A Farewell Message to Year 12

As I compose this message, I am filled with mixed emotions. I am sad because you are bidding us farewell and I will miss the big personalities and your enrichment of school life. On the other hand, I am proud of your achievements and who you have become. While you entered as boys and girls at the start of Year 7, you now leave as young men and women, full of potential and possibilities.

On the sporting field, on the stage and in the classroom, you have done the school immensely proud. Certainly, you have worked hard for six years. Academic learning is very important in helping you prepare for your careers in whatever path you choose. However, Blakehurst High School is about much more than just grades. From my perspective as a teacher, it is clear that as you enter the life that awaits you, it is your character and the lessons you have learned outside of academia which are equally, if not more, important.

I have been fortunate enough, in my 3 years at the school, to see you become a cohesive year group, whose strength of friendship is to be admired. I urge you to keep in touch with the friends you have made here, and value not only what you have learned during your time at the school, but how you have grown through these friendships and experiences.

So to the Year 12 class of 2013, in the words of Jim Steynes “I truly believe that every person, especially young people, have unlimited potential and that we all have a unique voice that wants to be heard”. I wish you the best of luck on the next part of your life journey and hope that you continue learning, laughing and contributing to our great world.

School Captains, Vice Captains and Prefects

We pay tribute to our outgoing Prefects for 2013. They have demonstrated high levels of citizenship, loyalty and scholarship and lived up to their mission and made a difference. We hope their student leadership experiences have helped them grow and we thank them for the contribution they have made to their school. Our Prefects have also set a fine example for the new leadership team who will take up their office in Term 4.

Congratulations to the following students:- Alishia Lambropoulos (Captain), Chadwick Aryana (Captain), Jasmine Huang (Vice-Captain), Dylan McCuaig-Walton (Vice-Captain), Mario Andreone, Nelson Cheng, Adam Craig, Madeleine Fitzmaurice, Nina Glavincevski, Nicole Gorscak, Jennifer Jusmin, Robert Liley, Rebecca Luhur, Katerina Markovska, Kevin Nguyen, Karen Poon, Emma Schofield, Mustafa Shams, Gary Xu, Shannon Suryawan, Cecilia Wong, Gary Xu, Jing Xu and Mika Zammit (Prefects). It was a very difficult task selecting the captains and vice captains for 2014. All of these students acquitted themselves admirably in their prepared speeches and in interview.

We have no doubt that they, as with their predecessors, will leave a legacy that will continue to build this school’s fine reputation.

Year 11

The students in Year 11 conclude their exam period on 20 September. From Term 4, Year 11 will become Year 12 students and start their HSC courses. We remind students and parents of the need to prepare and work consistently over the next twelve months. Any concerns following the Preliminary Course should be addressed by seeing class teachers and head teachers.

NAPLAN results delayed

Results of the National Assessment Program in Literacy and Numeracy (NAPLAN) were due to be finalised and distributed in the final weeks of Term 3. However, schools have received information that the distribution of Student Reports will be delayed. On advice from The Australian Curriculum, Assessment and Reporting Authority (ACARA), it is anticipated that 2013 NAPLAN Student Reports will now be delivered to schools across Australia from 8-11 October, with distribution of reports to parents to occur in the week Monday 14 to Friday 18 October. We will advise students and parents of any further details regarding the reporting timeline as they come to hand.

I wish all of our students and their families a relaxing holiday and hope to see all learners back ready to put in a big effort for Term 4.
DEPUTY PRINCIPAL’S Report

Sickness procedures during the school day
Blakehurst High School does not have a sick bay or clinic. If students are not well enough to be in class they are expected to be at home. Please don’t send your children to school if they are unwell. Please remember, that if they have any contagious disease, and this includes the flu, it is better that they stay at home so they do not pass it on to others. This is critical for a number of students and staff who are immunosuppressed.

If a student is unwell during the day they must see Mrs Paton. The Office staff or Mrs Paton will contact parents so that we know when they are being collected; who is collecting them and that the parents have given permission. Students are not to initially contact their parents.

Absences from school
While we don’t want students at school when they are sick, we do expect them to be at school EVERY OTHER day. If a student were to take only one day off school each term, over the student’s school career, they would miss the equivalent of one entire term of learning (1 day x 4 terms x 13 years = 52 days). So, 4 days per term = one school year!

Please do not support your child to miss out on their education by having days off that are not necessary. We would like all students, in all years, to attend each day and be working and learning productively until the last day of each term.

Sleep patterns
Sleep patterns can be changed. A recent newspaper article described how anyone can alter the time they get up by being organised the night before and making the conscious decision and commitment that they want it to happen, although it takes a few weeks to become habit.

Many of our students are sleep deprived. Adolescents need a minimum of nine hours sleep, but many get much less than that. Sleep cannot be accumulated for the future. Sleep helps consolidate learning. Research has shown that the brain practises and consolidates what it has learned during the day when they are asleep. So not only does sufficient sleep help future learning by ensuring a student is fresh, it consolidates past learning.

Our current Year 10 students will need to be more alert in the morning if they are to make it to early classes next year. Period 0 starts at 7:45am. Before you all start groaning, in previous years every Year 12 student has been surveyed and indicated that they prefer early start and finish times rather than 9am to 3pm.

Sleep patterns change as students enter adolescence. Assist your child into becoming a more successful learner, from Year 7 onwards, by encouraging a more reasonable sleeping pattern. There has been a lot of publicity recently on how the light from electronic devices hinders people from falling asleep, so please don’t allow your child to use these devices in the bedroom. Students who are constantly late are, inevitably, unsuccessful at school as they miss so much of their learning time.

Please encourage your student to adopt a more reasonable sleeping pattern by discouraging the use of electronic devices in the bedroom.
A Message from NSW Health re Vaccinations...

......Each year NSW Health Units offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school-based program. If you have any medical queries re the vaccinations, please contact the Public Health Unit on 9382 8333.

The 2013 Vaccination clinic will include Year 7 male & female students and Year 9 male only students. Also on offer will be the HPV vaccine (Human Papillomavirus Vaccine) to any female student in Year 8 with an incomplete course commenced whilst in Year 7 in 2012. (The consent forms for these Year 8 students will be brought to the school with the school vaccination nurses on the day).

Parent Information Kits have been sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to read all the information provided and complete the consent form. Only consent forms signed by the parent/guardian will be accepted. To ensure your child is vaccinated, please return all signed consent forms to the school as soon as possible after receiving them. If you have not received this kit, please ask your child if they have received it. Spare Information Kits are available from Mrs Smith in the Languages Staffroom.

Parents/guardians who wish to withdraw their consent for any reason, may do so in writing to the school Principal. The procedure for Withdrawal of Consent is available on the NSW Health website at: www.health.nsw.gov.au/PublicHealthImmunisationsSchool-prog/withdraw-consent.asp - Please note that for the HPV vaccine only: parents/guardians must record their Medicare Number (including the 10 digits) on the consent form, as this is required to record the student’s health information on the National HPV Vaccination Register and link to the National Cervical Screening Program.

What happens if your child misses a dose of the vaccine at school? Provided you have returned a signed consent form, any student who is absent from school and missed a dose, will be caught up with at the next scheduled vaccination clinic at your school throughout the year.

A Record of Vaccination...

......will be provided to each student vaccinated at the clinic. Parents/Guardians should ensure that this Record is kept for future reference and should not assume that their child has been vaccinated if they do no Receive this Record of Vaccination. It is also recommended that you inform your GP so they can update your child’s records. If your child is absent on any vaccination day, they may catch up in the following session.

