
Live and Study Overseas this Summer
Go in November or December as an Exchange Student
...and be back in time for school next year!

This could be you...with new friends
with your host family
at your overseas school

Don’t miss our next programs departing in:
* November – for 3 mths  * Mid-November – for 2½ mths  * December – for 2 mths  * January – for 5 or 10 mths

FRANCE  U.S.A.  ENGLAND  GERMANY  ITALY  JAPAN  SPAIN  DENMARK
SWEDEN  HOLLAND  FINLAND  NORWAY  IRELAND  CHINA  MEXICO  ARGENTINA

SOUTHERN CROSS CULTURAL EXCHANGE
INFORMATION SESSION
TUESDAY  29 JULY 2014 @ 7 – 9 PM

MELBOURNE
Conochie Hall
2 Rochester Rd
Canterbury

SYDNEY
Crows Nest
Community Centre
2 Ernest Place
Crows Nest

ADELAIDE
Marion Cultural Centre
287 Diagonal Rd
Oaklands Park

BRISBANE
Brisbane Girls
Grammar
70 Gregory Terrace
Brisbane

LEARN ABOUT:
- BEST TIME TO GO
- WHICH COUNTRY
- PROGRAM LENGTH
- SELECTION
- PREPARATION
- SUPPORT
- LIVING AS A LOCAL
- SCHOOLING
- HOST FAMILY
- RESULTS
- FEES

www.scce.com.au  1800 500 501  scceaust@scce.com.au
Southern Cross Cultural Exchange is pleased to invite your students especially from Years 9 – 12 and their parents to our information session on Tuesday 29th July at 7 pm in Sydney. Details are enclosed in the attached flyer as well as on our website at www.scce.com.au/programs/information-sessions

We hope your students would take this opportunity to learn more about a decision that could make a difference to their future. The international exchange program is an immensely worthwhile opportunity for students all across Australia to experience the world while learning more about themselves, and how to adapt to new environments and learn about different cultures. They do this in the care of a volunteer host family overseas. For three decades, S.C.C.E. programs have provided such a timely window of opportunity for high school students to gain intercultural understanding, exposure to a foreign language as well as global connections. Our staff would be answering all questions regarding application procedures, program selection, duration, the best time to go, and living with a volunteer host family. Exchange students who have recently returned from S.C.C.E. programs will also be on hand to share their experiences.

Kind regards,
Southern Cross Cultural Exchange

Mrs J Smith
Welfare Coordinator

14 Ranelagh Drive
Mt Eliza VIC 3930
PO Box 1200
Mt Eliza VIC
Ph: (03) 9775 4711 Toll free: 1800 500 501 Fax: (03) 9775 4971
Email: promotion@scce.com.au Web: www.scce.com.au
LOTE Report

Another Busy Term for Language Students

Once again this year, all Year 7 students celebrated Languages Day. We were blessed with the weather and all the students had an incredible time. Students participated in a variety of activities such as the French Waiters Race, Greek Dancing, Table Tennis, Calcio, and Sumo Wrestling. They were then treated to a multicultural feast consisting of Sushi, Eclairs, Gelato, Souvlaki, Spring Rolls and of course Pizza. A huge thank you must go to the Year 10 helpers and the Language Staff because without their commitment and support, days such as these could not happen.
The two Year 8 Italian classes ventured out to Russo’s Pizzeria and indulged in the very elaborate buffet they prepared for us. Once the students saw this Italian banquet, they couldn’t help but say BUON APPETITO! The spread included all-you-can-eat pizza, pasta and salad. After gorging on all of this delicious Italian food, we were even treated to Nutella pizza and gelato for dessert. The students, very full and satisfied, said GRAZIE MILLE to the Russo family at the restaurant and waddled back to the bus to make their way back to school. It was a really nice afternoon and the students enjoyed getting a “taste” of the Italian culture.
Term 2 brings with it the opportunity for Year 12 students to visit Universities and participate in their HSC revision days. Recently we have had our Extension 2 students travel with Mr Irani to UNSW, and some of our Mathematics and Extension 1 students accompanied to UOW by Mrs Allen. From the reports below you can see that the opportunity to visit a campus and be surrounded by hundreds of similar students was an enlivening experience.

**Year 12 Extension 2 – Talented Students day at UNSW**

On Thursday 19 June Blakehurst High School's Extension 2 Mathematics class participated in Talented Students Day. It is a very popular day organised by the Mathematical Association of NSW and this year was held at the University of New South Wales. Our school had a strong representation of Extension 2 candidates (10 students) by comparison to many other schools. It was a fun and exciting day that enabled students to attend many presentations and lectures by guests and University lecturers on general topics relating to the future and direction of Mathematics in Australia, in addition to analysis and concrete examples from topics in the HSC Extension 2 course. The feedback from students was very positive and they were delighted at the opportunity to network with students from other schools and mingle with University staff to tap into their Mathematical insight.

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**HSC Revision Day: University of Wollongong**

I really enjoyed the day at Wollongong. It helped me revise various topics of my choice and was a great opportunity to see the University of Wollongong campus. I did revision on Trigonometric Functions, Exponentials and Logarithms, Geometric Series and Maxima and Minima problems. I felt that going to this day helped me revise certain topics that I had done previously. The lecturers helped the students through past HSC questions and this has helped me prepare for my HSC.

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**Goodbye to Miss Qiu!!**

We are both thrilled and saddened by Linda Qiu’s successful interview for a full time Maths/Science position at Hurstville Boys High School. Linda Qiu is a former student of Blakehurst High and as a long term temporary teacher has been an efficient and tireless worker in the Mathematics staffroom. I expect she will be remembered by her students as being a teacher who consistently aimed to get the most from them.

Best of luck Linda, you will be missed!
Blakehurst is Bleeding Again!

In Term 2, 25 students and 1 teacher rolled up their sleeves and donated their blood. That's 75 lives saved by BHS!

With the new eligibility rules, our 16 and 17 year olds can only donate once in a 12 month period – and they are lining up to do so! Closely followed by the eager 15 year olds who will be waiting a little longer….

Mrs Gerrey has been extremely keen to donate and accompanied one group of students to the Donor Centre at Miranda. Some photos of the experience, showing Mrs Gerrey and the students donating (and some great shots of volunteers and the relaxing atmosphere) are featured below. Watch out for Mrs Gerrey’s report in the next newsletter!

There is a fabulous short video by the ABC’s BTN program. It’s an enjoyable and informative few minutes.

Ms Alison Peachey
Head Teacher Mathematics
As you would be aware, good nutrition and physical activity are essential for health and wellbeing. Furthermore, lifestyle habits developed during teen-age years often continue into adulthood.

The SALSA (Students as Lifestyle Activists) Peer Education Program was implemented this year at Blakehurst High School to address these issues. This program was developed by health in conjunction with education, including PERU (Primary Education Research Unit) at Westmead and the University of Sydney. The SALSA program aims to encourage young people to increase their level of physical activity, consumption of fruit and vegetables and to decrease screentime. The result of this collaborative work is the development of a unique peer education program, providing high school students with the necessary knowledge and skills to maintain a balanced and healthy lifestyle.

The first step of the SALSA program was the training of selected Year 10 students. In the peer-led program trained medical and health sciences students from the University of Sydney coached Year 10 students to serve as peer leaders to educate Year 8 students about nutrition and physical activity. These Year 10 students attended a one day workshop run by PERU and the University of Sydney health sciences (physiotherapy) and health promotion students. At the workshop, the Year 10 students were taught the lessons they would deliver to Year 8 students, during PDHPE. The next step included dividing the Year 10 students amongst the six Year 8 classes. Once the students were divided and allocated a class, they met together as a team and discussed the most effective way to deliver these lessons to Year 8. In total, the Year 10 SALSA peer educators delivered four lessons to Year 8 students. The SALSA peer educators have been well received by the Year 8 students, and by all accounts, have enjoyed the experience.

Ms K Rizzo
SALSA Coordinator/PDHPE
From the CAREERS Adviser...

Yamaha Partnership:
On Thursday 29th May 2014 I travelled to Yamaha at Wetherill Park with sixteen Year 9 students for the Yamaha Industry Training Day. This training forms part of Blakehurst High School’s continuing industry partnership with Yamaha.

The sixteen participants were put into small groups which rotated between different work stations supervised by highly skilled Yamaha technicians. Students were given a variety of hands-on mechanical tasks to perform on motor bikes and boat engines; they learned about the processes occurring in four-stroke engines; and they had the opportunity to ask the trainers questions about their qualifications, training and what their work at Yamaha involves. Overall the day was a great success. Students had a very enjoyable time, gained a better understanding of the industry and developed their vocational and employability skills.