Vaccinations Year 7 ALL

Visit 1 08/03/13
- Hepatitis B vaccine (2 dose course)
- Diphtheria/Tetanus/Pertussis Booster (Whooping cough)
- HPV dose 1 of 3

Visit 2 31/05/13
- HPV (dose 2 of 3)
- Varicella (chicken pox- single dose)
- HPV & Diphtheria/Tetanus/ Pertussis vaccine catch-ups

Visit 3 11/10/13
- Hepatitis B vaccine (dose 2 for those who received dose 1)
- HPV (dose 3)
- HPV & Diphtheria/Tetanus/Pertussis vaccine catch ups

Vaccinations Year 8

Visit 1 08/03/13
- HPV -ONLY those Year 8 Female students who have an incomplete course that was commenced in Year 7 2012

Visit 2 31/05/13
- HPV - ONLY Year 8 Female students who missed any vaccination in Visit 1 can receive catch up at this visit.

Visit 3 11/10/13
- HPV ONLY Year 8 Female students who missed any vaccination in Visits 1 & 2 can receive catch up at this visit.

Vaccinations Year 9 MALE ONLY

Visit 1 08/03/13
- HPV dose 1 of 3

Visit 2 31/05/13
- HPV dose 2 of 3

Visit 3 11/10/13
- HPV dose 3 of 3

Mrs J Smith
Welfare Coordinator
News from Mathematics Faculty….

Another great website
We are constantly on the hunt for interactive activities for our students. [http://splash.abc.net.au/home](http://splash.abc.net.au/home) has just caught our attention—loads of resources in many subjects for students and parents.

Australian Mathematics’ Competition
The results are in and are pretty impressive….certificates will be handed out on assembly when received and at that time we’ll publish the names of the highest performers.

Mathematics in Surveying: Excursion Reports
On August 20 Year 10 students (two teams of girls and two teams of boys), travelled with Mrs Centorrino to Bicentennial Park, Homebush, for a day of activities organised by the Institution of Surveyors. They completed team activities such as finding heights using trigonometry, mapping, close range photogrammetry and laser scanning. A brilliant day, as evidenced by the student reports below.

On the exciting day of August 16, 20 students went on a Mathematics excursion to Bicentennial Park to participate in an activities created by the Institute of Surveyors and assisted by students from the University of New South Wales. The day began by meeting at Hurstville station at 8am. We arrived at Concord West station at around 9am and then we walked to Bicentennial Park and began our activity, discovering the history of calculators and using the visual scanner to collect landscape images. We did other activities such as calculating the mass of the earth, using trigonometry to calculate the height of a tower and looking at the movement of shadows as the day went on. After this activity, we used the telescope to look at Venus; Venus was seen as a little white dot. The last activity of the day was run by the Australian Navy; it was interesting as you can use Maths to determine distance and velocity. Towards the end of the day, we were given show bags from the Australian Navy and the Institute of Surveyors. It was a fun day and also tiring. Thank you Ms Centerrino for taking us there and almost getting lost. :l and nearly getting run over by bikes. :D

……..Michelle and Emily

On the day of the Maths excursion Year 10 Maths students from 10M1, M2 and M3 went to Bicentennial Park to learn about many jobs that use Maths. We got to see many different ages of calculators. We learnt how to read a sun dial, and we measured and graphed a garden on the computer. The Navy showed us how they mark out a beach and decide if it is safe to land. We learnt how to measure the point of a building. All of Year 10 had a great time learning how important Maths is in life. We would like to thank Mrs Peachey for organising the excursion and Mrs Centorrino for finding the time to take us.

……..Benji and Samuel
Roll Up Your Sleeves, Blakehurst!

Nice one Blakehurst High School! Over 30 students from Years 10, 11 and 12 donated blood in Term 3. It was fabulous to see so many Year 10 students giving their first donation, and so many keen to participate when they turn 16 years. We shall be donating again in mid/late Term 4.

Ms Alison Peachey
Head Teacher Mathematics

From the CAREERS Adviser...

Term 3 was very busy in the Careers Department!

Year 12 students now have to make huge, potentially life-changing choices. Do they go on to further study at TAFE, University or a private college? Do they get a job? Do they do an apprenticeship or traineeship or do they just want a break and have a gap-year to be able to think about the next stage of their lives?

Year 10 are also making big decisions that will put them on the path to their future as they pick their subjects for the HSC or even decide if they want to leave school and go to TAFE or get an apprenticeship or traineeship. It is for all these reasons that I have been trying to help students and their parents to make these important decisions and provide them with as much information as possible to make informed choices. In the past I had advised the Blakehurst community about the "myfuture" website, which has been established by the Federal Government and can be accessed at www.myfuture.edu.au.

At the beginning of this year I also advised that Blakehurst High Careers has now gone digital, with the introduction of the careers website at www.blakehursthighcareers.com. If accessed at home, students and parents also have the facility to "like" us on "Facebook" to receive notifications and updates.

I am now even more pleased to be able to inform the Blakehurst Community that I now subscribe to another website called www.seek2b.com, which was very well received by teachers when used in the Year 10 Subject Selection interviews and introduced to Year 12’s when being spoken to about their University applications. This website requires a password, which is easily obtained from the Careers Noticeboard outside my office.

All of these websites offer information about career planning and investigating and career quizzes as well as advice on subject selection, University courses and other tertiary education options. In addition there is advice on apprenticeships and traineeships and links to data on employment trends and opportunities. I hope you can take the time to investigate these sites and find them of great value when talking to your child about their future study and career plans. Of course, I am more than happy to discuss future options with you and your child at any time should you wish to make an appointment by calling the school.

Mrs Angela Centorrino
Career Adviser
News from the LIBRARY

Holiday borrowing time
It is that time of the Term again when students may borrow twice as many books for the holidays. Remember we are still open before school, recess and lunch during the current renovations. Just enter via the Science fire exit, walk along the corridor and then come up the stairs. A number of new books in the popular series have just arrived. Some reading suggestions are as follows:

- **The Jeweller of Rassylon** by Peter Cooper. (Tales of the blue Jade 3)
- **Brothers to the Death** by Darren Shan. (Saga of Larten Crepsley 4)
- **Black Tengu** by Sandy Fussell (Samurai kids 8)
- **Lucien** by James Moloney (Silvermay 3)
- **Ring of Sky** by Chris Bradford (Young Samurai 8)
- **Five Fakirs of Faizabad, Grave Robbers of Genghis Khan** by PB Kerr (Children of the Lamp 6&7)
- **Yamashita’s Gold** by Phillip Gwynne (The debt 5)
- **WARP: The Reluctant Assassin** by Eoin Colfer (A New book; sure to be popular with Artemis Fowl fans)
- **The Moon and More** by Sarah Dessen (a New romantic novel for those who prefer something more sinister than Brian James Zombie Blondes)

Congratulations to the 129 students who completed the Reading Challenge for 2013. Certificates from the Premier will be handed out later in the year. Some students will be receiving their Gold and Platinum awards.

<table>
<thead>
<tr>
<th>Year</th>
<th>Students</th>
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<tbody>
<tr>
<td>Year 7</td>
<td>40 students</td>
</tr>
<tr>
<td>Year 8</td>
<td>54 students</td>
</tr>
<tr>
<td>Year 9</td>
<td>35 students</td>
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</tbody>
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Students, don’t forget if you completed the Reading Challenge this year and you love to read, see your English teacher about joining the Book Café.

Ms A Alchin
Teacher/Librarian
**Year 11 VET Students**

Preliminary Exams have just been completed. Remember the examinations are compulsory for all VET students up to and including the Trial exam (except for Sports Coaching). After the Trail exam you may opt out of your HSC VET examination if you do not require an ATAR.

If you have not completed your 70 hours of Work Placement please see your class teacher as soon as possible. Work placement is mandatory for ALL VET subjects and you will be N-Awarded if it is not completed.

**UPDATE: on Year 11 Hospitality students**

These students have successfully run the school Café this term and are looking forward to developing their skills further next term.