Congratulations to Emmanuel Shemeza, Sidney Radwan and Yang Lin who were the top three performing students on the day. The top two selected finalists Emmanuel and Sidney will return to Yamaha on the 31st of July to compete against students from other schools in the Student Yamaha Grand Prix. Later this year there will be further opportunities for Blakehurst High students to participate in more Yamaha events.

Students are pictured taking part in the Training Day.
40 students from Year 12 attended the HSC & Careers Expo at Moore Park on Friday 30/05/2014.

This was a fun and exciting day that provided students with the opportunity to visit many information stalls to obtain:

- Information and resources for the HSC
- Information about University, TAFE and training courses
- Career advice
- Study advice
- Information relating to International exchange and gap year programs.

After some light refreshments and a quick regrouping at the pre-arranged meeting point, the students split up into small groups and attended some of the many information seminars available to them on HSC topics including: English, Maths, Biology, Business Studies, PDHPE, Legal Studies, and Ancient History.

Discussions with students about their day revealed that they were very pleased with the opportunity to obtain information directly from the experts about their career choices and HSC subjects. Particularly HSC tips, tricks and pitfalls to avoid, in addition to options for accessing pathways into university and careers.

All in all, a worthwhile experience, with considerable benefit for those who attended.

......Sam Irani
Year 12 Year Adviser

Ms Lisa Evers
Careers Adviser
PDHPE Faculty Report

Year 12
As Term 2 comes to an end Year 12 2 unit PDHPE students should be preparing for their Trial HSC exams in Weeks 3 and 4 of next Term. It is essential that all students are studying using the method that suits them best and that revision, assessment tasks and homework is organised in a logical way to utilise the remaining time most efficiently.

Remember that your class teachers are valuable resources and that if you are unsure of any area of study, ask them for advice and information so that you are confident in your knowledge of the entire syllabus. Also remember that your assessment performance will have a bearing on your final HSC grade. It is essential that you perform to your capabilities in all assessments to ensure the highest possible grade in the HSC.

The Year 12 Sports Coaching class is also close to completing all competencies for the attainment of the Certificate II. Some students require some hours for the compulsory work placements and this must be completed before the end of Term 3.

The Sport, Lifestyle and Recreation class is also nearing completion of the various units of work in the course. The students in this class have gained valuable insight into the various aspects of fitness, nutrition, physical activity and the development of a lifelong healthy lifestyle.

Year 11
The three 2 unit PDHPE classes are progressing well toward completing the Preliminary course. It must be remembered that whilst course content in this subject will not be specifically examined in the HSC, the content is classed as assumed knowledge and must be understood for the areas of study in the HSC course.

Sports Coaching students are progressing well in the completion of the various competencies that are covered in the Preliminary course. Students are reminded that the compulsory 35 hour Work Placement must be completed by the end of term 3.

SLR students have completed units on Physical Fitness including: Aerobic and Anaerobic training, the FITT plan and Resistance training. A Coaching unit is currently being undertaken where each student develops a lesson and teaches the class about this sport and the relevant skills associated with it.

<table>
<thead>
<tr>
<th>Yr</th>
<th>Theory</th>
<th>Practical</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>Important Drug issues for Young People</td>
<td>Backyard Rugby League Program, Soccer, Hockey, Ausi Rules</td>
</tr>
<tr>
<td>8</td>
<td>The Mind, Body and Spirit</td>
<td>Backyard Rugby League Program, Hockey, Ausi Rules, Touch</td>
</tr>
<tr>
<td>9</td>
<td>What’s the Big Issue including: Nutrition, Drug Use and Sexual Health</td>
<td>Hockey, Ausi Rules, Netball, Softball</td>
</tr>
<tr>
<td>10</td>
<td>Handling Challenges including: Healthy Decision Making, Challenges/Opportunities, Drug Use and Sexual Health.</td>
<td>Touch, Soccer, Oz Tag, Basketball</td>
</tr>
</tbody>
</table>

Wheelchair Basketball Roadshow
On Thursday 12th June almost 60 Year 10 PASS students took part in a Wheelchair Basketball experience. We were lucky enough to have Rhys Baxter from Wheelchair Sports NSW explain the game and teach us some new skills, strategies and tactics.