**Year 12 VET Students**

If you would like to opt out of the HSC exam please see me for a permission note. There is no need to complete the HSC exam for your VET subject unless you require it for your ATAR. Keep completing your class work to ensure you get the most out of your training, i.e. your Certificate II. If you have not met the requirements in some competencies, please see your teacher for the work that is outstanding.

**St George Workplace Learning Partnership Inc. School and Business Awards 2013**

On Thursday 12th September 2013 the following students were recognised for their great achievements in a VET course. The presentations were held at St George Motor Boat Club. Congratulations to all our winners!! Unfortunately due to our traditional Slave Day activities at school, the students couldn’t attend the awards and were presented with their awards at Graduation.

**Noi Chaengchai – Business Services**

Noi has excelled in Business Services. She received outstanding feedback from her employers at the Department of Justice and Attorney General and Bodyhealth Fitness Centre while on Work Placement as a proactive and willing worker. Noi readily engaged in all tasks assigned to her. The work she produced was always of an excellent standard and she was supportive to others as well as enthusiastic to learn new skills. Noi has consistently displayed this attitude towards her theory in class over the past two years and I congratulate her on this achievement. Noi is a worthy recipient of a VET excellent Award for Business Services.

**Niki Exacharhos – Hospitality Food and Beverage.**

Niki has been an excellent student in Hospitality Food and Beverage. She demonstrates exceptional leadership skills in all areas of Hospitality and always works in a diligent and professional manner. Niki is always willing to help out with the running of the Blakehurst High School Café. During her Work Placement, at City Tattersalls, Niki’s work ethic was exemplary, taking initiative when needed and always maintaining a professional attitude. She made a conscientious effort to develop and maintain professional relationships with all staff members and the wider community. Niki’s determination and diligence has assisted her in completing a Certificate II in Hospitality Food and Beverage. Niki is a worthy recipient of a VET excellent Award for Hospitality – Food and Beverage.

**Alastair Carlyle – Construction**

Alastair has been an excellent student in Construction. He demonstrates leadership skills in all areas of Construction and always works in a professional manner. He received good feedback from his employers at Vince Casamento Builder and Urban Apartments while on Work Placement as a proactive and willing worker. Alastair is a worthy recipient of a VET Excellent Award for Construction.

**Mrs J Simpson**

**Head Teacher VET**
I was made aware of the exciting opportunity of attending the State Constitutional Convention to learn more about Australia’s parliamentary system and some of the issues surrounding the Australian constitution by one of my Year Advisors earlier in the year. One student from the Year 11 cohort of each school from NSW could be nominated to submit an application to attend this convention and I was lucky enough to be the student selected from this school. The application which I submitted had to outline my knowledge of the Senate, the contribution which I have made to the community and the relevant skills which I would bring to the convention. I was very excited to be one of 136 students from around New South Wales successful in my application to represent my school and attend this convention.

So, on the 17th of June, I took a train into the city to attend the convention in NSW Parliament House. Upon entering the parliament, I had a brief opportunity to speak to other students who were in attendance before we were ushered into the chamber of the Legislative Assembly. Here, we were informed about the events which would be occurring on the day which where to encompass discussions surrounding two proposed amendments to the Australian Constitution. These propositions were whether the Senate should be changed so that it is composed based on the population of states and whether the Senate should be restricted in its ability to block money bills. This was followed by talks by a Professor in Law at Sydney University and a member of state parliament about the positives and negatives for these proposed amendments. They stated that if the Senate changed so that it was composed based on the population of states that this would lead to the smaller
states having only a couple of members while the larger states would have many tens of members and this would give too much power to the larger states. It was also suggested that the smaller states would never let a referendum like this pass anyway. They also talked about the second proposed amendment, stating that it wouldn't take too much power away from the Senate because they would still be able to block many spending decisions. It would also allow the Senate to focus on reviewing important legislation and would reduce the chance of the reserve powers being used such as when Gough Whitlam was sacked in 1975.

After a long series of questions from the students were answered, we split up into groups to discuss the proposed amendments. After a chair person, scribe and speaker to represent the groups views were selected, we started discussions about the amendments. I made various suggestions such as that the first amendment would mean that the Senate could become too similar to the Lower House and this would impede its ability to review legislation. Although, we went on various tangents during the discussion, we managed to stay on track and unanimously decided to vote in the negative for the first amendment and in the affirmative for the second amendment for when we would hold a mock referendum later in the day. Before we went off to lunch, the members of each group voted for who should be selected as delegates to go to the Australian Constitutional Convention in March 2014.

After a lunch of an arrangement of sandwiches, we reconvened in the chamber of the Legislative Assembly. Here, we listened to the students who presented the views of their respective groups. All groups decided that the first amendment should not be passed while quite surprisingly all groups except for mine didn’t think that the second amendment should be passed as they felt that Senate would not have enough power despite the other arguments presented during the day. The views presented by these students representing their groups where reflected in the results of the mock referendum as there was a ‘no’ result for both propositions. After these results were announced, the thirty delegates who were voted to go to Canberra for the National Constitutional Convention were read out and I was very excited to be one of those selected.

This marked the end of the day for the 106 students who weren’t selected while the students who were successful were given more information about the national convention. We were also briefed about an exciting opportunity to attend the Regional Youth Parliament in the Solomon Islands later in the year. Five out of the thirty students would be given this opportunity based upon an application and a phone interview and if successful would be provided with an all-expenses paid trip to the Solomon Islands and would be able to work with students from the area. This concluded a very informative and interesting day for me at New South Wales Parliament House that would later provide me with more opportunities as I would be travelling to Canberra for the National Constitutional Convention and would later find out that I was successful in my application to attend the Regional Youth Parliament in the Solomon Islands.

…….Dylan McCuaig-Walton

Australian History Competition
In May this year, 30 students from Years 8 & 10 participated in the Australian History Competition. It was a challenging competition, as it tested their knowledge of the historical events they have studied over two years. Many students excelled in the competition and we are pleased to congratulate the following high achievers on their outstanding performance. We hope the students’ next year are able to continue the school’s strong performance in the Australian History Competition.

High Distinction
Geeann LI, Caitlin Zi Ning SU, Luke Auciello

Distinction
Hayden SMITH Rachel HUANG Triston NAUMOSKI Aaron DOLE Liam CHAPPLE Pauline BEARD Nevenko STANKOVIC Roshan COSGROVE

Credit
Alexandar RISTEVSKI Alexia MOURATIDIS Callista WONG Celeste TRPKOSKI Hesham GHALAINI Joy LIU Lillyanna OLEIK Sandy NG Nathan DRISCOLL Sandro FANUNZA Zalika AZAM Handry TJIO Peter KOUTSOUKOS Remy BLATCH-WILLIAMS Richard WANG Tamika KOSASIH
Farewell Year 12 from HSIE

Yet another group of Year 12 students have finished their school years at Blakehurst High and head off to prepare for their HSC exams. The HSIE faculty take this opportunity to wish them all the very best in their exams and in all future endeavours.

It is now up to the students to prepare and be ready to fulfill their potential. Many of the students can look forward to performing really well while others will reflect on time wasted and opportunities missed. Invariably, students achieve the results they deserve in the HSC.

In HSIE this year we have had many outstanding performances with students working well and achieving excellent results. These students leave the school well prepared to face the challenges ahead. In particular those students who achieved first place in subjects deserve special Congratulations to those listed below!

Natalie Bakrdanikoska - Business Studies
Nikolina Calic - Ancient History
Hannah Green - Modern History
Sunny Manola - Geography
Charlene Su - Economics
Xiaoting Lu - Legal Studies
Noi Chaengchae - Business Services

Finally these students could not have achieved the results they have without the terrific HSIE staff that have gone over and above in order to prepare their students. These teachers will be awaiting the results as eagerly as the students. Now it's time to start all over again with Year 12 2014 – and so on it goes....

Mr P Slater
Head Teacher HSIE

ENGLISH Report

This has been a very busy Term 3 for the English faculty. We have been preparing for and developing programs for the new syllabus for the Australian Curriculum Years 7-10.

In 2014, the new curriculum for Years 7 and Year 9 will be implemented. In term 4 look out for the Spelling Bee, the Debate Competitions and the published work from the MOSAIC Project for Year 9.

A Special Message for Year 12: The English Faculty wish all of you the best of luck as you embark on your studies for the HSC. Study hard and do well! All the very best also in your future ventures. You will be missed!

From all the staff in the English Faculty.

Our Year 7 Debating Team has competed against a number of schools in the Premier's Debating Challenge over the last few terms. Our third and final debate was against Newtown School of the Performing Arts on Tuesday 17 September 2013. Our highly dedicated team fought to the very end, producing a wonderful argument to support the idea that popular music was damaging to our developing youth. Although our talented students did not receive a win, it was to their credit that they upheld the values of our school exceptionally well throughout the entire competition. A special thank you to Ms Nozica who has been an exceptionally helpful coordinator and source of support for our team. Well done, Year 7 Debaters!

Mrs J Hinson
Head Teacher English
On August 28... the families, friends and peers of Year 12 HSC Music 1 and Drama, gathered to witness a showcase of 12 months hard work and practice. The evening was a tremendous success and it was incredibly pleasing to see the enjoyment of all in attendance.

Having already been... examined for their HSC, the ladies of Drama returned for some energetic encore ensemble performances and individual projects. The group performance by Nikolina Calic, Holly Wilson, Kadija Lawson, Radia Hage and Jovana Kovac presented an engaging, whimsical and thoughtful portrayal of the Christian concept of Sin.

Later taking to the stage individually...Nikolina, with her individual performance of a masculine scarred war hero entitled “Alpha”. Holly, chillingly portrayed a murder victim in her piece; “Pro Memoria”. Finally, Jovana took us back in time with her engaging performance of “Norma Jean”. The musical performances of Harry Alexiadis, Ruby Calder-Little, Celia Franklin and Rosa Long were outstanding.

Thanks to students...Chadwick Aryana, Robert Liley, Mateja Ostrugnaj, Philip Naumoski and Steven Ribaroski for giving up their time to assist in musical performances and technical support. Of course no mention of the night could be complete without mentioning the efforts of Judy Jacobsen and Sophia Shaw. Year 12 2013 have been blessed with two dedicated and caring teachers. They have really fostered and nurtured the talents of the students and this is evident not only in the students’ performances but in their overall attitude and application in their subject. The passion of Judy and Sophia for their subjects has greatly impacted the students.

Special mention of thanks...also to Anthony Jenkins for documenting the evening in its entirety and supplying the pictures shown. I wish to take this opportunity to not only thank Judy, Sophia and Anthony but also the Year 12 students themselves. I am proud and honoured to have played a small role in the teaching and mentoring of the students and their journey towards the HSC.

To you the parents...for all the instrumental lessons, time spent giving lifts to rehearsals, dropping off equipment, and overall support to the faculty; thank you greatly!

To you the Students...I hope you have felt that the past twelve months though at times exhausting and demanding has been a rewarding experience. I wish you all the best not just for your exams but for the future. May you find success and may success find you!

You may be wondering...who is writing this feature article. My name is Alan Watters. I have been an acting Music teacher at Blakehurst for the past few terms. As an actively performing professional musician, I have been highly impressed by the quality of the performances. The talents of the Year 12, 2013 truly are remarkable!
After a year of artmaking, the Year 12 art students have successfully completed their practical Bodies of Work. Their artworks were done in a variety of media forms such as: Painting, Drawing, Ceramics, Textiles and Fibre, and Photography.

The artworks were sent to the HSC Marking Centre by courier and we will have a Newsletter Exhibition of their works when they return next term.

A huge congratulations to all Year 12 Visual Arts students who have done some amazing and creative work this year. All of your hard work and dedication has been worth it. Artworks (left) packed and loaded up for their precious journey. See you next term!

Paintings Created by Year 9

April McLEOD

"Surrealist Still Life" Wayne GU

Madelaine ALLEN
On Wednesday August 21, 2013, our very talented Year 12 Drama students delivered their Individual and Group Performances for the HSC judges.

Each and every performance was delivered with such tenacity and high-powered dramatic energy.

The girls are to be congratulated for their honourable efforts throughout the year, dedicating much of their personal time to perfect their craft.

It has been a pleasure to have seen the girls develop their final works from page to stage. I am sincerely proud of their outstanding achievements. Well done, Girls!!

A special mention of gratitude must be extended to Ms Helen Elakis, who was a much beloved teacher of the girls over the years and an integral part of their collective journey to this point in time. Thank you Ms Elakis!

The girls would also like to take this opportunity to extend a special thank you to Ms Jacobsen, who was a constant source of support and encouragement.

We wish the girls every success as they now embark on their final journey towards the written HSC examination.

Thank you for a memorable year! I am very proud of you all!

.........Ms Sophia Shaw
Drama Teacher

Ms J Jacobsen
Head Teacher & CAPA Team
The Yamaha Student Grand Prix was held again and a wonderful tradition continued. Two of our Year 9 students, out of the original six competitors from Blakehurst High, Korey Pirillo and Jayden Xabregas competed against students from Oatley College, Hurstville Boys Campus, Peakhurst High and Strathfield South High.

The events included mechanical and computer based tasks. The tradition, which was upheld for the third year in a row, is that of Blakehurst High being the winner.

Jayden Xabregas scored the highest marks to take out first prize in this event. Kurt Beers in 2011 and Brandon Prothero in 2012 had also achieved this honour. Congratulations to all our competitors, with special recognition going to Jayden.

Many of our Year 9 students are trying to ‘kick start’ their careers, or at least explore careers options, by putting in ‘Expressions of Interest’ for Stage 5, Year 10 TVET courses offered by TAFE institutions across the Sydney region. If your student is one of these and has not returned their paperwork, please help them fill it out and get it back to Mrs Lyons on the first day of Term 4. Anyone who still wishes to apply must see me immediately on their return to school.

Motivated Year 10 students have the opportunity to apply for ‘Get into VET’ courses in Term 4. It is a chance to develop employability skills, and to explore career opportunities. I have included the flyer, but details will be forthcoming, so students need to see Mrs Lyons if they are interested, or email her janelle.lyons@det.nsw.edu.au to have information sent to you directly.

Speaking of employability skills, Community Service is an effective way to develop these; it looks impressive on a Resume and is a way to ‘Pay it Forward’.

Students needing help with resumes or with navigating job and/or apprenticeship websites should make an appointment with Mrs Lyons. Those who have already applied for assistance are first on that list and will be contacted first week back to confirm their meeting time with me.

Have a safe and relaxing holiday. I would like to wish Year 12 all the best for the HSC. I hope the questions allow you to demonstrate your skills and knowledge.
**BREAKING NEWS**

Get Into VET will run Term 4!!

Free short courses for 15-16 year olds (Years 10/11)
Helping students evaluate future options including TVET, TAFE studies, apprenticeships and employment possibilities.

Sydney TAFE is offering the following Get Into VET courses during Term 4, Semester 2, 2013. Details will follow next week regarding delivery days and information sessions.