The subject of Physical Activity and Sports Studies (PASS) focuses on a wide range of sport related issues. This term we have studied Physical Activity for Specific Groups. In class we have researched Sports for people with disabilities and PASS students now have a deep understanding into modified rules and games invented specifically for people with a disability. We have also researched the Paralympics and watched documentaries on sports such as Murderball more commonly known as Wheelchair Rugby.

Students have participated in activities without the use of their sight to gain a perspective of participating in sport with a disability. However Wheelchair Basketball proved to be the biggest physical challenge of this unit. During the workshop students were challenged by the chairs which were not only hard to manoeuvre but also hard to stop! On top of that, students had to respond to modified basketball rules and altered angles when shooting. It was not as easy as they thought!

Rhys, our instructor however, was a pro! He has been selected to play in the Australian Wheelchair Basketball team (The Rollers) and has represented Australia at World Championships for Wheelchair Rugby League. Rhys became a paraplegic and lost the use of his legs and core muscles after a horrific car accident when he was 19 years old. Rhys explained to the Blakehurst High students that he thought he was invincible and only had his P-Plates for 4 weeks before his accident. He had a powerful message about the reality of speeding as his accident occurred when he was travelling at 180km/ph. In the 10 years since Rhys became a paraplegic he has gained a new perspective on life. Rhys enjoys sharing his experiences with high school students in between training with the Rollers, his aim is to represent Australia in Wheelchair Basketball at the Paralympics in 2016.
PDHPE Sports Report

With the end of Term 2 drawing to a close, it has been a very busy time for many students competing in various sports and competitions over the past six to eight weeks. Most sports teams are performing exceptionally well and we are on our way for the majority of sporting grade teams to qualify for the semi-finals which begin in August; Week Five of Term 3.

Sydney East Cross Country
On Wednesday 11th June, we had 9 Blakehurst High School runners representing the St George Zone at the Sydney East Cross Country Championships which were held at Miranda Park. I am very pleased to announce that we will be sending 4 students to race at the NSWCHS Cross Country to be held at Eastern Creek Raceway on Friday 18th July.

These students and their results from Regional were:
- Nicole Harrington – 14 yrs girls 3rd
- Max Poulter – 14 yrs boys 3rd
- Julia Glavincevski – 16 yrs girls 2nd
- Dylan McCuaig-Walton – 17+ yrs boys 3rd

Athletics Carnival
The Blakehurst High School Athletics Carnival was held at Sylvania Athletics Track on Tuesday 3rd of June on a sunny and successful day. With near record numbers attending, and the events running smoothly, we had a number of outstanding competitors and a number of records broken. Not only were outstanding results achieved throughout the day, many competitors, through their efforts were crowned Age Champions, and these students will be further recognised at our Presentation Night held later in the year.

<table>
<thead>
<tr>
<th>Age</th>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 Years</td>
<td>Faith Kak</td>
<td>Filip Trifunovski</td>
</tr>
<tr>
<td>13 Years</td>
<td>Natasha Ow</td>
<td>Riki Totsukawa</td>
</tr>
<tr>
<td>14 Years</td>
<td>Queenie Chen</td>
<td>Andrew Hung</td>
</tr>
<tr>
<td>15 Years</td>
<td>Sandy Ng</td>
<td>James Downie</td>
</tr>
<tr>
<td>16 Years</td>
<td>Julia Glavincevski</td>
<td>Jacob King</td>
</tr>
<tr>
<td>17+ Years</td>
<td>Shannon Suryawan</td>
<td>Dylan McCuaig-Walton</td>
</tr>
</tbody>
</table>

The following students must be congratulated and recognised for breaking existing records and now having their names etched in history as the best of their age group from the school. These students and their records are:

<table>
<thead>
<tr>
<th>Student</th>
<th>Event</th>
<th>Old Time</th>
<th>New Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tamara Milacic</td>
<td>U/15 200m</td>
<td>27.44</td>
<td>26.75</td>
</tr>
<tr>
<td>Natasha Ow</td>
<td>U/14 1500m</td>
<td>6.49min</td>
<td>6.05.28</td>
</tr>
<tr>
<td>Andrew Hung</td>
<td>U/14 400m</td>
<td>1.02.20</td>
<td>1.00.35</td>
</tr>
<tr>
<td>D McCuaig-Walton</td>
<td>Open 1500m</td>
<td>2.23.34</td>
<td>2.18.75</td>
</tr>
</tbody>
</table>

At the time of writing this report, the Zone Carnival results are still being finalised, and I would like to thank Mr Roff and Miss Berrett for being Team Managers over the two day Zone Carnival and for providing their professional help in assisting our athletes to compete at their best. Congratulations to all students who qualified for the Regional Carnival to be held in Week Three, Term 3.