<table>
<thead>
<tr>
<th>College</th>
<th>Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>Petersham</td>
<td>Intro to Building Skills</td>
</tr>
<tr>
<td></td>
<td>Intro to Hairdressing, Nails and Makeup</td>
</tr>
<tr>
<td>Randwick</td>
<td>Intro to Building Skills</td>
</tr>
<tr>
<td></td>
<td>Intro to the Sport &amp; Recreation Industry</td>
</tr>
<tr>
<td></td>
<td>Intro to Working with Children</td>
</tr>
<tr>
<td>St George</td>
<td>XLRB Into Automotive Mechanics</td>
</tr>
<tr>
<td></td>
<td>Intro to the Auto Paint &amp; Panel Industry</td>
</tr>
<tr>
<td></td>
<td>Skills for Life – Business Administration &amp; Technology</td>
</tr>
<tr>
<td>Sutherland</td>
<td>Intro to Beauty</td>
</tr>
<tr>
<td></td>
<td>Intro to Building Skills</td>
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<tr>
<td></td>
<td>Intro to Working with Children</td>
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<td></td>
<td>Intro to Hairdressing</td>
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<tr>
<td></td>
<td>Intro to the Sport &amp; Recreation Industry</td>
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<tr>
<td>Ultimo</td>
<td>Intro to Café Skills</td>
</tr>
<tr>
<td></td>
<td>Intro to Hair &amp; Beauty Skills</td>
</tr>
<tr>
<td></td>
<td>Intro to Music Industry Career Pathways</td>
</tr>
<tr>
<td></td>
<td>Intro to Smash Repairs</td>
</tr>
</tbody>
</table>
# Get Into VET

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intro to the Auto Paint &amp; Panel Industry</td>
<td>Students will learn introductory skills in auto body repair and refinishing including safe work practices, correct use of hand tools and equipment, panel fabrication and repairs, car dismantling and assembly, panel preparation, paint techniques and vehicle presentation and detailing. You will also complete a number of small projects including repairing and painting a car.</td>
</tr>
<tr>
<td>Intro to Beauty</td>
<td>This course is for students who want to gain insight, skills and knowledge to consider further study and eventual employment in the beauty therapy industry.</td>
</tr>
<tr>
<td>Intro to Building Skills</td>
<td>This course will introduce you to building skills and safe work practices in the construction industry. You will learn how to use a range of building tools across different industries as well as plan and work on a project.</td>
</tr>
<tr>
<td>Intro to Café Skills</td>
<td>This course is for students interested in gaining the introductory skills required for further study and eventual employment in the hospitality industry.</td>
</tr>
<tr>
<td>Intro to Hairdressing</td>
<td>This course is for students who want to gain insight, skills and knowledge to consider further study and eventual employment in the hairdressing industry.</td>
</tr>
<tr>
<td>Intro to Hairdressing, Nails &amp; Makeup</td>
<td>This course is for students who want to gain insight, skills and knowledge to consider further study and eventual employment in the hairdressing, nail or makeup design industries.</td>
</tr>
<tr>
<td>Intro to Music Career Pathways</td>
<td>Students who choose this course will learn about the different pathways available in the Music Industry. Practical skills in playing instruments, using computers and/or performing as well as the business side of Music will be explored.</td>
</tr>
<tr>
<td>Intro to the Sport &amp; Recreation Industry</td>
<td>This course is for students who want to gain insight, skills and knowledge into fitness for teams and individuals.</td>
</tr>
<tr>
<td>Intro to Working with Children</td>
<td>Learn how to plan fun and engaging activities for children. You will learn to make play dough, finger paint and create nutritious meals for kids under five.</td>
</tr>
<tr>
<td>Skills for Life - Business Administration &amp; Technology</td>
<td>This course is aimed to provide students with the knowledge and skills required to kick-start their future career working in a business environment. Students will learn new computing skills whilst gaining an understanding of workplace administration tasks.</td>
</tr>
<tr>
<td>XLR8 into Automotive Mechanics</td>
<td>This course is for young people hoping to gain an apprenticeship or traineeship in the Automotive Mechanical trade. Students will learn about tools, workshop equipment, servicing techniques and gain an understanding of the basic functions and operation of a vehicle.</td>
</tr>
</tbody>
</table>

To apply to participate in a *Get Into VET* course, you will need to complete an *Expression of Interest* form (available from your school) and submit it either by fax to the College Coordinator or at the *Information Session* as detailed on the *Expression of Interest* form.
PART A: STUDENT INFORMATION SHEET

Personal information

Name of student:

Address:

Postcode:  Home Phone No:

DOB:  Mobile No:

e-mail address:

BOS Student Number:

School Attended (2013)

School Attending (2014)

Please list your subject selections for Year 10 in 2014

Do you have an individual learning plan

Mark one box only  1. □ Yes  2. □ No

If you have marked yes to having an individual learning plan, mark in the box / boxes below

If Yes, mark box/boxes


Place a tick in the box of your preferred option (one option only)

☐ Option 1: Sport, Fitness & Recreation, Sutherland College - Loftus Campus (Thursday 1.30-5.30)

☐ Option 2: Children’s Services, Sutherland College - Loftus Campus (Thursday 1.30-5.30)

☐ Option 3: Beauty Therapy, Sutherland College - Gymea Campus (Thursday 1.30-5.30)

☐ Option 4: Plumbing, Sutherland College – Gymea Campus (Thursday 1.30-5.30)

☐ Option 5: 3d Animation/concept art, Enmore College (Thursday 1.30-5.30)

☐ Option 6: Production design for film theatre & events, Enmore (Saturday 9:30 - 1:30)

☐ Option 7: Construction Ops (Plumbing, Tiling, Carpentry), Randwick College (Tuesday 1.30 - 5.30)

☐ Option 8: Children’s Services, Randwick College (Tuesday 1.30 - 5.30)

☐ Option 9: Visual arts, Photography St George College (Thursday 1.30-5.30)

☐ Option 10a: Auto-Mechanical, Option 10b: Auto-Panel & Paint, St George College (Tuesday 1.30-5.30)

☐ Option 11: Children’s Services, Petersham College (Thursday 1.30 - 5.30)

☐ Option 12: Hairdressing, Petersham College (Thursday 1.30 - 5.30)

☐ Option 13: Hospitality Food and Bev, Ultimo College (Thursday 2.00 - 6.00)

☐ Option 14: Hairdressing, Ultimo College (Thursday 1.30 – 5.30)

Expressions of Interest Due:  
Friday 11 October 2013

Ms J Lyons  
Transition Adviser
30 Year 10 students participated in a **REACH** Leadership Workshop this Term in Week 7.

**REACH** is an organisation that was created and developed by the late **Jim Stynes**, the AFL great.

Their Vision is to ensure that every young person has the support and self-belief they need to fulfill their potential and dare to dream.

**REACH** works to empower and engage young people to explore their leadership potential and improve their confidence. This workshop’s theme titled ‘**Identity and Purpose**’, was well received by all the students.
Looking ‘Deadly’ at the Deadlys

Let's get one thing straight first! For Aboriginal people ‘deadly’ is a good word!! It means you're talented and you're doing well. It's positive. I felt the need to clarify this because I recently addressed a colleague of mine as a ‘deadly teacher’ and she gave me a funny look. I quickly explained that I was giving her a compliment. (Poor Elizabeth...not sure what she thought I may have meant... :)

Last Friday, 6th September, I had the privilege of attending the ‘Deadly Kids Doing Well’ Awards at the CARRIAGEWORKS Theatre in Eveleigh. I nominated Rebekah Thoms for this award because she is, as Aunty Fay Carroll may put it ‘doing deadly babe.’

Rebekah is a Year 10 student here at Blakehurst High School and she is a positive leader and role model. She is one of the deadliest teenagers I've ever come across. She is reliable, always willing to help out anybody and she constantly has a huge contagious grin spread across her gorgeous face. Every time I walk past Rebekah she acknowledges me with respect and kindness and I truly believe she is a role model for all young Aboriginal women. Rebekah is a gifted artist. One of her art works has been hanging in the school for about a year now and she has been a huge help this term painting the mural. The mural is there to remind all of us of the importance of Aboriginal Education and we can't wait until it's finished. As a Darug woman of Eora Nation, I felt honored to attend the Deadly Awards in support of Rebekah and her hard work and it was quite a powerful experience to share with Aboriginal students, parents and educators.

I feel lucky to know Rebekah and her mother who is one of the most kind-hearted souls I've had a yarn with in ages. It's days like these that not only make me feel awesome about being a teacher, but it also make me feel blessed to be part of one of the oldest living cultures. Congratulations to Rebekah Thoms in Year 10 - keep being deadly, babe. Thank you to Mary Ruth Thoms for being an amazing and supportive mother. I feel blessed to know these two wonderful women!

Ms K Everett
Co-ordinator/English Teacher
LOTE Report

I would like to thank the Languages staff members for all their hard work this term and I would like to wish all Year 12 Language students all the best for their upcoming exams and future endeavours.

Year 9 Languages Camp
On Monday 26th August, 38 Year 9 Language students set off for an overnight Languages camp at Stanwell Tops. They were accompanied by Ms Evangelinos, Ms Lao, Mr Tsattalios and Mrs Mangraviti.

On camp the Italian, French and Chinese students were involved creating an original fashion design from paper, crepe paper, feathers, sequins and butchers paper. They created a female and a male outfit. They not only modelled this outfit but described it for their peers in the target language. The students also had their own Master Chef segment where they demonstrated a typical recipe from the country of the language they are studying and filmed the presentation. This allowed the students to showcase their language and of course culinary skills. Talent abounded in the presentations! The students preformed skits, songs and dances. In the evening the students enjoyed a multicultural disco with the DJ who not only played traditional and modern music from France, Italy, Greece China and Japan, but also taught the students how to dance the Tarantella: a traditional Italian Dance. On both days the students also enjoyed two organised camp activities such as Go Karting and the Giant Swing.

A great time was had by all. A special thanks to all the teachers for their hard work. Without their commitment, activities such as these could not take place.
On 19/08/2013 some International students went to the Opera House for the Expanding Horizon Program organised by the Department of Education. The students worked there from 10am to 11pm as bilingual assistants for the performing groups from China and spent most of the time at the back of the stage. Their contribution to the program is highly appreciated by the staff at the Opera House as well as our visiting guests from China. The students involved were Wendy Yang, Iris Cheng, Lily Xue, and Sela Song from Year 11.

......Xiao Chen
Teacher of Chinese

Mrs A Mangraviti
Head Teacher LOTE
During weeks 6 and 7, Mrs Wares Year 7 class, 7B, was lucky enough to experience the hatching of ten fluffy yellow and black chickens for Science Week. After we watched the chicks hatch we were then required to look after them with our whole class working together cooperatively.

Every day we changed their water and fed them; cleaned out their cage and also read a thermometer which took the temperature inside the box. After a few days, Mrs Ware allowed ten lucky students to each name a chicken but they would also have to weigh and measure the chicks daily. Every day we could see the chickens getting bigger and heavier. They grew taller and also we could see their feathers appearing on their wings. This was the best part because it was a sign that they were all healthy and happy. We agreed that the saddest part was watching the chickens leave. Our fluffy, yellow and black buddies were going home but we knew they were happy. All together, we highly enjoyed the experience as we took responsibility for the chickens while they were in our care. This Science Week will be known as the best week for all of us. We would like to thank Mrs Ware for letting us have this wonderful team building experience.

Mrs L O’Brien
Head Teacher Science

....Ria Stephenson & Maria Reissis
PDHPE Faculty – Report

Year 12
Good luck to all Year 12 students in your HSC. The PDHPE team wishes you all the best for the future in any endeavours that you pursue.

Years 7 and 8
All Year 7 and 8 students have participating in the Backyard Rugby League program conducted by the Australian Rugby League Development Officer for our Region. All students have been taught the fundamentals of passing, catching, tackling and kicking. These students enjoyed and learned lots about the game of Rugby League. Mario Fenech, a Rugby League legend, attended one session as a very special presenter.

Years 9 and 10
Two classes have completed an online survey to assist The Office of Communities and the Commission for Young People. The study is known as Supporting Your Friends and with mental health issues being the largest burden for young people in NSW this research aims to give a better understanding of how young people going through a tough time, might be identified sooner and supported earlier.

Congratulations to Nathan Smith on qualifying for the Kellogs Nutra Grain Iron Man series. Nathan has been training extremely hard over the past months and it is a credit to him that he continues to deliver excellent teaching and learning for his students and coordinates sport so efficiently.

End of Year Interest Electives - December 16th to 18th inclusive.

Year 11
You will be receiving information regarding the 25 Hour PDHPE Cross Roads course at the beginning of Term 4. This course is COMPULSORY for all students who attend NSW State High Schools. At Blakehurst High we complete the course in the activity period at the end of Term 4, before the students go on holiday.

This course consists of three days of different activities including CPR/Resuscitation Certificate, Guest Speakers/Presenters and Cataract Adventure Day. The cost for this course is $90 which covers costs for all activities. Permission notes and payment are required by Friday 6th December. If you wish the payment may be made in installments. Any student who does not complete the practical course will be required to do a 5,000 word theory assignment. No student can commence Year 12 in 2014 until this course has been satisfactorily completed.

Years 7 to 10 students…..will participate in compulsory activities at the end of Term 4 to finish off the year.

As follows:
- Year 7 - Swim School at Carss Park pool
- Year 8 - Various activities including: movies, surfing, school sports, table tennis and fishing,
- Year 9 - Peer Support training,
- Year 10 - Senior School Transition program.

Yours in Sport,

T Yelavich, N Smith, K Rizzo-Liu, C Johnson, B Berrett, B Kemp, Y Tsattalios, M Kemp
With the completion of Winter Grade Sport and the commencement of Summer Sport, we have finished the Term III off on a positive note. Blakehurst High School had 17 teams contesting Grand Finals in Week 6 – Wednesday 21st August and I am very pleased to announce that we were outright Premiers in 11 of these finals. What a wonderful achievement by a talented and enthusiastic group of students, with many thanks to the teachers who coached these teams throughout the year.

Premiers in the Winter Grade Sport Championship.
Congratulations to the following teams:

<table>
<thead>
<tr>
<th>Sport</th>
<th>Division</th>
<th>Teacher</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball</td>
<td>Open 1st Grade</td>
<td>Mr Huxley</td>
<td>38-20</td>
</tr>
<tr>
<td></td>
<td>13A Girls</td>
<td>Mr Estephan</td>
<td>30-4</td>
</tr>
<tr>
<td>Table Tennis</td>
<td>Open B Girls</td>
<td>Ms Broadbent</td>
<td>4-2</td>
</tr>
<tr>
<td></td>
<td>14A Girls</td>
<td>Mrs Alchin</td>
<td>4-2</td>
</tr>
<tr>
<td></td>
<td>Open A Boys</td>
<td>Mrs Chen</td>
<td>4-3</td>
</tr>
<tr>
<td></td>
<td>Open B Boys</td>
<td>Mrs Chen</td>
<td>6-0</td>
</tr>
<tr>
<td></td>
<td>Open D-2 Boys</td>
<td>Ms Hatjikinitis</td>
<td>5-1</td>
</tr>
<tr>
<td>Rugby League</td>
<td>U/13 Boys</td>
<td>Mr Black</td>
<td>42-6</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Junior B Girls</td>
<td>Ms Ghosn</td>
<td>2-0</td>
</tr>
<tr>
<td>Netball</td>
<td>U/14 A Girls</td>
<td>Ms Camilleri</td>
<td>23-19</td>
</tr>
<tr>
<td>Hockey (Joint Premiers)</td>
<td>Open Boys</td>
<td>Ms Allen</td>
<td>1-1</td>
</tr>
<tr>
<td>Tennis (Joint Premiers)</td>
<td>U/14 B Boys</td>
<td>Ms Georgopoulou</td>
<td>6-6</td>
</tr>
</tbody>
</table>

Congratulations also to the following teams, who did an incredible job to make it to the Grand Final, but unfortunately were beaten on the day.