Upcoming Events
- NSWCHS Cross Country Championships – Eastern Creek Raceway, Friday 18th July
- Regional Athletics Carnival – Sylvania Athletics Track, Thursday 31st and Friday 1st August
- NSWCHS Athletics Carnival – Sydney Olympic Park Athletic Centre, 4/9/14-7/9/14
- St George Zone Winter Grade Sport Finals – Wednesday 13th August and 20th August 2014

Sport Web Sites
The following Sport websites are useful for School Sport notices, Zone Sport Information and Sydney East Knock Outs and Representation.

Blakehurst High Sport Information – http://www.blakehurst-h.schools.nsw.edu.au/sport


Regards,

B Kemp
Sports Organiser
Want to know if your child should be fitter, healthier and happier?

BMI-for-age charts are a way to determine if your child is within the healthy weight range for their age. Scan the QR code below to check how healthy your child is, or visit www.go4fun.com.au and follow the links to the BMI Calculator.

Go4Fun is a FREE healthy lifestyle program to improve health, fitness, self-esteem and confidence in children above their ideal weight.

Register now! Call the Linda Trotter (Local Go4Fun Coordinator) on 9382 8641.

Scan the QR code to find out how healthy your child is, or visit www.go4fun.com.au.
BLAKEHURST HIGH SCHOOL

SUBJECT SELECTION NIGHT

FOR

YEAR 8
STUDENTS & PARENTS

Wednesday, 16th JULY 2014
5.15 Start

SCHOOL HALL

DISCOVER YOUR OPTIONS FOR YEAR 9, 2015
MAKE AN INFORMED CHOICE

On the night there will be:

♦ INFORMATION ABOUT:
  ♦ Courses
  ♦ Work loads
  ♦ Homework/Study

♦ A SUBJECT MARKET:
  ♦ Staff and students to answer questions
  ♦ Seek advice for choosing suitable Year 9 electives
SUBJECT SELECTION NIGHT
FOR
YEAR 10
STUDENTS & PARENTS

Wednesday, 16th JULY 2014
6.00pm Start
SCHOOL HALL

DISCOVER YOUR OPTIONS FOR YEAR 11, 2015
MAKE AN INFORMED CHOICE

On the night there will be:

♦ INFORMATION ABOUT:
  ♦ Courses  ♦ Work Loads  ♦ HSC Eligibility
  ♦ Homework/Study

♦ A SUBJECT MARKET:
  ♦ Staff and students to answer questions
  ♦ VET and T/VET displays
  ♦ Careers Advice
Finding it difficult to cope but don’t know where to turn?

Call the South Eastern and Northern Sydney Family Referral Service on 1800 066 757.

- We can help you find useful services in your local area
- You can speak to us by telephone, you can visit our offices, we can meet you in your home or somewhere convenient for you
- We link young people, children and families to culturally sensitive services wherever possible
- We provide free interpreters

For more information contact us on:
Phone: 1800 066 757
Email: sensfamilyreferral@barnardos.org.au

We can link you with services to help with:
- Domestic violence
- Migrant and Settlement
- Financial assistance
- Counselling and mediation
- Child and Parenting programs
- Youth support
- Housing and accommodation
- Mental health support and any other services you may need
IT'S FREE

DENTAL CARE FOR CHILDREN

All children under 18 years of age are eligible for FREE DENTAL CARE at NSW Public Oral Health Clinics

NSW Health recommends that all children have a Dental check-up

Toothache can cause children to miss school. Pain can stop children playing, eating and sleeping.

To make an appointment, contact:

- Your family dentist; or
- The Public Dental Service

PUBLIC DENTAL ACCESS CENTRE TELEPHONE

(02) 9293 3333
The Sutherland Dyslexia Support Group offers families in the Sutherland Shire and St George area a forum where parents can talk, exchange ideas, information, resources and experiences with other parents. The support group meets over coffee on the 4th Monday of the month during school terms at 10.30am at a café in Sutherland.

For those families working or out of area there is a Yahoo group, email and telephone support.

For further information or to join the support group contact Paula Goulden on (02) 9528 4638 or email psgoulden@tpg.com.au