The Runners Up in the Winter Grade Sport Championship is:

<table>
<thead>
<tr>
<th>SPORT</th>
<th>BOYS/GIRLS</th>
<th>TEACHER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball</td>
<td>Open 2nd Grade Girls</td>
<td>Mr Huxley</td>
</tr>
<tr>
<td>Table Tennis</td>
<td>14B Girls</td>
<td>Mrs Alchin</td>
</tr>
<tr>
<td></td>
<td>14C Boys</td>
<td>Ms Rumiz</td>
</tr>
<tr>
<td></td>
<td>Open D – 1 Boys</td>
<td>Ms Winston/ Ms Lao</td>
</tr>
<tr>
<td>Netball</td>
<td>Open 1st Grade</td>
<td>Ms Lyons</td>
</tr>
</tbody>
</table>

Trampolining
Congratulations to Emily Autard, Ashley Autard and Rebecca Gray-Schwarz who recently competed at the NSWCHS Trampolining Championships. All three girls performed exceptionally well and it fantastic to see three outstanding students from the one school all compete at the State Championships and represent the school. Congratulations girls!

Swimming
Congratulations to Sheridan Smith who has made the NSW Swim team to compete at the Australian All Schools Championships. On top of this amazing achievement, Sheridan has also been selected in a NSW High Performance Talent Squad to help identify up-and-coming future stars of the sport. Congratulations Sheridan!

Athletics
Recently we had a number of students compete at the NSWCHS Athletics Championships held at Homebush Olympic Park. Over a tough and hot three days, our students performed exceptionally well and came away with some amazing results. These students and their results are as follows:

- Julia Glavincevski – 2nd 1500m
- Tamara Milacic – 6th 100m, 9th 200m
- U/14 Girls relay of Tamara, Carina, Laura and Alyssa came 6th (3rd co-ed non sporting high school)
- Andrew Hung 10th 200m

These results are incredible and this is the first time in many years we have had a school Relay team placed in the State Final so we are looking forward to what next year brings. Congratulations!

Blakehurst Basketball Competition
The 8 teams competing in the Blakehurst Basketball competition have showed speed, skill and hustle. Great plays and fast breaks have made the games exciting to watch and ‘ref’. The competition rounds are almost over, with the finals about to start. At this point, the race for champion will be close. Good luck to all teams!

15s Basketball Knockout
Both the boys and girls 15s Basketball teams won their first round matches, and were knocked out by 2 points at round two. The girls team consisted of: Tamara Alazar, Natalie Wong, Sarahphereina Woulf, Jessica Weitzel, Sandy Ng and Krystal Jukic.
**Another Winning Team**

Congratulations to 13s Basketball for becoming the zone Premiers for Winter 2013. It was a well-deserved result for a team that had worked hard throughout the season. Well done, Girls. Keep smiling!

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**Upcoming Events**

Senior Grade Sport Summer Finals – Oct 30th & Nov 6th

Junior Grade Sport Summer Finals – Nov 20th & Nov 27th

**Sport web sites**

The following sport web sites are useful for School Sport notices, Zone Sport information and Sydney East Knock Outs and representation.

Blakehurst High Sport Information –
http://www.blakehurst-h.schools.nsw.edu.au/sport

St George Zone Sport Information –

Sydney East Sport Information -

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**Regards,**

N Smith
Sport Organiser
HSC & TPC

Course Information Evening

Monday 11 November, 6pm
Cameraygal Building, J Block, Ground Floor
St Leonards Campus, TAFE NSW
(formerly North Sydney TAFE)

We will once again be offering students the opportunity of studying units in the Certificate IV in Tertiary Preparation (TPC) and Higher School Certificate (HSC) in 2014.

We encourage potential students and their parents/guardians to attend the information session where both HSC and TPC options will be discussed.

Timetables and course information will be available at this session.

Teaching staff will be available on the night to answer any questions you may have about both these Year 12 equivalent courses.

For more information, please contact the Coordinators on 9942 0732

Unlock your potential. It starts here.
What should I do if I can’t make my appointment?
If you are unable to make your appointment please ring your local Public Dental Call Centre to cancel it and make a new appointment.

What else should I know?
You should let the Public Dental Call Centre know if you change your address or phone number.

The Public Dental Service has the right to cancel your treatment if you fail to attend appointments during your treatment. If this occurs, please ring the Public Dental Call Centre so you can be reassessed.

To provide continuous care for your dental needs, the Public Dental Service uses a secure electronic database that is shared across dental clinics within each Local Health District.

Tips to Care for Your Teeth

Eat Well
- Enjoy a wide variety of healthy foods
- Avoid snacking on sugary and sticky foods between meals

Drink Well
- Tap water is the best drink between meals and before bed
- Avoid acidic or sugary drinks between meals

Clean Well
- Brush teeth twice a day with fluoride toothpaste, especially before bed

Play Well
- Protect your teeth with a mouthguard or full-face helmet when playing sports

Stay Well
- Have regular dental check-ups
- Avoid smoking
- Limit alcohol
- Exercise regularly

What is a dental emergency?
- Bleeding in the mouth that will not stop.
- Swelling of the face from a tooth infection.
- Recent injury to your teeth.

What should I do?
- After hours you should go to your local hospital’s emergency department.
- During working hours you should call your local Public Dental Call Centre.
Who can get free dental care?

Free dental care is available at NSW Public Dental Clinics for:

- All children under 18 years of age.
- Adults who hold one of the following Centrelink concession cards:
  - Anyone listed on your card is also eligible for free Public Dental Care.
- All patients must be eligible for Medicare and should have a valid Medicare card.

Don’t forget the Medicare Teen Dental Plan

If your child is between 12 and 17 years of age they may be eligible for a voucher towards the cost of a preventive dental check at a private or public dentist. For further information please contact your local Public Dental Call Centre, or phone Medicare on 132 011.

How do I access care?

Ring your local Public Dental Service Call Centre during the day.

<table>
<thead>
<tr>
<th>Local Health District</th>
<th>Public Dental Service Call Centre Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Murrumbidgee</td>
<td>1800 450 046</td>
</tr>
<tr>
<td>Southern</td>
<td>1800 450 046</td>
</tr>
<tr>
<td>Far West</td>
<td>1300 552 626</td>
</tr>
<tr>
<td>Western NSW</td>
<td>1300 552 626</td>
</tr>
<tr>
<td>Hunter New England</td>
<td>1300 651 625</td>
</tr>
<tr>
<td>Northern NSW</td>
<td>1300 651 625</td>
</tr>
<tr>
<td>Mid North Coast</td>
<td>1300 651 625</td>
</tr>
<tr>
<td>Northern Sydney</td>
<td>1300 789 404</td>
</tr>
<tr>
<td>Central Coast</td>
<td>1300 789 404</td>
</tr>
<tr>
<td>South Eastern Sydney</td>
<td>1300 134 226</td>
</tr>
<tr>
<td>Illawara Shoalhaven</td>
<td>1300 369 651</td>
</tr>
<tr>
<td>Sydney</td>
<td>02 9293 3333</td>
</tr>
<tr>
<td>South Western Sydney</td>
<td>02 9293 3333</td>
</tr>
<tr>
<td>Western Sydney</td>
<td>02 9845 6766 or</td>
</tr>
<tr>
<td>Nepean Blue Mountains</td>
<td>1300 739 949 (Landline only)</td>
</tr>
</tbody>
</table>

What happens when I ring?

The Call Centre staff will ask for your concession and Medicare card numbers.

The Call Centre staff will ask you questions about you and your teeth so they can either give you an appointment or place you on a wait list, depending on your dental need.

The appointment offered may not be at your closest clinic but it may give you the earliest appointment.

You can choose to go to your closest clinic but you may need to wait for an appointment.

What should I do if I need an Interpreter or Aboriginal Liaison Officer?

Ask the Call Centre staff to arrange an interpreter or Aboriginal Liaison Officer or Health Worker at your appointment.

You can also use the National Interpreter Service on 131 450.

What do I need to bring, and what happens at my first dental appointment?

You need to bring your current concession and Medicare cards to all appointments.

Your first visit will usually only involve a check of your dental needs. You may receive some dental care, but you should not expect your teeth to be fully fixed at your first visit.

What happens next?

If you require further dental care, either you will be either given an appointment, be placed on a waiting list, or given a voucher, depending on your dental needs.
## Oral Health Resources Order Form

<table>
<thead>
<tr>
<th></th>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PREGNANT WOMEN</strong></td>
<td>Keep Smiling while you are Pregnant 2\textsuperscript{nd} edition (DL brochure)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="http://www.health.nsw.gov.au/cohs/resources.asp">brush my Teeth 2\textsuperscript{nd} edition</a> (poster)</td>
<td></td>
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<td><a href="http://www.health.nsw.gov.au/cohs/resources.asp">Drink Well with a Training Cup - Poster</a> (A4)</td>
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<td><a href="http://www.health.nsw.gov.au/cohs/resources.asp">Healthy Mouths for Kids under 5 2\textsuperscript{nd} edition</a> (DL brochure)</td>
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<td></td>
<td><a href="http://www.health.nsw.gov.au/cohs/resources.asp">Healthy Mouths for Kids under 5 – flip chart 2\textsuperscript{nd} edition</a> (A4) CLINIC USE ONLY</td>
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<td><a href="http://www.health.nsw.gov.au/cohs/resources.asp">Teach Your Baby to Drink from a Cup 2\textsuperscript{nd} edition</a> (DL size brochure)</td>
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<td><strong>CHILDREN</strong></td>
<td><a href="http://www.health.nsw.gov.au/cohs/resources.asp">Tooth Smart – Oral Health Advice for Parents of Young Children 2\textsuperscript{nd} edition</a> (DL size brochure) CLINIC USE ONLY</td>
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<td><strong>Tooth Smart Program</strong></td>
<td><a href="http://www.health.nsw.gov.au/cohs/resources.asp">Lift the Lip brochure/magnet</a> (DL size)</td>
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<td><a href="http://www.health.nsw.gov.au/cohs/resources.asp">Dental Information Session</a> resources for oral health professionals (USB, participants notes etc)</td>
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<td><strong>NSW Little Smiles Program</strong></td>
<td><a href="http://www.health.nsw.gov.au/cohs/resources.asp">Clean Well</a> (A4 &amp; A3 sizes posters)</td>
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August 2013
## Oral Health Resources Order Form

<table>
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<tbody>
<tr>
<td><strong>ADULTS / OLDER PEOPLE</strong></td>
<td>Caring for Your Dentures (DL size brochure)</td>
<td>Soft Options (DL size brochure)</td>
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<td><strong>MESSAGES FOR A HEALTHY MOUTH</strong></td>
<td>NSW Messages for a Healthy Mouth Guidelines (A4 size booklet)</td>
<td>Your Oral Health (DL size brochure)</td>
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<tr>
<td><strong>ABORIGINAL</strong></td>
<td>Healthy Smiles During Pregnancy <strong>NEW</strong></td>
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<td>Healthy Smiles for Adults <strong>NEW</strong></td>
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<td>Healthy Smiles for Under 5 <strong>NEW</strong></td>
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<td></td>
<td>Keep our Kids Smile Strong (DVD)</td>
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<td></td>
<td>Keep our Kids Smile Strong (poster)</td>
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<td></td>
<td>NSW Messages for a Healthy Mouth - Set of 5 Aboriginal Posters (A3 size)</td>
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<td></td>
<td><em>See my Smile brochure/magnet (DL size)</em> – Aboriginal friendly version of Lift the Lip brochure</td>
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<td>The Healthy Tribe &quot;I can help my body stay well&quot; <strong>NEW</strong></td>
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<td>You smoke... you lose! Your teeth that is (poster)</td>
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<td><strong>SMOKING CESSATION</strong></td>
<td>Smoking cessation oral health resources are available from the Resource Distribution Unit <a href="mailto:tobininfo@doh.health.nsw.gov.au">tobininfo@doh.health.nsw.gov.au</a></td>
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<td><strong>DIABETES</strong></td>
<td>Oral health and diabetes (Colgate brochure)</td>
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### ORDER DETAILS:

<table>
<thead>
<tr>
<th>Organisation/ Local Health District:</th>
<th>Post Code:</th>
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</thead>
<tbody>
<tr>
<td>Mailing Address:</td>
<td></td>
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<tr>
<td>Suburb:</td>
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<td>Attention:</td>
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<td>Telephone:</td>
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</tbody>
</table>

### SEND ORDER FORM REQUEST TO:

<table>
<thead>
<tr>
<th>Better Health Centre</th>
<th>Telephone:</th>
<th>Fax:</th>
<th>Email:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>02 9887 5450</td>
<td>02 9887 5452</td>
<td><a href="mailto:bhc@nsccahs.health.nsw.gov.au">bhc@nsccahs.health.nsw.gov.au</a></td>
</tr>
<tr>
<td>Address:</td>
<td>Macquarie Hospital, Area Supply Store 2, Badajoz Road, North Ryde 2113</td>
<td><a href="http://www.health.nsw.gov.au/pubs">www.health.nsw.gov.au/pubs</a></td>
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</tbody>
</table>
Parenting Seminars in St George
A regional initiative supporting families.

All events are free

How to Bully Proof Children
Date: Wednesday, 18 September 2013
Time: 6.45pm to 9.30pm
Where: Kogarah Library, Belgrave Street, Kogarah
Bookings: via kogarahlibrary.eventbrite.com.au or 9587 6622

Navigating Teen Depression
-Presented by the Black Dog Institute
Date: Thursday, 24 October 2013
Time: 6.15pm to 7.30pm
Where: Civic Theatre, Hurstville Entertainment Centre, 16 MacMahon Street, Hurstville
Bookings: amegarrity@hurstville.nsw.gov.au or 9330 6063

Teenagers, Alcohol & Drugs
-Presented by Paul Dillon
Date: Monday, 11 November 2013
Time: 6.00pm to 8.00pm
Where: Monk Auditorium, Georges River College - Oatley Senior Campus, Oatley Avenue and Hurstville Road, Oatley
Bookings: via stgeorgeparents.eventbrite.com.au or 9330 9551
How to Bully Proof Children

Psychologists say one in five children will be bullied at school. Parents play an important role in not only responding and supporting children if bullying does happen, but also in building their child’s self-esteem, confidence and resilience, all of which will help strengthen their child if faced with a bullying situation.

This free, professionally facilitated seminar by Interrelate, in partnership with Kogarah Community Services, will give parents & caregivers practical strategies for dealing with bullying. It will also provide parents with ideas for discussing the issue of bullying with their children, and so open the lines of communication which is essential to ensure the problem of bullying does not continue undetected.

Date: Wednesday 18th September 2013
Time: 7:00pm – 9:30pm
Venue: Kogarah Library, Belgrave St
Cost: Free
Bookings: 9587 6622 or email: info@kogarahcommunity.org.au

Interrelate
SGSCC Hurstville

Holiday Workshops

Classes held by professional, qualified teachers in:

• All key learning areas in English & Maths Writing Workshops
• Creative Writing Workshops
• Cartooning and Anime Drawing Decorating
• Own Video Game Speaking
name a few

Specialist HSC Workshops

Maths
English

more information
Website www.sgsc.edu.au
Facebook page SGSCC School Age
or Phone 9580-7885
St. George & Sutherland Community College | Level 1, 12 Butler Rd, Hurstville